

















PROGRAM

International Workshop on

FORMAL AND INFORMAL SYSTEMS OF SUPPORT FOR OLDER PERSONS

IN MEXICO AND THE UNITED STATES, IN THE CONTEXT OF HEALTH and Welfare Reform



Thursday, september 17, 2015

8:30-9:00 **Registration**

9:00-10:00 **Welcome**

Luis Miguel Gutiérrez Robledo, National Institute of Geriatrics, Mexico Jacqueline Angel, University of Texas, Austin

Honoured guests

Eduardo González Pier, Undersecretary for Integration and Development of the Health Sector, Health Secretariat, Mexico

María Cristina Díaz Salazar, Senator, Health Commission of the Senate, Mexico

Pablo Valdez, Enviroment, Science, Technology and Health, U.S. Embassy in Mexico

Placido Enrique León García, Director of Health Care of the Public Health Services, Mexico City Government

Alejandro Marín Guerra, Deputy Director of Certification and Supervision, National Institute of Older Persons, Mexico

Ernesto Krug Llamas, Chief, Coordination of Integrated Health Care 1st Level, Unit Primary Health Care, Direction of Medical Servifces, Mexican Institute of Social Security

Rafael Navarro Meneses, Medical Director, Institute of Social Security and Services for the State Workers

Laura Vargas Carrillo, General Director, National System for the Integral Development of the Family

10:00-10:30 **Keynote speaker**

Rafael Lozano,

National Institute of Public Health, Mexico.

Global Burden of Disease of the Older Adults 1990-2013: The case of Mexico and the United States

10:30-10:45 **Break**

10:45-11:45 Social support systems and old age in Mexico and the U.S.

Mariana López Ortega

National Institute of Geriatrics, presides and comments

Carmen García Peña

National Institute of Geriatrics.

Dependency scenarios in Mexico.

William Vega

Roybal Institute on Aging, University of Southern California.

The 2015 White House Conference on Aging

Cecilia Rodríguez Dorantes

National Institute for Social Development.

Participation of civil organizations in the care of older people in Mexico

11:45-13:00 Health care and social security for older adults. Formal support systems in Mexico and the U.S.

Raúl Rafael Anaya Núñez,

National System for the Integral Development of the Family, *presides and comments* Luis Miguel Gutiérrez Robledo.

National Institute of Geriatrics.

Models for elderly health care in Mexico

Fernando Torres Gil,

University of California Los Angeles.

Politics of old-age welfare state in the U.S.

Ricardo Pérez Cuevas,

Interamerican Development Bank.

Improving health services for older adults in Latin America

Lilliams Rodriguez Rivera,

Iberoamerican Centre for the Third Age, Cuba.

Social support systems for the older adults in Cuba

13:00-14:15 Lunch

14:15-16:00 **Poster session**

16:00-17:30 Economics of support systems. Micro-macro (societal) perspectives of linkages among the household, housing and services

María Marcela Eternod Arámburu

National Institute for Women, presides and comments

Rebeca Wong, Sealy Center on Aging, University of Texas Medical Branch and

César González González, National Institute of Geriatrics and University of Texas Medical

Intergenerational exchanges in the Mexican Health Aging Study.

José Alberto Valencia Armas, National Institute of Geography and Statistics and Mariana López Ortega, National Institute of Geriatrics.

Policies and costs of health care for older adults in Mexico

Merril Silverstein

Syracuse University,

Intergenerational exchanges and the sandwich generation

Isalia Nava

Institute of Economic Research, UNAM.

Economics and health in old age in Mexico. The need for social support systems

Ana Luisa Sosa

National Institute of Neurology an Neosurgery.

The economic and social effects of care dependence in later life. INDEP Studio Mexico, Peru and China

Friday, september 18, 2015

9:30-11:00 Mobilizing Family and Formal Support in the Context of Community Resources

Mariana López Ortega,

National Institute of Geriatrics, presides and comments

José Ramón Amieva Gálvez, Social Development Secretary, Mexico City.

Home visits and caregiver support programs in Mexico City

Martín Gómez Silva,

Interamerican Center for Social Security Studies.

Latin American experiences in formal and informal support networks

Ron Angel,

University of Texas, Austin.

The role of faith-based institutions in eldercare

Jacqueline Angel,

University of Texas, Austin.

Anchors of community-based long-term care support

11:00-11:15 Break

11:15-13:00 Mental health services for the elderly. Policies, access, and quality

Kyriakos Markides,

University of Texas Medical Branch at Galveston, presides and comments Maria Aranda.

University of Southern California.

Community-based depression care for older Latinos with comorbid medical conditions Silvia Mejía Arango,

The College of the Northern Border.

Prevalence and Incidence Rates of Dementia and Cognitive Impairment in Mexico and the U.S.

Felipe Vázquez Estupiñán,

Psychiatric care services, Health Secretariat, Mexico.

Non-pharmacological interventions for depression in the elderly in the primary care setting

13:00-14:00 Lunch

14:15:15:45 Workshop: Implication for policy and practice.

Aim: To delineate the key concepts, problems, perspectives around the main topics of the seminar.

Ron Angel, University of Texas, Austin, presides and coordinates Luis Miguel Gutiérrez Robledo, National Institute of Geriatrics, Mexico

Group 1

Carmen García-Peña, National Institute of Geriatrics, Mexico, *group leader* What is the optimal mix of formal and informal elder care? What are the five most pressing problems and potential solutions related to articulation of informal and formal care-giving systems?

Rapporteur: Kely Rely

Group 2

Mariana López Ortega, National Institute of Geriatrics, Mexico, *group leader* What are the best practice models for community-based long-term care currently available in both countries? What are the barriers and facilitators of best practice models for community-based long-term care?

Rapporteur: Yanira Aguilar

Group 3

Marcela Agudelo Botero, National Institute of Geriatrics, Mexico, *group leader* How do specific national contexts and differences in economics, social, and political systems influence the possibilities in long-term care for the elderly? Rapporteur: Eliseo Ramírez García

Group 4

Steven Wallace, University of California, Los Angeles, group leader How do Mexico and the U.S. compare in terms of their reliance on state sponsored systems and the family and local community in the care of the elderly? Rapporteur: Phillip Cantu

Group 5

Robert Wallace, University of Iowa, *group leader*What sources of informal care are available in both countries? As both nations age, are traditional nongovernmental organizations (NGOs) and faith-based organizations (FBOs) redefining their missions to include assisting vulnerable elderly individuals?
Rapporteur: Adrián Martínez Cruz

15:45-16:15 **Closing Remarks**

16:30-17:30 Publications comittee meeting

16:30-20:00 Longitudinal Analysis Workshop.

Delfino Vargas Chanes

Development Studies Program, UNAM

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Traducción simultánea Español-Inglés

Simultaneous translation English - Spanish