Thursday, October 11

7:00-7:30 AM  **Registration & Continental Breakfast**

7:30-7:45 AM  **Welcome & Introduction**

7:45-8:45 AM  **Pharmacotherapy for PTSD: Beyond the SSRIs**
Cynthia Mascarenas, Pharm.D., M.S., BCPP
Clinical Pharmacy Specialist, Psychiatry
South Texas Veterans Health Care System
Clinical Assistant Professor
Pharmacy Education and Research Center
The University of Texas College of Pharmacy

- Describe the limitations for FDA-approved medications in the treatment of post-traumatic stress disorder (PTSD).
- Detail the evidence for alternative pharmacotherapeutic options in post-traumatic stress disorder.
- Develop a pharmacotherapeutic regimen for a patient with PTSD unresponsive to SSRI therapy.

8:45-10:00 AM  **What Practitioners Should Know About Antidepressant Suicidality and the FDA Black Box Warning**
Craig Bryan, Psy.D., ABPP
Associate Director, National Center for Veterans Studies
Assistant Professor, The University of Utah

- Examine risks of suicidality related to antidepressant therapy.
- Describe the consequences of FDA boxed warning for antidepressants.
- Discuss the elements of an effective suicide assessment, and the assessment tools/resources to utilize in practice.

10:00-10:15 AM  **Break**

10:15-11:30 AM  **Chronic Pain Management...What Really Works**
William Nemeth, M.D.
Medical and Executive Director
Texas Physicians Health Program
Medical Director, Restore Fx

- Examine the psychological basis of chronic pain and its treatment.
- Examine effects of untreated or undertreated chronic pain on a person’s psychological health.
- Cite non-opioid and opioid therapeutic options for pain relief.
- Review dose equivalency guidelines for converting patients from one opioid to another in the clinical setting.
- Identify measures and resources for clinicians to effectively screen, intervene and refer patients misusing or abusing prescription medications.

11:30-12:30 PM  **The Prescription Drug Epidemic in the United States: A Perfect Storm**
Jane C. Maxwell, Ph.D.
Senior Research Scientist
Addiction Research Institute
Center for Social Work Research
The University of Texas at Austin

- Critically discuss current trends of prescription drug abuse and their consequences in the United States.
- Review effects of various drugs of abuse.

12:30-1:30 PM  **Lunch**

**Immediately following lunch, Social Work participants will be directed to their 4 hour Ethics session (included with registration). Click here for details.**

1:30-2:30 PM  **The Clinical Application of Pharmacogenomics to Individualize Psychiatric Medication Therapy**
Shannon N. Saldaña, Pharm.D., MS, BCPP
Pharmacy Clinical Specialist, Psychiatry
Intermountain Primary Children’s Medical Center

- Describe the evidence for the translation of pharmacogenomics information into clinical practice.
- Examine the approaches to testing, the interpretation of results, and the evidence for translating pharmacogenomics information from bench to bedside.
- Identify barriers for incorporating pharmacogenomics in clinical practice.

2:30-3:30 PM  **New Targets for the Treatment of Depression**
Stephen R. Sacklad, Pharm.D., BCPP
Conference Scientific Chair
Clinical Associate Professor
The University of Texas at Austin College of Pharmacy
Director, Psychiatric Pharmacy Program
UT Health Science Center San Antonio
Clinical Pharmacist, San Antonio State Hospital

- Review hypothalamic-pituitary-adrenal (HPA) axis regulation.
- Review the gonadotropin receptor system.
- Review the hormonal regulatory system.
- Examine evidence supporting the treatment of depression using new mechanisms.

3:30-3:45 PM  **Break**

3:45-4:45 PM  **Managing Psychiatric Disorders in the Elderly: Clinical Considerations**
Morgan Snyder, Pharm.D.
Pharmacy Clinical Specialist, Psychiatry
PGY2 Psychiatric Pharmacy Resident

- Identify methods to improve medication appropriateness in the elderly.
- Apply appropriate dosing criteria when developing treatment plans for psychiatric disorders in the elderly population.

4:45-5:45 PM  **Evidence-Based Treatment of Attention Deficit Hyperactivity Disorder**
Steven Plszka, M.D.
Professor and Chief of Child and Adolescent Psychiatry
UT Health Science Center San Antonio

- Describe diagnosis and differential diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) in children and adolescents.
- Compare formulations and dosings of stimulant and non-stimulant medications used in the treatment of ADHD.
- Discuss monitoring parameters for medications used to treat ADHD.
- Apply recent evidence regarding serious adverse effects and controversies associated with medication treatments for ADHD.
- Discuss psychosocial treatments used in ADHD.

5:45 PM  **Reception**

*Please join us in the conference prefunction area for an informal welcome reception (cash bar).*

*These sessions are included in the Social Work registration fee and offer social work CEUs.*
2:00-3:15 PM  **Complimentary & Alternative Medicines (CAMs) in Psychiatry**
Martha P. Fankhauser, M.S. Pharm., FASHP, BCPP
Clinical Professor, Department of Pharmacy Practice
University of Arizona College of Pharmacy
Private Practice in Neuropsychiatry, Tucson, Arizona
- Discuss why CAMs or integrative medicine plays a role in the treatment of psychiatric conditions.
- Assess the benefits and efficacy of CAMs in the treatment of psychiatric and medical conditions (e.g., nutrition, herbs, vitamins, SAMe, essential fatty acids, exercise/movement, phototherapy, acupuncture.
- Recommend treatment strategies and monitoring parameters for individuals who are utilizing or taking CAMs.

3:15-3:30 PM  **Application & Evaluation**
- Practice mental health management skills via assessment question exercise.