<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
<th>Institution/Setting</th>
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<tbody>
<tr>
<td>7:00-7:30 AM</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>7:30-7:45 AM</td>
<td>Welcome &amp; Introduction</td>
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<td>7:45-8:45 AM</td>
<td>Pharmacotherapy for PTSD: Beyond the SSRIs</td>
<td>Cynthia Mascarenas, Pharm.D., M.S., BCPP</td>
<td>South Texas Veterans Health Care System</td>
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<td>Clinical Pharmacy Specialist, Psychiatry</td>
<td>Clinical Assistant Professor, The University of Texas College of Pharmacy</td>
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<td>Pharmacy Education and Research Center</td>
<td>University of Texas College of Pharmacy</td>
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<td>8:45-10:00 AM</td>
<td><em>What Practitioners Should Know About Antidepressant Suicidality and the FDA Black Box Warning</em></td>
<td>Craig Bryan, Psy.D., ABPP</td>
<td>National Center for Veterans Studies</td>
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<td>Assistant Director, Veterans Health Program</td>
<td>University of Utah</td>
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<tr>
<td>10:00-10:15 AM</td>
<td>Break</td>
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<td>10:15-11:30 AM</td>
<td><em>Chronic Pain Management...What Really Works</em></td>
<td>William Nemeth, M.D.</td>
<td>Medical and Executive Director, Texas Physicians Health Program</td>
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<td>Medical Director, Restore Fx</td>
<td>UT Southwestern</td>
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<td>11:30-12:30 PM</td>
<td><em>The Prescription Drug Epidemic in the United States: A Perfect Storm</em></td>
<td>Liza Leung, M.D.</td>
<td>Assistant Clinical Professor of Emergency Medicine</td>
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<td>Senior Toxicology Fellow</td>
<td>UT Southwestern</td>
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<td>12:30-1:30 PM</td>
<td>Lunch</td>
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<td><em>Immediately following lunch, Social Work participants will be directed to their 4 hour Ethics session (included with registration). Click here for details.</em></td>
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1:30-2:30 PM  The Clinical Application of Pharmacogenomics to Individualize Psychiatric Medication Therapy  
Shannon N. Saldaña, Pharm.D., MS, BCPP  
Pharmacy Clinical Specialist, Psychiatry  
Intermountain Primary Children’s Medical Center  
- Describe the evidence for the translation of pharmacogenomics information into clinical practice.  
- Examine the approaches to testing, the interpretation of results, and the evidence for translating pharmacogenomics information from bench to bedside.  
- Identify barriers for incorporating pharmacogenomics in clinical practice.

2:30-3:30 PM  New Targets for the Treatment of Depression  
Stephen R. Saklad, Pharm.D., BCPP  
Conference Scientific Chair  
Clinical Associate Professor  
The University of Texas at Austin College of Pharmacy  
Director, Psychiatric Pharmacy Program  
UT Health Science Center San Antonio  
Clinical Pharmacologist, San Antonio State Hospital  
- Review hypothalamic-pituitary-adrenal (HPA) axis regulation.  
- Review the gonadotropin receptor system.  
- Review the hormonal regulatory system.  
- Examine evidence supporting the treatment of depression using new mechanisms.

3:30-3:45 PM  Break  

3:45-4:45 PM  Managing Psychiatric Disorders in the Elderly: Clinical Considerations  
Morgan Snyder, Pharm.D.  
PGY2 Psychiatric Pharmacy Resident  
The University of Texas at Austin College of Pharmacy  
- Identify methods to improve medication appropriateness in the elderly.  
- Apply appropriate dosing criteria when developing treatment plans for psychiatric disorders in the elderly population.

4:45-5:45 PM  Evidence-Based Treatment of Attention Deficit Hyperactivity Disorder  
Steven Pliszka, M.D.  
Professor and Chief of Child and Adolescent Psychiatry  
UT Health Science Center San Antonio  
- Describe diagnosis and differential diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) in children and adolescents.  
- Compare formulations and dosings of stimulant and non-stimulant medications used in the treatment of ADHD.  
- Discuss monitoring parameters for medications used to treat ADHD.  
- Apply recent evidence regarding serious adverse effects and controversies associated with medication treatments for ADHD.  
- Discuss psychosocial treatments used in ADHD.

5:45 PM  Reception  
Please join us in the conference prefunction area for an informal welcome reception (cash bar).

*These sessions are included in the Social Work registration fee and offer social work CEUs.
Friday, October 12

7:30-8:00 AM  Continental Breakfast

8:00-8:10 AM  Morning Announcements

8:10-9:10 AM  The Ethical and Treatment Implications of the Placebo Response
  John D. Roache, Ph.D.
  Professor and Deputy Chair for Research
  Chief of the Division of Alcohol and Drug Addiction
  Department of Psychiatry
  UT Health Science Center San Antonio
  • Recognize placebo effects as real biobehavioral phenomena that can/should be maximized for therapeutic benefit.
  • Describe the scientific basis for placebo effects.
  • Discuss the ethical issues surrounding the prescribing of placebo medications and the prescribing of an active medication in placebo responders.

9:10-10:25 AM  Child and Adolescent Bipolar Disorder
  Robert A. Kowatch, M.D., Ph.D.
  Nationwide Children’s Hospital
  • Discuss complexities in diagnosing bipolar disorder in children and adolescents.
  • Describe the clinical course of bipolar disorder in youth.
  • Cite and compare evidence-based treatment options for bipolar disorder in youth.
  • Outline monitoring parameters for medication treatments used in child and adolescent bipolar disorder.
  • Briefly discuss available information for treating psychiatric comorbidities in youth with childhood bipolar disorder (anxiety disorders, ADHD, disruptive behavior disorders, etc).

10:25-10:40 AM  Break

10:40-11:55 AM  Psychotropic New Drug Update
  Stephen R. Saklad, Pharm.D., BCPP
  Conference Scientific Chair
  Clinical Associate Professor
  The University of Texas at Austin College of Pharmacy
  Director, Psychiatric Pharmacy Program
  UT Health Science Center San Antonio
  Clinical Pharmacologist, San Antonio State Hospital
  • Describe the pharmacology, adverse effects, drug interactions, therapeutic uses and dosing of selected psychiatric drugs recently marketed as well as drugs approaching the market.

11:55-12:30 PM  Pick Up Box Lunch (Working Lunch)

12:30-2:00 PM  Examining the Treatment for Refractory, Serious & Persistent Mental Illness: A Case-Based Approach
  Troy A. Moore, Pharm.D., M.S., BCPP
  Clinical Pharmacy Specialist - Psychiatry, STVHSC
  Assistant Professor, UTHSCSA Department of Psychiatry
  Emilie Attwell Becker, M.D.
  Behavior Health Medical Director
  Texas Department State Health Services
  Dawn I. Velligan, Ph.D.
  Director, Division of Schizophrenia & Related Disorders
  Department of Psychiatry
  UT Health Science Center San Antonio
  • Critically discuss the evidence-based management of mental illness in the community setting.

2:00-3:15 PM  Complementary & Alternative Medicines (CAMs) in Psychiatry
  Martha P. Fankhauser, M.S. Pharm., FASHP, BCPP
  Clinical Professor, Department of Pharmacy Practice
  University of Arizona College of Pharmacy
  Private Practice in Neuropsychiatry, Tucson, Arizona
  • Discuss why CAMs or integrative medicine plays a role in the treatment of psychiatric conditions.
  • Assess the benefits and efficacy of CAMs in the treatment of psychiatric and medical conditions (e.g. nutrition, herbs, vitamins, SAMe, essential fatty acids, exercise/movement, phototherapy, acupuncture.
  • Recommend treatment strategies and monitoring parameters for individuals who are utilizing or taking CAMs.

3:15-3:30 PM  Application & Evaluation
  • Practice mental health management skills via assessment question exercise.