Employee Assistance Program

What is the EAP?
The Employee Assistance Program (EAP) is designed to provide professional counseling assistance to employees who are experiencing personal problems that affect their work performance.

What does it offer?
The program offers initial counseling and referral services for all employees of the CPFM who are confronted with:

- Alcoholism or alcohol abuse
- Drug abuse (legal or illegal substances)
- Emotional problems
- Stress or life crisis
- Family problems

What about confidentiality?
Contacts with the EAP are held in strict confidence. EAP records are protected by professional standards of confidentiality. Records do not become part of an individual's personnel file. No one can be advised of utilization of the EAP without prior written consent of the employee.

Who may use the EAP?
All employees of CPFM who are on the University health plan may use the program at any time. Employees are encouraged to seek help whenever they are experiencing personal problems which may be affecting job performance.

In addition, supervisory and management personnel may seek the guidance of a counselor to determine the appropriateness of referring employees who might be experiencing personal problems that affect work performance.

What does it cost?
There is no cost to the employee for the services of EAP. All fees charged by outside referral agencies must be covered by the employee or the employee's health insurance.
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