

# 2018 USA Powerlifting Longhorn Open – Sanction #TX-2018-26

Saturday, November 10, 2018

**(UPDATED FORM)**

- MEET DIRECTOR: Kim Beckwith (512)560-2522 cell; kbeckwith@austin.utexas.edu
- PLACE: Recreational Sports Center, 2001 San Jacinto Blvd., The University of Texas at Austin (map included)
- TIME: FRIDAY, November 9, 2018  
Registration & early equipment check: 6:00-8:00 pm
- SATURDAY, November 10, 2018
- Session I - All women & Men thru 163 – could change depending on entries  
Weigh-In & Equipment check for session 1 lifters: 7:00-8:30 am  
Lifting 9:00 am
- Session II - Men 182-SHW – could change depending on entries  
Weigh-In & Equipment check: 12:00-1:30 pm  
Lifting 2:00 pm
- ENTRY FEE: \$70.00 for first division, \$25.00 for each additional division. (free meet shirt with entry)  
\$40 for Youth & HS Students (Teens 17-19 only: include a note from the school registrar with entry).  
\$70.00 for team entry (This is on top of the individual entry fees! **Fees and notice of team entry must be postmarked by October 20.**)
- REGISTER & PAY: Online: The link to register is <https://utrecsportsprograms.wufoo.com/forms/z4ajh00wr1v94/>  
Please retain your receipt.
- DEADLINE: POSTMARKED on or before October 20, 2018  
**\*\*Meet is limited to 120 lifters, so get your entry in early.\*\***  
If we haven't met the limit, we'll accept late entries: \$105.00 (please e-mail/call).
- AWARDS: 1<sup>st</sup>-5<sup>th</sup> place for all divisions, all weight classes (except Bench Only divisions, see below).  
1<sup>st</sup>-3<sup>rd</sup> team trophies for open, masters, collegiate, teen, combined (up to 6:4 ratio-either men:women or women:men-in any division)  
Bench Only entries: 1<sup>st</sup> – 3<sup>rd</sup> for Open, Junior, Teen, and Masters divisions overall winners (using Wilks Coefficients for weight and age, when necessary.)
- ELIGIBILITY: Open to all currently registered USA Powerlifting members. While USA Powerlifting Cards can be purchased/renewed at the meet site with cash or credit card (Friday evening only), they are cheaper online through national website (Adult: \$55 online, \$60 at meet; High School: \$30 online, \$35 at meet). Please save time and hassle at meet registration by buying/renewing your membership card online: <http://www.usapowerlifting.com/membership-application/>.  
**Alert!! Buy the membership after November 1 so it'll be good through all of 2019.**  
**All lifters must be drug free for the past thirty-six (36) months.**
- Collegiate and High School lifters (17-19yrs) must have the registrar of their school stamp their entry, or send in other proof of enrollment. Teenage, Junior, Collegiate and Masters lifters must bring photo ID & proof of age (driver's license, birth cert. etc.)
- ADMISSIONS: \$5 General, \$3 Students w/ School IDs
- WEIGHT CLASSES: Women 43/94 47/103 52/114 57/125 63/138 72/158 84/185 84+/185+  
Men 53/116 59/130 66/145 74/163 83/182 93/205 105/231 120/264 120+/264+
- DIVISIONS: Raw: Youth, Teen(1-3), Junior, Collegiate, Open, Master(1a/b – 4a/b), Bench Only, Push/Pull  
Supported: Teen(1-3), Junior, Collegiate, Open, Master (1a/b – 4a/b), Bench Only, Push/Pull

**Collegiate Eligibility Form (Multiple students from one school may turn in one certified list of eligibility):**

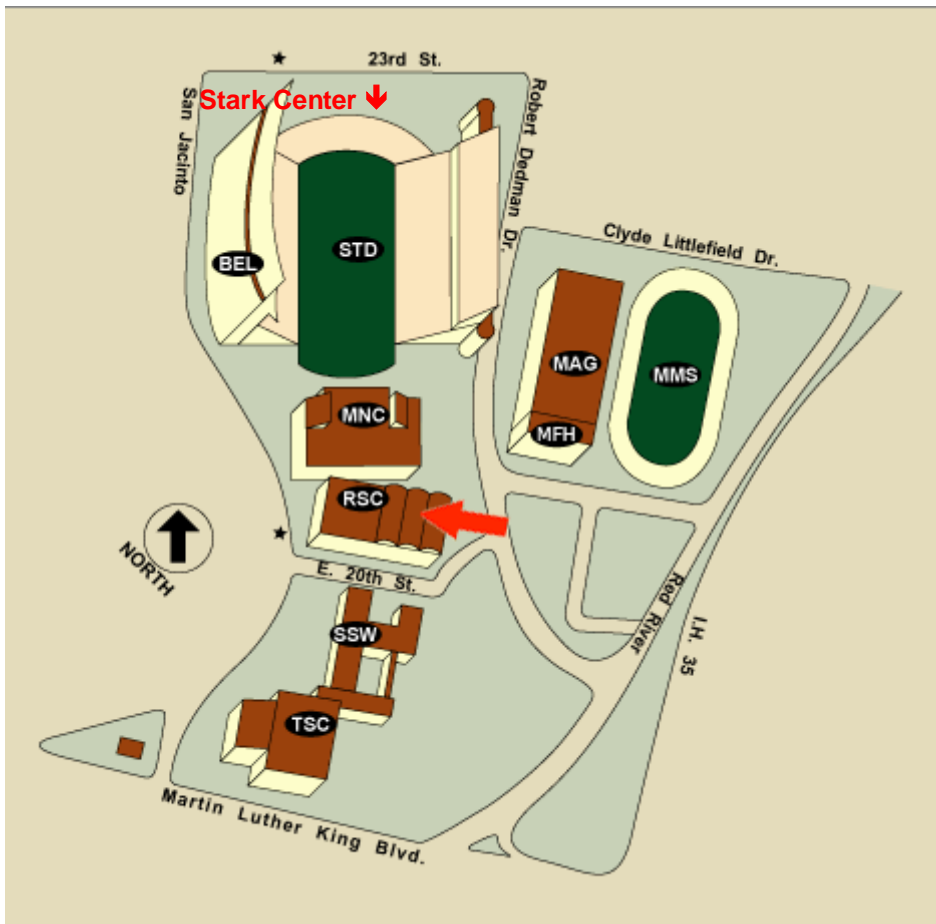
I, \_\_\_\_\_, the registrar of \_\_\_\_\_ college, junior  
(registrar's name)  
college or university, certify that \_\_\_\_\_ is considered a full-time student at this institution during the Fall  
(student's name)  
semester of 2018.

\_\_\_\_\_  
Registrar's signature  
Please affix official school stamp/seal.

**High School Eligibility Form (Multiple students from one school may turn in one certified list of eligibility):**

I, \_\_\_\_\_, the registrar of \_\_\_\_\_ High School,  
(registrar's name)  
certify that \_\_\_\_\_ is considered a full-time student at this institution during the Fall of 2018.  
(student's name)

\_\_\_\_\_  
Registrar's signature  
Please affix official school stamp/seal.



**RSC – Recreational Sport Center;**  
entrance is on the San Jacinto Blvd.  
(star) side.

**Parking Options:**

1) Manor Garage (MAG) behind the RSC - \$15 for 4-8 hours (less for fewer hours) unless they have "special event" staff on duty charging a flat rate, usually ~\$15.

2) Street-side Parking – Do NOT park anywhere that indicates a certain UT permit is required "AT ALL TIMES." You will get ticketed! There aren't many street-side spots available. Read the fine/small print on signs; most require some sort of UT permit at all times (even outside of the listed times on the sign.)