

Alliance *FOR* **Adolescent** **Recovery** *AND* **Treatment** *IN TEXAS*

Provider Collaborative Plan

Submitted to the Substance Abuse and Mental Health Services Administration

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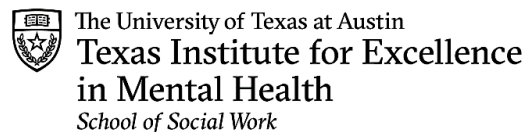
Child and Youth Behavioral Health Subcommittee

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DISCLAIMER

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Introduction

Purpose of the Plan:

The Alliance for Adolescent Treatment and Recovery in Texas (AART-TX) is an initiative aimed at enhancing the system of care for youth in Texas, ages 12-18, with substance use disorders (SUD) or co-occurring SUD and mental health conditions (COD) and their families. The plan addresses reducing barriers youth face in accessing services; enhancing outreach efforts; developing collaborative community partnerships to augment continuity of care; and providing culturally and linguistically competent services. Direct service providers in four select regions of the state of Texas will comprise the provider collaborative. These providers will expand access to evidence-based assessments and treatments as well as enhance the recovery support system for the population of focus. The aim of the provider collaborative is to (a) address common provider-level administrative challenges in providing substance use treatment and recovery support services, (b) develop and implement a common continuous quality improvement/quality assurance plan across the providers in the Collaborative for improving the treatment and recovery support services for the population of focus; (c) identify and address common barriers the population of focus encounters in accessing substance use treatment and recovery support services; (d) leverage and integrate resources across the providers in the network; and (e) promote coordination and collaboration with family and youth support organizations to assist in the development of peer support services and strengthen services. This collaborative will be used to develop models that can be replicated in other Texas communities.

Methodology:

A variety of data sources were used to inform this plan. The Child and Youth Behavioral Health Subcommittee (CYBHS) and the Alliance for Adolescent Recovery and Treatment in Texas Stakeholder Strategic Planning Group (AART-TX SSPG) provided strategic guidance and oversight for the development of the Provider Collaborative Plan. Collaboration with the Health and Human Services Commission (HHSC), the Department of State Health Services (DSHS), Texas Juvenile Justice Department (TJJD), and Texas Education Agency (TEA) provided agency-specific data that aided in planning for the population of focus. Data from a series of provider web-meetings, key informant stakeholder interviews and numerous strategic planning work sessions with the AART-TX-SSPG contributed to the final plan. The plan is organized by goals, objectives, and activities that include timeframes for completion and measures of success.

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Goal 1: Recruit and support membership in the AART-TX provider collaborative.		Measures of Success: <ul style="list-style-type: none"> • Treatment and recovery providers from four regions across the state of Texas participate in regular implementation support activities. • Members of the provider collaborative implement ongoing changes to support high quality services and achieve optimal outcomes. 		
Objective	Data/Evaluation	Activities	Status	Team Member(s) Responsible
1.1: Create implementation teams tasked with creating organizational change to support evidence-based assessments, treatment, and recovery supports.	Meeting rosters	1.1.1: Each collaborative member will identify key members of an implementation team, including decision-makers, direct care staff, and individuals with lived experience.	Target Completion Date: November 2018 IN PROGRESS	Provider Collaborative Organizations
	Meeting rosters	1.1.2: Implementation teams meet regularly to plan for implementation, assign tasks, problem solve barriers, and review progress.	Target Start Date: November 2018 IN PROGRESS	Provider Collaborative Organizations
	Copies of communications	1.1.3: Engage the leadership of provider organizations in communicating their commitment to AART-TX to the workforce and community partners.	Target Completion Date: March 2019	Provider Collaborative Organizations
1.2: Provide opportunities for resource and information sharing among members of the provider collaborative.	Meeting attendance Meeting agendas Meeting minutes	1.2.1: Hold monthly conference calls to support sharing of lessons learned, resources, and peer-to-peer learning.	Target Start Date: December 2018	TIEMH HHSC
	Meeting attendance Meeting agendas Meeting minutes	1.2.2: Quarterly calls for GAINS assessors, Seven Challenges therapists, and peer recovery coaches to allow for peer-to-peer learning and support.	Target Start Date: November 2018	TIEMH

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	Meeting attendance Meeting evaluations	1.2.3: Face-to-face meetings of the provider collaborative every other year.	Target Completion Date: September 2018 COMPLETED September 2020	HHSC TIEMH
1.3: Develop common indicators of quality and implement quality improvement processes.	Draft of evaluation	1.3.1: Develop a common evaluation plan with clear definitions.	Target Completion Date: September 2018 COMPLETED	TIEMH Provider Collaborative Organizations
	Qualitative feedback Refine metrics	1.3.2 Pilot test common metrics in each provider region and refine.	Target Completion Date: March 2019	Provider Collaborative Organizations
	Quarterly data reports	1.3.3 Implement ongoing quality measurement plan and quarterly reporting on collaborative phone meetings.	Target Start Date: April 2019	Provider Collaborative Organizations
	PDSA worksheets	1.3.4: Conduct regular plan, do, study, act cycles using data metrics to improve quality and outcomes of the service system.	Target Start Date: April 2019	Implementation teams TIEMH

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Goal 2: Improve recognition of substance use disorders in the target population and referral to appropriate services.		Measures of Success: <ul style="list-style-type: none"> • Increased number of providers using SBIRT • Increased number of referrals from caregivers and child-serving providers • Reduced length of time from referral to treatment access 		
Objective	Data/Evaluation	Activities	Status	Team Member(s) Responsible
2.1: Participate in activities to raise awareness and share information about substance use disorders, treatment, and recovery.	Number of tools created Use of tools Number reached	2.1.1: Identify or create communication tools (e.g., brochures, videos) to raise awareness of substance use disorders, treatment, and recovery.	Target Start Date: February 2018 IN PROGRESS	Provider Collaborative Organizations TIEMH
	Number of outreach events Attendance at events	2.1.2: Provide presentations or share information on warning signs and resources at local community events (e.g., PTA meetings, health fairs, community events).	Target Start Date: March 2019	Provider Collaborative Organizations
2.2: Provide SUD/COD information to local child-serving agencies in each region of the provider collaborative.	Meeting attendees Meeting minutes Quarterly meeting reports	2.2.1: Host informational meetings with local child-serving agencies to discuss SUD/COD screening, referral process, assessment, treatment, and recovery services.	Target Start Date: October 2018 IN PROGRESS	Provider Collaborative Organizations
2.3: Expand the use of Screening, Brief Intervention, and Referral to Treatment (SBIRT) to identify substance use and	Training attendance Training evaluations	2.3.1: Increase the number of health and mental health providers trained in SBIRT.	Target Date: September 2020	HHSC TIEMH
	Number of providers billing Medicaid for SBIRT / Number of youth with Medicaid receiving SBIRT	2.3.2: Increase the use of available Medicaid funding to support SBIRT activities.	Target Date: September 2021	HHSC TIEMH

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co-occurring disorders.	Policy change	2.3.3: Encourage adoption of standard SUD screening measure to be embedded in Child and Adolescent Needs and Strengths (CANS) in mental health system.	Target Date: September 2020	HHSC
2.4: Identify and implement innovative strategies to support rapid access to assessment and treatment access.	Rapid access review paper Agenda for provider collaborative presentation	2.4.1: Research national best practices for facilitating rapid access to assessment and care.	Target Date: May 2020	TIEMH
	Evaluation of pilot test	2.4.2: Pilot test strategies to streamline access to treatment in selected provider organizations.	Target Date: December 2020	Provider Collaborative Organizations, TIEMH
	Number reached Number of provider organization contacts	2.4.3 Disseminate pilot findings across provider collaborative organizations for implementation.	Target Date: August 2021	HHSC, TIEMH, Provider Collaborative Organizations
2.5: Provide technical assistance or direct service to support screening in select child-serving settings (e.g., schools, ER).	Screening agreement	2.5.1: Create partnerships with child-serving organizations interested in enhancing screening.	Target Date: March 2020	Provider Collaborative Organizations
	Number of adolescents screened	2.5.2: Provide universal or targeted screening to adolescents for substance use or co-occurring disorders.	Target Date: April 2020	Provider Collaborative Organizations

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Goal 3: Reduce barriers to access caused by lack of transportation to treatment and/or recovery support services.		Measures of success: <ul style="list-style-type: none"> • Increased co-location of services • Increased use of Medicaid transportation services • Increased attendance at treatment 		
Objectives	Data/Evaluation	Activities	Status	Team Member(s) Responsible
3.1: Enhance the use of existing funding streams to support transportation.	Summary Reports	3.1.1: Examine opportunities to support transportation to treatment while engaging youth in recovery support activities including the use of Medicaid.	Target Date: May 2019	Provider Collaborative Organizations HHSC
	Qualitative interviews	3.1.2: Coordinate with local school transportation to identify potential strategies to transfer young people from school to treatment settings.	Target Date: August 2019	Provider Collaborative Organizations
3.2: Identify opportunities to co-locate services to reduce transportation barriers.	Baseline of the number of alternative education or school health clinics offering SUD services.	3.2.1: Increase the availability of SUD services within alternative education programs or school health clinics.	Target Date: May 2020	HHSC SIG
	MOUs or agreements Qualitative interviews	3.2.2: Create partnerships between SUD providers and juvenile justice or health care settings to co-locate treatment services.	Target Date: February 2020	Provider Collaborative Organizations HHSC TJJD
	Qualitative interviews	3.2.3: Increase the number of alternative peer groups within natural community settings (e.g., YMCA, schools, churches).	Target Start Date: April 2019	Provider Collaborative Organizations

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Goal 4: Enhance collaboration among treatment and recovery support providers and with other youth-serving systems.		Measures of success: <ul style="list-style-type: none"> • Provider organizations participate in community behavioral health councils. • Provider organizations and community organizations share training opportunities. • Continuity of care across the provider array is more effective. 		
Objective	Data/Evaluation	Activities	Status	Team Member(s) Responsible
4.1: Enhance participation of provider organizations in local behavioral health leadership opportunities (e.g., System of Care governance, School Health Advisory Councils, ROSCs).	Community leadership list Minutes of meetings	4.1.1: Identify /prioritize community behavioral health coordination councils/groups in each region.	Target Start Date: June 2019	TIEMH HHSC Provider Collaborative Organizations
	Meeting participation	4.1.2: Attend local leadership councils/groups to collaborate on shared resources and coordination of care (transportation, facilities, etc.).	Target Start Date: June 2019	Provider Collaborative Organizations
4.2: Increase shared training opportunities across community providers in each region.	Invitation list Training attendance	4.2.1: Extend invitation to non-contracted providers in each region to attend the GAIN assessment training and the Seven Challenges treatment training.	Target Start Date: October 2020	HHSC TIEMH
	Invitation list Training attendance	4.2.2: Host community training events on topics of interest to treatment and recovery providers including evidence-based assessments	Target Start Date: June 2019	Provider Collaborative Organizations HHSC TIEMH

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Objectives	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
4.3: Examine opportunities to form or strengthen an adolescent recovery- oriented system of care, inclusive of representatives from juvenile justice, child welfare, mental health, and education systems.	Invitation list Attendee roster	4.3.1: Develop local coordinating bodies to explore opportunities for cross-organizational collaboration to promote a youth-driven adolescent recovery-oriented system of care.	Target Start Date: February 2018 IN PROGRESS	HHSC TIEMH Provider Collaborative Organizations
	Policies developed List of events Site Visit/Focus Group Summary Report	4.3.2: Strengthen authentic and meaningful family and youth involvement at the practice, program, and policy levels of the system of care.	Target Date: Ongoing IN PROGRESS	HHSC TIEMH Provider Collaborative Organizations
	Qualitative interview reports Site Visit/Focus Group Summary Report	4.3.3: Determine the most important and necessary core service components and supports that will enable young people to thrive in the community.	Target Date: Ongoing IN PROGRESS	HHSC TIEMH Provider Collaborative Organizations
	Meeting invitations Roster of attendees	4.3.4: Develop strategies for engaging important partners, such as businesses, to promote workforce opportunities and employment supports as a critical dimension of recovery for young people.	Target Date: May 2019	Provider Collaborative Organizations
4.4: Strengthen continuity of care across the continuum of SUD and mental health	Needs assessment report	4.4.1: Conduct a needs assessment to identify gaps in continuity of care or barriers to referrals in the collaborative regions.	Target Start Date: October 2019	TIEMH

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providers in the provider collaborative regions.	Meeting minutes Draft process map	4.4.2: Host a series of meetings to conduct process mapping to identify and document agreed upon processes and expectations between providers.	Target Start Date: January 2020	Provider Collaborative Organizations TIEMH
	Financial plan updates	4.4.3: Identify state and federal funding strategies to address gaps in the continuum of care.	Target Completion Date: September 2018 September 2019 September 2020 September 2021	HHSC CYBHS
	Policy changes MOUs	4.4.4: Formalize continuity of care procedures between organizations (e.g., MOU, manual, shared training).	Target Completion Date: January 2021	Provider Collaborative Organizations

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Goal 5: Increase the engagement of youth, caregivers, family members, and other supportive individuals in treatment and recovery support.		Measures of success:		
		<ul style="list-style-type: none"> • Increased retention in treatment • Increased retention in recovery supports • Increased family and youth involvement in decision-making 		
Objectives	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
5.1: Enhance the use of best practices for engaging youth and families in care.	Collaborative best/promising practices list	5.1.1: Identify best practices from within the provider collaborative of youth and family engagement strategies.	Target Start Date: March 2019	HHSC TIEMH Provider Collaborative Facilities
	National best practice list	5.1.2: Identify national best practices for youth and family engagement strategies.	Target Completion Date: July 2019	TIEMH
	Toolkit Toolkit implementation evaluation	5.1.3: Develop a youth and family engagement best-practices toolkit for provider organizations.	Target Completion Date: January 2020	TIEMH
	Training attendance Training evaluation PCP implementation assessment/evaluation	5.1.4: Offer training and implementation support for select engagement practices.	Target Completion Date: September 2020	HHSC TIEMH
5.2: Increase youth voice in treatment and recovery programming.	Technical assistance notes Peer Advisory Council Roster	5.2.1: Provide technical assistance to provider collaborative organizations to develop a Peer Advisory Council.	Target Start Date: May 2020	Provider Collaborative Organizations
	Number of youth participating Training agenda Training evaluation	5.2.2: Provide leadership skills training to young people on peer advisory council to enhance voice.	Target Start Date: May 2020	TIEMH (ACCEPT) Provider Collaborative Organizations

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	Peer Advisory Council meeting notes Focus groups with Peer Advisory Councils	5.2.3: Provide opportunity for youth leadership and decision-making, such as peer mentoring roles, voice in hiring decisions, etc.	Target Start Date: December 2020	Provider Collaborative Organizations
5.3: Increase youth and family voice in treatment and recovery programming.	Technical assistance notes Family Advisory Council Roster	5.3.1: Provide technical assistance to provider collaborative organizations to partner with a family organization or develop a Family Advisory Council.	Target Start Date: December 2020	Provider Collaborative Organizations
	Number of families participating Training agenda Training evaluation	5.3.2: Provide leadership skills training to family members to enhance voice.	Target Start Date: December 2020	TIEMH (TxFVN) Provider Collaborative Organizations
	Family Advisory Council meeting notes Focus group with Family Advisory Councils	5.3.3: Provide opportunity for family leadership and decision-making, such as family-to-family peer mentoring roles, community presentations, voice in hiring decisions, etc.	Target Start Date: August 2020	Provider Collaborative Organizations

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Goal 6: Enhance and expand recovery support services.		Measures of success: <ul style="list-style-type: none"> • Recovery coaches are employed and supported. • Increased referral to recovery supports and subsequent engagement • Access to more types of recovery support services. 		
Objective	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
6.1: Engage and support near-age peers in recovery as recovery coaches.	Best practice report	6.1.1: Identify best practice job descriptions for near-age peer recovery coaches and recruitment and hiring procedures.	Target Start Date: September 2018 IN PROGRESS	TIEMH Provider Collaborative Organizations
	Training attendance Training evaluations	6.1.2: Provide training and/or technical assistance on best practice supervision strategies to support near-age recovery coaches.	Target Start Date: September 2019	TIEMH HHSC
	Meeting attendance Qualitative interviews	6.1.3: Provide opportunities for networking and support among near-age recovery coaches across the state.	Target Start Date: September 2018 IN PROGRESS	HHSC
6.2: Enhance effective strategies for linking to and engaging adolescents in recovery support services.	Contract language	6.2.1: Require in contract that treatment providers refer youth to recovery support services upon discharge.	Target Start Date: October 2018 COMPLETED	HHSC
	PDSA documentation Evaluation of change in rate of engagement	6.2.2: Pilot creative strategies for engagement and examine effectiveness through PDSA cycles (e.g., warm handoff, overlap of care, recovery coach co-located in treatment facility).	Target Start Date: October 2019	Provider Collaborative Organizations TIEMH

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Objective	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
6.3: Increase the variety of recovery supports available to youth in the selected regions.	Asset mapping documentation	6.3.1: Conduct asset mapping to identify available recovery supports in each region.	Target Start Date: May 2019	Provider Collaborative Organizations TIEMH
	Number of respondents Survey results	6.3.2: Survey youth from the community to identify highest priority recovery supports for implementation.	Target Start Date: September 2018 PARTIALLY COMPLETED	TIEMH Provider Collaborative Organizations
	Training attendance Evaluation of training	6.3.3: Provide training and technical assistance to support the development and implementation of additional recovery supports.	Target Start Date: September 2018 IN PROGRESS	HHSC TIEMH
6.4: Increase awareness of available recovery supports through enhanced communication strategies.	Communication plan	6.4.1: Support the development of a communication plan to expand awareness of available community recovery supports.	Target Start Date: July 2019	Provider Collaborative Organizations TIEMH
	Social media platforms	6.4.2: Examine opportunities to utilize social media to increase awareness of and engagement in recovery support activities.	Target Start Date: January 2019	TIEMH
	Data feedback Changes to plan	6.4.3: Monitor data on reach and engagement through communication strategies and adjust plan.	Target Date: IN PROGRESS	TIEMH

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Goal 7: Enhance cultural and linguistic competency		Measures of success: <ul style="list-style-type: none"> • Organizations adhere to Culturally and Linguistically Appropriate Standards • Providers are trained in cultural and linguistic competencies • Disparities in access, use, and outcomes are reduced. 		
Objective	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
7.1: Ensure members of the provider collaborative align with Cultural and Linguistically Appropriate Standards (CLAS).	Revised contracts	7.1.1: The project team will review and recommend SUD contracts to promote culturally and linguistically competent standards.	Target Completion Date: March 2019	TIEMH HHSC
	Webinar attendance Training evaluations	7.1.2: Provide webinars highlighting best practices for organizations in implementing CLAS standards.	Target Start Date: April 2019	TIEMH
7.2: Enhance the cultural sensitivity of the workforce within the provider collaborative.	Training attendance Training evaluations	7.2.1: Provide training for contracted providers on cultural and linguistic competency.	Target Start Date: April 2019	TIEMH
	Number of providers assessed Assessment reports	7.2.2: Conduct assessments or surveys of “youth-friendliness” of provider collaborative organizations.	Target Start Date: October 2019	ACCEPT TIEMH
	Documented changes	7.2.3: Provide technical assistance to provider organizations to support changes to the environment and activities to align with youth culture.	Target Completion Date: September 2020	TIEMH ACCEPT Provider Collaborative Organizations

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Objective	Data/Evaluation	Activities	Time Frame	Team Member(s) Responsible
7.3: Reduce disparities in access, use, and outcomes for marginalized youth.	Annual disparity analysis	7.3.1: Conduct annual reviews of data to identify disparities in program access, use, and outcomes.	Target Completion Date: October 2019 October 2020 October 2021	TIEMH
	Policies reviewed Policies revised	7.3.2: Review and revise agency policies that may reduce participation by marginalized youth	Target Completion Date: August 2020	HHSC TIEMH Provider Collaborative Organizations
	Meeting description Referral patterns	7.3.3: Partner with community leaders from underserved communities to build relationships and increase outreach (e.g., church leaders).	Target Date: October 2018 IN PROGRESS	Provider Collaborative Organizations

Conclusion

The Provider Collaborative Plan will be a component of the AART-TX Strategic Plan to enhance the adolescent treatment and recovery support system. The AART-TX Strategic Plan provides targeted goals, objectives, and strategies that outline a path to achieve the goals of the Texas Statewide Behavioral Health Strategic Plan as they relate to adolescents with SUD and COD needs. The Child and Youth Behavioral Health Subcommittee, supported by HHSC, will oversee the implementation of the AART-TX Strategic Plan, with the support of the partners identified in the plan.

List of Acronyms:

ACCEPT:	Allies Cultivating Change by Empowering Positive Transformation
CYBHS:	Child and Youth Behavioral Health Subcommittee
DSHS:	Department of State Health Services
HHSC:	Health and Human Services Commission
PDSA:	Plan, Do, Study, Act
ROSC:	Recovery Oriented System of Care
TIEMH:	Texas Institute for Excellence in Mental Health
TJJD:	Texas Juvenile Justice Department
TxFVN:	Texas Family Voice Network