

Texas LAUNCH NEWS

Linking Action for Unmet Needs in Children's Health

Texas LAUNCH at SOC Conference
WIC Partnership with ITDSI
Implementing TIC strategies ...and
more!

How to Implement Trauma-informed Care to Build Resilience to Childhood Trauma

Child Trends has published a [new brief](#) by Jessica Dym Barlett and Kathryn Steber that looks at strategies to implement Trauma Informed Care (TIC) practices in early childhood settings. “This brief summarizes current research and promising practices for implementing TIC to support the well-being of children exposed to trauma and help them reach their full potential.” Readers will learn what early childhood trauma is, the different types, and the prevalence for children. Then there will be a summary of risk factors, poor child outcomes, and positive protective factors that promote safety, growth and resilience in children. Finally, readers will be presented with a framework for understanding and implementing TIC in child serving settings. The framework focuses on the four R's: Realize, Recognize, Respond, and Resist Re-traumatization. Overall TIC practices involve a comprehensive, collaborative, approach from adults and caregivers in all aspects of a child's life. The approach needs to include self-care to also support and reduce secondary trauma on providers and caregivers. Click here to read the [full brief](#)!

“The context in which children live, learn, and grow shapes both their immediate and long-term well-being.”



First3Yeares and ArgiLife offer 10 courses on Infant Mental Health that covers a variety of topics from Cultural Sensitivity and Child Maltreatment to an Intro to Separation Anxiety and Healthy Brain Development. These courses are self-paced and accessible 24/7. For more information visit the [website](#).



2019 TXSOC x CRCG CONFERENCE
MISSION POSSIBLE
ALL SYSTEMS GO!

Congratulations to the 2019 Texas System of Care (TxSOC) and Community Resource Coordination Groups (CRCG) Conference. This interagency conference celebrating work happening around youth services, family supports, family voice, state systems, and child-serving systems. Attendees heard from community leaders and gained information about best practices for coordinating systems and services for young people with significant mental health and/or cross-agency needs. Your Texas LAUNCH team was present offering two trainings – one focused on **building an effective early childhood system of care** that highlighted the work in our very own MHMRTC area, and the other provided participants an opportunity to be part of a mock **Parent Café**. This was provided by the MHMRTC Parent Café team. The conference was held July 17-19th at the Hilton Austin Airport Hotel. We look forward to seeing you there in two years!

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Developmental Screening Pilot with WIC

Several WIC clinics in Tarrant County are promoting and providing the Ages and Stages Questionnaire Developmental Screeners as a pilot project through the Infant and Toddler Developmental Screening Initiatives (ITDSI) in Fort Worth.

ITDSI is a merging of the Early Learning Alliance and Pritzker groups in the Fort Worth area whose goals include screening and collecting referral data (via ASQ Enterprise) on 4,000 at risk children by December 2019.

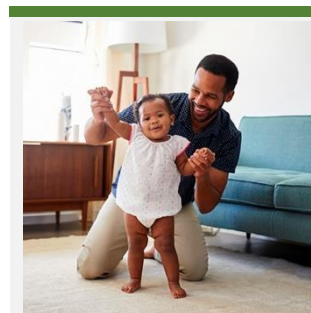
To grow the partnership with WIC, MHMRTC staff provided training to WIC staff, promoted the EarlyIsBest.org website as well as the Enterprise system where screening data can be collected. Some WIC clinics are utilizing Medical Reserve Corps to conduct screeners. MHMR staff will continue to work on this pilot project in the hopes of continuing to build universal screening across systems in their community.

E-Learning Cultural Competency for Behavioral Health Professionals

The U.S. Department of Health and Human Services, Office of Minority Health, has recently released a free online program improving cultural competency for behavioral health professionals by working to improve the knowledge and skills related to culturally and linguistically appropriate services. The program covers connections between cultural and behavioral health, impact of cultural identity with clients, and



assess, and treat clients from diverse backgrounds. The program allows participants to explore how bias, power and privilege can affect the therapeutic relationship as well as how stereotypes and microaggressions affect the relationship. Continuing education credits are offered for a variety of specialties. The estimated completion time is 5 hours. For more information and to begin your training access the program via the [website!](#)



Fathers: Powerful Allies for Maternal and Child Health

Fathers play an essential role in ensuring children reach their full potential. The National Institute for Children's Health Quality (NICHQ) explores the importance of father engagement during the first years of life. [Read More](#)

- Taken from the Help Me Grow National Center Newsletter
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