FEAST OF SHARING
A highlight of the holiday season was the opportunity to participate in the H-E-B Feast of Sharing in Austin, TX. Thousands of meals were provided to the public and the residency team was able to work alongside other H-E-B pharmacists and pharmacy students from the University of Texas at Austin (UT-Austin) to administer influenza vaccines free of charge to almost 500 individuals. The Feast of Sharing was a reminder that there are many individuals in our communities who are less fortunate and that we are in a position to lessen their burdens by giving of our time and resources.

LEADERSHIP RETREAT
Dr. Nathan Pope held a leadership retreat at his home this past January. Tarrytown Pharmacy resident, Alex Bao, and his residency director, Rannon Ching, joined the H-E-B/UT residents and preceptors for an afternoon of teambuilding activities and group discussion on leadership planned by Dr. Kelton Peck. We also had the pleasure of hosting a fireside chat with Texas Pharmacy Association (TPA) CEO Debbie Garza where we discussed current challenges for pharmacy in Texas, ways for pharmacists to be more involved, and general career advice. The retreat not only helped the residents build stronger interpersonal relationships with the residency team, but also

important career advice from Debbie Garza as she walked us through her career path and how she became the CEO of TPA.

HEALTH SCREENINGS FOR GO RED FOR WOMEN SUMMIT
The H-E-B/UT residents and several UT pharmacy students provided blood pressure, blood glucose, and cholesterol screenings at the Go Red for Women Summit. Launched in 2004, Go Red for Women is American Heart Association’s health initiative to raise awareness to end heart disease and stroke in women. We had the opportunity to be a part of this great event providing health screenings and educating women and caretakers on what they can do to prevent heart disease. A huge thank you to Gretta Leckbee for coordinating and precepting this event.
RESIDENT PROJECT UPDATE

The Effectiveness of an Education Program Designed to Improve Community Pharmacists’ Knowledge and Comfort to Counsel Patients Receiving an Opioid for the First Time

Heather Leung and Kelton Peck created a training program for pharmacists to help address the difficulties surrounding talking to patients about opioids and naloxone. They presented the training to the residency team and received feedback on how to improve the training for future use. Some of the information from the training was also incorporated in a new H-E-B SOP titled “NarxCare Best Practices.”

Pharmacist-led Interactive Pictograph Counseling for Patients with English and Spanish Language Communication Preference and Its Effect on Adherence in the Community Pharmacy Practice Setting

Tommy Jiang and colleagues from the University of Texas at Austin developed a handout of common counseling points in pictograph form for H-E-B pharmacists and interns to utilize when counseling patients who are visual learners or have a preference of non-English language. Tommy has worked on obtaining grants to help supplement costs, as well as obtaining IRB approval from UT.

Development and Implementation of a Standard Operating Procedure for the Administration of Long-Acting Injectable Antipsychotics in a Community Pharmacy Setting

Lumeng Li and Darriell Harris have identified a method of manufacturer reimbursement for the administration of long-acting injectable antipsychotics in a community pharmacy setting. They have successfully completed the onboarding process with the manufacturer’s reimbursements system and are now working to obtain approval for their standard operating procedure. A patient handout was also created to help pharmacists counsel patients on their injectable antipsychotics.

PROJECT POSTER PRESENTATIONS

Every residency project had a poster that was accepted at both APhA’s annual meeting and the local Celebrating Pharmacy Research Excellence Day (CPRED) at UT Austin. Unfortunately, COVID-19 impacted our ability to showcase our research in person this year, and the posters were instead shared at virtual poster sessions.

NEW RESIDENT WELCOME

We are excited to announce that the H-E-B/UT PGY1 Community-based residency program will be expanding to six new residents for the incoming 2020-2021 year class. In addition, for the first time ever, there will be two new residency sites in the San Antonio region, along with our six existing sites in Austin. Julie Gould and Wesley Biggs, two previous H-E-B residents, are joining the residency team as new preceptors in the San Antonio region. We are excited to welcome them back to the residency team! The expansion of residents is made possible through a unique partnership with SinfoniaRx, who operates an MTM call center in Austin in partnership with UT-Austin College of Pharmacy.

We have officially matched with all 6 residents during the Phase I Match and are excited for them to start on July 1st.

Austin Residents
- Katherine Bennett: Texas A&M University
- Lauren Le: University of Houston
- Emily Peel: Auburn University
- Lisa Trinh: University of Houston

San Antonio Residents
- Shelbie Ogan: Lipscomb University
- Caroline Pharm: Texas Tech University

Look to the fall newsletter for more information about them!

For more information on the residency program, please contact our Residency Program Director, Dr. Nathan Pope, Pharm.D. at npope@austin.utexas.edu