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**BIOGRAPHICAL SKETCH**

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NAME: Cynthia Osborne

eRA COMMONS USER NAME: osbornec

POSITION TITLE: Associate Professor, Lyndon B. Johnson School of Public

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**EDUCATION/TRAINING**

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INSTITUTION AND LOCATION	DEGREE	Completion Date MM/YYYY	FIELD OF STUDY
Claremont McKenna College, Claremont, CA	BA	05/1991	Economics, Psychology
Claremont Graduate University, Claremont, CA	MA	08/1995	Education
Harvard University, Cambridge, MA	MPP	06/1999	Public Policy
Princeton University, Princeton, NJ	PhD	08/2003	Demography, Public Affairs
Princeton University, Princeton, NJ	Postdoc	2003-2005	Center for Research on Child Wellbeing

**A. Personal Statement**

I am a family demographer with expertise in social policy. I study how family complexity and instability have changed overtime and the implication of these changes on parental and child wellbeing. Additionally, I focus on the role that social policy plays in helping to reduce disparities in family and child outcomes. Specifically, I study policies aimed at reducing disparities in early childhood including, home visiting and other parenting programs, pre-K, child welfare, and fatherhood programs, and on policies that aim to reduce unplanned and teen pregnancy. My research cuts across all four of the PRC's primary research areas. I am currently launching an initiative to study the effects of parents' adverse early childhood experiences on their children, and to determine which interventions enhance resiliency among children. Scholars affiliated with the PRC will work with local community partners in Austin to screen for ACEs and develop and test interventions. We will also determine the mechanisms through which parents' ACEs affect children (e.g. parenting, genetic, environment, etc.). Our hope is that the findings from the Austin learning lab will be shared and replicated in other communities. I plan to seek NIH funding for this project, once we establish a pilot and build community capacity to participate. I am also convening academics and practitioners who are focused on learning more about the successful, voluntary take-up of LARCs for a large conference next year, and plan to apply for NIH funding to support the work. The PRC is a valuable source of support for my scholarship, and I am actively involved in the PRC. I am a member of the PRC Training Committee, and use the PRC's infrastructure to support my writing of grants. In addition, I am involved in other working groups associated with population studies, including the ACF-funded National Research Center on Hispanic Children and the Fatherhood Research and Practice Network.

**B. Positions and Honors****Positions and Employment**

2003-2005 Postdoctoral Fellow, Center for Research on Child Wellbeing, Princeton University  
2005-2010 Assistant Professor, University of Texas at Austin, LBJ School of Public Affairs  
2005-Present Research Affiliate, Population Research Center  
2006-Present Research Affiliate, Center for Women and Gender Studies  
2008-Present Director, Family Impact Seminar of Texas, University of Texas at Austin  
2010-Present Associate Professor, University of Texas at Austin, LBJ School of Public Affairs  
2011-Present Director, Child and Family Research Partnership, LBJ School of Public Affairs  
2015-Present Director, Center for Health and Social Policy, LBJ School of Public Affairs

**Other Experience and Professional Memberships**

2005-2015 Member of Editorial Review Board, Journal of Marriage and Family  
2007, 2008, 2010, 2011, 2012 Member of special review panels, National Institutes of Health  
2007-2011 Deputy Editor, Population Research and Policy Review

2013-Present Chair, Responsible Fatherhood Workgroup, Fatherhood Research and Practice Network  
 2014-Present Member of Editorial Review Board, Social Service Review  
 2014-Present Reviewer, National Children's Study panel  
 2014-Present Director, Society for Research in Child Development's Child Policy Consortium, University of Texas at Austin  
 2014-Present Policy Council Member, Association of Public Policy Analysis and Management  
 2014-2017 Steering Committee Member, SRCD Child and Family Policy Consortium  
 2016-Present Technical Working Group Member, National Research Center on Hispanic Children and Families  
 2016-Present Prevention Advisory Committee, Texas Department of Family and Protective Services  
 2016-Present Board member, Texas Campaign to Prevent Teen and Unplanned Pregnancy

Referee, Demography; Journal of Health and Social Behavior; Journal of Family Issues; Journal of Marriage and Family; Journal of Policy Analysis and Management; Population Studies; Social Forces; Social Sciences Research; Social Sciences Quarterly

Member, American Sociological Association; Association for Public Policy Analysis and Management; National Child Support Enforcement Association; National Council on Family Relations; Population Association of America; Society for Research in Child Development; Society for Social Work and Research

### **Honors**

2007-2008 Texas Exes Teaching Award, University of Texas at Austin  
 2000-2003 NIH Training Grant, Office of Population Research, Princeton University  
 2005-2006 Best New Professor Award, LBJ School of Public Affairs, University of Texas at Austin  
 2006-2007 New Faculty Fellowship, Center for Women and Gender Studies, University of Texas at Austin  
 2007 Public Administration Educator of the Year Award, CenTex Chapter, American Society for Public Administration  
 2014 Academic Accolades Award, University of Texas at Austin  
 2015 Wilbur J. Cohen Professorship in Health and Social Policy, Fellow, University of Texas at Austin

### **C. Contributions to Science**

My contributions to science are in the areas of teen pregnancy, family demography, and early childhood interventions. As a demographer and policy scholar, her research contributes both to the advancement of science as well as to decisions made by policy leaders. The contributions include:

1. Teen parents' delay in revealing their pregnancy to their parents puts them and their child at risk. When a young person discovers that she (or his partner) is pregnant, there is typically a lengthy period between this knowledge and their acceptance of their situation and action. Through in-depth interviews conducted with 27 young parents, I was able to better understand the processes through which teens determine they are pregnant and then reveal this information to their parents or a trusted adult. In a manuscript currently under review at the Journal of Adolescent Health, my co-author and I highlight in the teens' own words why the denial of their pregnancy is important and how this delayed response to pregnancy affects their access to prenatal services or changes in prenatal behaviors. I am also presenting this paper in a workshop at this summer's federal Teen Pregnancy Prevention conference in Baltimore, to work with practitioners to develop curriculum that would help inform teens of what to do if they do become pregnant.

2. Family instability is negatively associated with child outcomes, but has mixed effects on maternal outcomes. Instability in the parents' relationship leads to changes in resources and routines within the household that affects maternal stress and resources, and can lead to negative outcomes for the children. My work in this field has explored several aspects including how family instability affects young child outcomes, school readiness, and maternal resources. I, with my colleagues have also explored how instability differentially affects boys versus girls, and the intersection of instability with relationship quality and multipartner fertility. Publications from this work have appeared in Demography, Journal of Marriage and Family, Social Science Review, and the Sociology of Education.

- Fomby, Paula and Cynthia Osborne. 2016. Family Instability, Multipartner Fertility, and

Children's Externalizing Behavior in Middle Childhood. Journal of Marriage and Family.

- Osborne, Cynthia, Lawrence Berger, and Katherine Magnuson. 2012. Family Structure Transitions and Changes in Maternal Resources and Well-being. Demography, 49, 23 – 47.
- Fomby, Paula and Cynthia Osborne. 2010. The Influence of Union Instability and Union Quality on Children's Aggressive Behavior. Social Science Review, 72, 181 – 204.
- Osborne, Cynthia, and Sara McLanahan. 2007. Partnership Instability and Child Well-being. Journal of Marriage and Family, 69, 1065 – 1083.

3. The effectiveness of Home visiting programs varies considerably based on implementation.

I have been the lead evaluator for the Texas Maternal, Infant, and Early Childhood Home Visiting program. The state is implementing four evidence-based models of home visiting programs, across 20 diverse communities. Our research and evaluation work document how most communities fail to achieve the outcomes found in the random control trials of the program models. Although there is often a strong adherence to the fidelity of the program model, the communities often struggle to replicate the home visiting program models' successes due to different study populations, community resources, and understanding of what program fidelity means. This information is informing the national conversation on the limits of evidence-based policy making.

- Osborne, Cynthia. 2016. Home Visiting Programs: Lessons Learned from Evidence-Based Policy Making. Behavioral Science and Policy, 2, 29-36.
- Osborne, Cynthia, Kaeley Bobbitt, Jill Boelter, and Tracy Ayrhart. Early Lessons Learned from Building Local Early Childhood Comprehensive Systems in Texas. Journal of Applied Research on Children, 5(1)

#### **Complete List of Published Work in MyBibliography:**

<http://www.ncbi.nlm.nih.gov/sites/myncbi/1nuQV6aqabek0/bibliography/50300816/public/?sort=date&direction=descending>

#### **D. Research Support**

##### **Ongoing Research Support**

UTA16-00802 (C. Osborne, PI)

06/01/16-04/30/18

Texas Court Appointed Special Advocates

Child Outcomes and Volunteer Effectiveness Evaluation

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

UTA16-000779 (C. Osborne, PI)

03/01/16-08/31/20

AVANCE

Fathers in Action/Padres Activos Fatherhood Program Evaluation

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

24304270 (C. Osborne, PI)

01/01/16-09/30/17

Texas Department of Family and Protective Services

Prevention and Early Intervention, Military and Veteran Family Violence Prevention Program Evaluation

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

530-15-0160-00001 (C. Osborne, PI)

09/01/15-08/31/17

Texas Department of Family and Protective Services

Child Protective Services, CPS Transformation: Child Protective Services Professional Development Evaluation

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

24253592 (C. Osborne, PI)

09/21/15-09/30/17

Texas Department of Family and Protective Services

Prevention and Early Intervention, EFFECT Fatherhood Program Evaluation

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

529-12-0117-0001 (C. Osborne, PI)

04/01/12-08/31/17

Texas Department of Family and Protective Services

Prevention and Early Intervention, Evaluation of the Texas Home Visiting Project

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

21D101-01 (C. Osborne, PI)

01/01/12-12/31/16

Texas Tech University

Competency-Based Educator Preparation and School Intervention

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

### **Completed Research Support**

UTA14-001169 (C. Osborne, PI)

10/01/14-8/31/16

Raise Texas

College Savings Feasibility Study

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

12-C0082:0001 (C. Osborne, PI)

09/01/12-08/31/13

Texas Office of the Attorney General

Child Support Division, Evaluation of the HEROES (Help Establishing Responsive Orders and Ensuring Support) for Children in Military Families Pilot Program

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

12-C0055 (C. Osborne, PI)

09/01/11-08/31/16

Texas Office of the Attorney General

Child Support Division, Child and Family Research Partnership Umbrella Evaluation Agreement

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.

529-0060417-00001 (C. Osborne, PI)

06/01/06-08/31/13

Texas Health and Human Services Commission

Office of Program Coordination for Children and Youth, Raising Texas: Comprehensive Children's Initiative

Role: Principal Investigator

Responsibilities: Oversee project team members, handle administrative and operations responsibility of project, developing survey instruments, conducting focus groups and interviews, analyzing data, writing reports and papers.