Fall 2018 SEED Workshops

Modules

**Module 1: Career Development**
Transferable Skills
Using Character to Guide Your Professional Path
Getting Connected: Networking & Social Media in Your Career*
Presenting Yourself Professionally in the Digital Age*

**Module 2: Communication Skills**
Can We Talk the Talk?*
Straight Talk: Redefining Feedback
Moving Through Conflict*

**Module 3: Work / Life Balance**
Stress Management*
Becoming Resilient Inside and Outside the Workplace
Time & Procrastination*

**Module 4: Ethics, Compliance & Leadership**
Being a “Responsible Employee: “Creating a Culture of Support*
Ethics Unwrapped*
True Colors: Build Your Leadership Skills

**Module 5: Cultural Competency**
disABILITY Advocate 101*
Did That Just Happen? Tools for Bringing BeVocal into the Workplace*
Becoming an Inclusive Leader
Affirming LGBTQA+ Students and Colleagues: 360 Degree Strategies*

* Especially suitable for graduate student and more experienced student employees