



Fall 2018 SEED Workshops

Modules

Module 1: Career Development

Transferable Skills

Using Character to Guide Your Professional Path

Getting Connected: Networking & Social Media in Your Career*

Presenting Yourself Professionally in the Digital Age*

Module 2: Communication Skills

Can We Talk the Talk?*

Straight Talk: Redefining Feedback

Moving Through Conflict*

Module 3: Work / Life Balance

Stress Management*

Becoming Resilient Inside and Outside the Workplace

Time & Procrastination*

Module 4: Ethics, Compliance & Leadership

Being a "Responsible Employee: "Creating a Culture of Support"

Ethics Unwrapped*

True Colors: Build Your Leadership Skills

Module 5: Cultural Competency

disABILITY Advocate 101*

Did That Just Happen? Tools for Bringing BeVocal into the Workplace*

Becoming an Inclusive Leader

Affirming LGBTQA+ Students and Colleagues: 360 Degree Strategies*

* Especially suitable for graduate student and more experienced student employees