



## Conference Series on Aging in the Americas

**DEFINIENDO LOS RETOS DE LA SALUD COGNITIVA Y MENTAL EN  
PERSONAS MAYORES MEXICANAS EN MÉXICO Y ESTADOS UNIDOS**

**FRAMING CHALLENGES IN COGNITIVE AND MENTAL HEALTH CARE  
IN MEXICAN-ORIGIN OLDER ADULTS IN MEXICO AND THE U.S.A.**



**SALUD**  
SECRETARÍA DE SALUD



INSTITUTO  
NACIONAL  
DE GERIATRÍA



LYNDON B. JOHNSON  
SCHOOL OF PUBLIC AFFAIRS  
THE UNIVERSITY OF TEXAS AT AUSTIN

**RECITES**

Red Colaborativa  
de Investigación Tradicional  
para el Envejecimiento Saludable



Hogg Foundation  
for Mental Health



TEXAS AGING &  
LONGEVITY CENTER  
AT AUSTIN



**AARP**  
Real Possibilities



30 SEP - 01 OCT 2019

Hotel Camino Real Pedregal, CDMX

# HIGHLIGHTS

## STRENGTHENING OUR COLLABORATIONS

Continuing the previous joint conference of the National Geriatrics Institute, INGER and the International Conference on Aging in the Americas, ICAA, the National Geriatrics Institute together with the ICAA technical committee, organized the conference *Defining the challenges of cognitive health and mental in older Mexican people in Mexico and the United States* in Mexico City, on September 30 and October 1 of this year.

The main objective of the conference was to identify in both countries public policies and strategies on mental and cognitive health in older people and their scope, as well as to identify the challenges to achieve optimal care and support.



## Organizadores / CAA Advisory Group and Organizers

Emma Aguila, University of Southern California, Los Angeles\*  
Jacqueline L. Angel, University of Texas, Austin\*  
Flavia Andrade, University of Illinois, Champaign\*  
Maria Aranda, University of Southern California, Los Angeles  
Elena Bastida, Florida International University, Miami  
Eileen Crimmins, University of Southern California, Los Angeles  
Hector González, University of California, San Diego  
Luis Miguel Gutiérrez Robledo, Instituto Nacional de Geriátria\*  
Mary N. Haan, University of California, San Francisco  
Mark Hayward, University of Texas, Austin\*\*  
Terrence D. Hill, University of Arizona, Phoenix\*  
Mariana López Ortega, Instituto Nacional de Geriátria\*  
Kyriakos S. Markides, University of Texas Medical Branch, Galveston\*  
Octavio N. Martinez, UT Austin-Hogg Foundation for Mental Health  
Verónica Montes de Oca, Universidad Nacional Autónoma de México  
Alberto Palloni, University of Wisconsin, Madison\*\*  
Fernando Riosmena, University of Colorado, Boulder  
Sunshine Rote, University of Louisville, Kentucky  
Rogelio Saenz, University of Texas, Austin\*  
Nelly Salgado de Snyder, Instituto Nacional de Salud Pública  
Fernando M. Torres-Gil, University of California, Los Angeles  
William Vega, University of Miami, Florida  
Steven P. Wallace, University of California, Los Angeles  
Rebeca Wong, University of Texas Medical Branch, Galveston

\*INGER-ICAA Steering Committee Organizers/ Comité organizador INGER-ICAA 2019

\*\*CAA Advisory Group Emeritus/ Grupo Asesor Emérito CAA

# PROGRAM



The conference consisted of six plenary sessions. The presentations addressed a wide variety of topics related to the cognitive and mental health of older people, from different concepts, theories and related measurement instruments. to mental and cognitive health currently available and used in both countries, social determinants of these conditions, and specific interventions, among others.

Twenty-six speakers from various areas such as clinical and social research, civil society organizations, and members of public institutions and programs and social security participated in the conference.



## September 30




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*Conceptos, teorías y medición de la cognición y la salud mental en personas mayores*

*Concepts, theories and measurement of aging cognitive and mental health*

Gladys E. Maestre, Ana Luisa Sosa, Luis Miguel Gutiérrez Robledo, Fernando Torres-Gil, Steve Wallace and Silvia Mejía-Arango

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*Determinantes sociales de la cognición y la salud mental de las personas mayores*

*Social determinants of aging and cognitive mental health*

Flavia Andrade, Isaac Acosta, Hector Gonzalez and Terrence Hill

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***Cuidado no-remunerado de la demencia y la salud mental***

***Informal dementia and mental health care***

Ronald Angel, Mariana López Ortega,  
Maria Aranda, Flavia Andrade and  
Rafael Samper

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***Contexto comunitario: Sistema público y Organizaciones de la Sociedad Civil (OSCs)***

***Community Care Context: Public and Non-Governmental Organizations***

Ronald Angel, Verónica Montes de Oca,  
Jacqueline Angel, Patricia Rebolledo,  
Rocío Enriquez and Rogelio Saenz

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**OCTOBER 1<sup>st</sup>**




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***Políticas e intervenciones cognitivas y de salud mental para adultos mayores***  
***Cognitive and mental health policies and interventions for older adults***

Carlos H. Gámez, María Aranda, Luis Miguel Gutiérrez Robledo, Emma Aguila (standing), Fernando Torres Gil and Olva López Arellano (sitting)

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***Del conocimiento a la acción en salud cognitiva y mental en personas mayores***

***From knowledge to action in aging cognitive and mental health care***  
 Ana Luisa Sosa, Toni Antonucci, Octavio Martínez, Mariana Longoria and Meghana Gadghil




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***Special recognition to Dr. Octavio Martínez***

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## POSTER SESSION



Poster Winner Dr. Rafael Samper-Ternent (UTMB), Second Place



Poster Winner Nallely Solano, co-author Isaac Acosta pictured (National Institute of Neurology and Neurosurgery, Mexico), Third Place



Poster Winner Angela Gutierrez (UCLA)



A total of 14 young researchers participated in the session presenting a poster with the results of a recent investigation, in addition to attending the conference. The posters were rated by a committee that selected the best three and presented the winners with an award.





# Reconocimientos / Acknowledgements



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