



Conference Series on Aging in the Americas

**DEFINIENDO LOS RETOS DE LA SALUD COGNITIVA Y MENTAL EN
PERSONAS MAYORES MEXICANAS EN MÉXICO Y ESTADOS UNIDOS**

**FRAMING CHALLENGES IN COGNITIVE AND MENTAL HEALTH CARE
IN MEXICAN-ORIGIN OLDER ADULTS IN MEXICO AND THE U.S.A.**



SALUD
SECRETARÍA DE SALUD

**INSTITUTO
NACIONAL
DE GERIATRÍA**



LYNDON B. JOHNSON
SCHOOL OF PUBLIC AFFAIRS
THE UNIVERSITY OF TEXAS AT AUSTIN

RECITES

Red Colaborativa
de Investigaciones Tradicionales
para el Envejecimiento Saludable



Hogg Foundation
for Mental Health



AARP
Real Possibilities



PRC



30 SEP - 01 OCT 2019

Hotel Camino Real Pedregal, CDMX

HIGHLIGHTS

STRENGTHENING OUR COLLABORATIONS

Continuing the previous joint conference of the National Geriatrics Institute, INGER and the International Conference on Aging in the Americas, ICAA, the National Geriatrics Institute together with the ICAA technical committee, organized the conference *Defining the challenges of cognitive health and mental in older Mexican people in Mexico and the United States* in Mexico City, on September 30 and October 1 of this year.

The main objective of the conference was to identify in both countries public policies and strategies on mental and cognitive health in older people and their scope, as well as to identify the challenges to achieve optimal care and support.



Organizadores / CAA Advisory Group and Organizers

Emma Aguila, University of Southern California, Los Angeles*
 Jacqueline L. Angel, University of Texas, Austin*
 Flavia Andrade, University of Illinois, Champaign*
 Maria Aranda, University of Southern California, Los Angeles
 Elena Bastida, Florida International University, Miami
 Eileen Crimmins, University of Southern California, Los Angeles
 Hector González, University of California, San Diego
 Luis Miguel Gutiérrez Robledo, Instituto Nacional de Geriátría*
 Mary N. Haan, University of California, San Francisco
 Mark Hayward, University of Texas, Austin**
 Terrence D. Hill, University of Arizona, Phoenix*
 Mariana López Ortega, Instituto Nacional de Geriátría*
 Kyriakos S. Markides, University of Texas Medical Branch, Galveston*
 Octavio N. Martinez, UT Austin-Hogg Foundation for Mental Health
 Verónica Montes de Oca, Universidad Nacional Autónoma de México
 Alberto Palloni, University of Wisconsin, Madison**
 Fernando Riosmena, University of Colorado, Boulder
 Sunshine Rote, University of Louisville, Kentucky
 Rogelio Saenz, University of Texas, Austin*
 Nelly Salgado de Snyder, Instituto Nacional de Salud Pública
 Fernando M. Torres-Gil, University of California, Los Angeles
 William Vega, University of Miami, Florida
 Steven P. Wallace, University of California, Los Angeles
 Rebeca Wong, University of Texas Medical Branch, Galveston

*INGER-ICAA Steering Committee Organizers/ Comité organizador INGER-ICAA 2019

**CAA Advisory Group Emeritus/ Grupo Asesor Emérito CAA

PROGRAM



The conference consisted of six plenary sessions. The presentations addressed a wide variety of topics related to the cognitive and mental health of older people, from different concepts, theories and related measurement instruments. to mental and cognitive health currently available and used in both countries, social determinants of these conditions, and specific interventions, among others.

Twenty-six speakers from various areas such as clinical and social research, civil society organizations, and members of public institutions and programs and social security participated in the conference.



September 30



Conceptos, teorías y medición de la cognición y la salud mental en personas mayores

Concepts, theories and measurement of aging cognitive and mental health

Gladys E. Maestre, Ana Luisa Sosa, Luis Miguel Gutiérrez Robledo, Fernando Torres-Gil, Steve Wallace and Silvia Mejía-Arango

Determinantes sociales de la cognición y la salud mental de las personas mayores

Social determinants of aging and cognitive mental health

Flavia Andrade, Isaac Acosta, Hector Gonzalez and Terrence Hill





Cuidado no-remunerado de la demencia y la salud mental

Informal dementia and mental health care

Ronald Angel, Mariana López Ortega,
Maria Aranda, Flavia Andrade and
Rafael Samper

*Contexto comunitario: Sistema público
y Organizaciones de la Sociedad Civil
(OSCs)*

*Community Care Context: Public and
Non-Governmental Organizations*

Ronald Angel, Verónica Montes de Oca,
Jacqueline Angel, Patricia Rebolledo,
Rocío Enriquez and Rogelio Saenz



OCTOBER 1st



Políticas e intervenciones cognitivas y de salud mental para adultos mayores
Cognitive and mental health policies and interventions for older adults

Carlos H. Gámez, Maria Aranda, Luis Miguel Gutiérrez Robledo, Emma Aguila (standing), Fernando Torres Gil and Olva López Arellano (sitting)

Del conocimiento a la acción en salud cognitiva y mental en personas mayores

From knowledge to action in aging cognitive and mental health care
 Ana Luisa Sosa, Toni Antonucci, Octavio Martínez, Mariana Longoria and
 Meghana Gadghil



Special recognition to Dr. Octavio Martínez

POSTER SESSION



Poster Winner Dr. Rafael Samper-Ternent (UTMB), Second Place



Poster Winner Nallely Solano, co-author Isaac Acosta pictured (National Institute of Neurology and Neurosurgery, Mexico), Third Place



Poster Winner Angela Gutierrez (UCLA), Honorable Mention



Poster Winner Erika Meza (UCSF), First Place



A total of 14 young researchers participated in the session presenting a poster with the results of a recent investigation, in addition to attending the conference. The posters were rated by a committee that selected the best three and presented the winners with an award.



Reconocimientos / Acknowledgements



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