December 3-5, 2025

University of Miami, Coral Gables, Florida

Aging in the Americas: Growing Burdens and Emerging Solutions

The United States, Mexico, and other countries in the Americas are undergoing historic demographic transitions, resulting in increased life expectancies. This transition has been accompanied by a spectrum of morbidities reflecting age-related diseases such as diabetes, heart disease, cancer, depression, and dementia. The high prevalence of chronic disease presents these countries with serious budgetary and policy challenges at all levels. Many of the largest drivers of health costs for chronic disease management fall outside of clinical care. Investment in early prevention can potentially reduce expenditures later in life. The 2025 Aging in the Americas (ICAA) meeting papers will deal with barriers and facilitators to managing chronic disease.

Although Mexico guarantees the right to health care, many health services for older people are unavailable, unaffordable, or unacceptable. In the United States, most older adults managing chronic illness or comorbidities are covered by Medicare or other federal insurance. Even so, out-of-pocket expenses add up. Medicare beneficiaries face out-of-pocket costs for their insurance premiums, cost-sharing for Medicare-covered services, and expenses for services not covered by Medicare, such as dental care and long-term services and supports. The prevention, control, and treatment of chronic disease should occupy a more prominent place on the healthcare agenda and help optimize local and national resources in several countries, including Mexico, the United States, Brazil, and Argentina.

Objectives

Given the anticipated burden of chronic disease on private and public care resources, the objectives of the 2025 ICAA meeting are:

- 1. Provide detailed information on the differences in health outcomes.
- 2. Address the social and economic challenges of living longer and the strains placed on institutions, including the health care system, the informal economy, and the labor force in the U.S. and Mexico.
- 3. Identify sources of vulnerability that exacerbate the consequences of chronic disease at the individual, family, community, and health-system levels.
- 4. Examine evidence-based recommendations of cost-effective solutions to treat chronic disease, including self-care management, healthcare, and non-medical care services.

Website: https://sites.utexas.edu/caa/2025-2/

Wednesday, December 3, 2025

5:00 PM – 8:00 PM	Conference Registration and Opening Reception

Thursday, December 4, 2025

8:00 AM – 8:30 AM	Conference Registration and Breakfast
8:30 AM – 9:00 AM	Opening Remarks and Welcome Session
	David Lee, University of Miami
	Daniel Jimenez, University of Miami
9:00 AM – 9:50 AM	Welcome (Andrus Auditorium)
	Opening Plenary Panel, "Charting the Future for Aging and Health in the Americas":
	Jacqueline Angel, University of Texas at Austin, Kyriakos Markides, University of Texas Medical
	Branch & Fernando Torres-Gil, University of California Los Angeles
0.50 434 10.00 434	Moderator: Sunshine Rote, University of Louisville
9:50 AM – 10:00 AM	Coffee Break
10:00 AM – 11:30 AM	PANEL 1- The "Cost" of Living Longer in Mexico and the United States
	Michael Touchton, University of Miami
	Aging Across Borders: Comparative Challenges for Health Care Systems in Mexico and the United States
	Steven Ullman, University of Miami
	Cross-National Perspectives on Health Care Systems and Chronic Disease Burden,
	Ronald Angel, University of Texas at Austin
	Non-Contributory Pensions in Mexico
	Q&A
	Consensus Development Discussion
	Flavia Andrade, University of Illinois, Champaign
	Fernando Riosmena, University of Texas, San Antonio
11:30 AM – 1:30 PM	Lunch and Overview of Funding Opportunities
11:30 AWI – 1:30 PWI	Frank Bandiera, National Institute on Aging
1:30 PM – 3:00 PM	PANEL 2- Assessing the Societal Costs of Cognitive Aging: Evidence from the U.S. and Mexico
	Emma Aguila, University of Southern California & Mariana Lopez Ortega, INGER
	Social and Economic Support from Mexican Older Adults Living with Dementia in Mexico and the
	United States
	Nicholas Bishop, University of Arizona, Tucson
	Immigrant Effects and Socioeconomic Gradients in Cognitive Function among Mexican-Origin
	Older Adults in the US and Mexico Stipica Mudrazija, University of Washington, Seattle
	Current and Future Costs of Family Caregiving for Older Americans with and without Dementia
	Q & A
	Consensus Development Discussion
	Flavia Andrade, University of Illinois
	Fernando Riosmena, University of Texas, San Antonio
3:00 PM – 3:15 PM	Coffee Break
	Juried Poster Session in Honor of Steven P. Wallace
3:15 PM -4:45 PM	Adriana Reyes, Cornell University
	Terrence Hill, University of Texas, San Antonio
	Nik Lampe, University of South Florida
5:00 PM – 6:15 PM	Speed Mentoring Session (Emerging Scholars Only)
	Sunshine Rote, University of Louisville
	Phil Cantu, University of Texas Medical Branch at Galveston
6:30 PM – 8:30 PM	Mentoring Dinner and Awards Recognitions
	Hosted by Elena Bastida, Florida International University

Friday December 5th

$Zoom\ Link:\ https://utexas.zoom.us/j/89555246671?pwd=qRMwvja1YawUlmqsIBahuv7AW5rna4.1$

Meeting ID: 895 5524 6671 Passcode: ICAA2025

7:30 AM – 8:00 AM	Breakfast
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8:00 AM-8:15 AM	Daniel Jimenez, University of Miami
	David Lee, University of Miami
	PANEL 3
8:15 AM – 9:15 AM	Sources of Vulnerability and Resilience, Exposomes, and Consequences for
0110 11111 9110 11111	Retirement Health and Financial Wellness
	Octavio Martinez, University of Texas at Austin
	Health Equity, Aging, and the Exposome
	Mónica García-Pérez, Fayetteville State University, North Carolina-
	From Health to Wealth, and Vice Versa: The Differential Effect of Health Changes on Individual
	Earnings and Household Wealth among Elderly Hispanics and Non-Hispanics
	Ángela Gutiérrez, Western University of Health Sciences
	Neighborhood Assets and Psychosocial Predictors of Cognitive Function Among Latinos in the
	United States, Western University of Health Sciences
	Q & A
	Consensus Development Discussion
	Flavia Andrade, University of Illinois at Urbana-Champaign
	Fernando Riosmena, University of Texas, San Antonio
9:15 AM – 9:30 AM	Coffee Break
0.20 AM 10.20 AM	PANEL 4
9:30 AM – 10:30 AM	Health System Innovations to Address Challenges in Aging America
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	Patricia Morsch, Pan American Health Organization
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	Christian Vazquez, University of Texas, Arlington
	Marissa Gonzalez, University of Texas, El Paso
1:30 PM	MEETING ADJOURNED

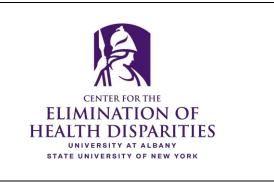


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