

# The 2013 International Conference on Aging in the Americas

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## HIGHLIGHTS

*Demographics Of Aging In The Americas: How Should We  
Prepare For An Aging Population In Mexico And The U.S.A.?*



SEPTEMBER 17-19, 2013

THE UNIVERSITY OF TEXAS AT AUSTIN

Conference Series on Aging in the Americas (CAA)

# 2013 International Conference on Aging in the Americas (ICAA)

The sixth installment of the Conference Series on Aging in the Americas (CAA) was held on September 17-19, 2013 at The University of Texas at Austin. This year's theme focused on demographics of aging in the Americas and specifically the question of *how should we prepare for an aging population in Mexico and the U.S.A.?* An important objective of the meeting was to create a consensus objective on key issues related to the changing demographics of Mexico and the United States and their impact on the health, economics, immigration and financial well-being of these two nations.

By now a large body of research points to a dramatic demographic transformation in Mexico. While Mexico's population is relatively young today, with a median age of 27, it will age rapidly in coming years and will grow to 25 million by the middle of this century. The number of older Latinos (65 years and over) in the United States are also expected to increase by more than six times in 2050 and number almost 18 million.

Since Mexico and the United States are swiftly becoming old both countries face problems of caring for the elderly and often frail and disabled populations.

In recognition of these challenges, over 100 participants, including more than 50 invited speakers, keynote lectures and emerging scholars addressed these issues in panel discussions, peer-reviewed posters, and a consensus building session. In addition to the presentations, the CAA sponsored a mentoring program for emerging scholars in minority aging with a special emphasis on Hispanic health. This consisted of the selection of exemplary posters for oral presentations, an awards reception, and opportunities to speak with leading researchers in the field during a one-on-one mentoring event, followed by a celebratory dinner.

## CAA TEAM



**Jacqueline Angel** (left), Professor of Sociology and Public Affairs at The University of Texas at Austin and **Fernando Torres-Gil** (right), Professor of Social Welfare and Policy at the University of California, Los Angeles served as Co-organizers of the 2013 ICCA.



CAA Co-Investigators **William Vega** (right), Provost Professor and Executive Director of the USC Edward R. Roybal Institute on Aging, and **Kyriakos Markides** (left), Annie and John Gnitzyngier Professor of Aging Studies at the University of Texas Medical Branch at Galveston.



**The CAA Team consists of an Advisory Group which was established to provide input from various leading experts in population issues, geriatric service provision, and health care policy and advocacy with respect to Hispanic ethnicity. This committee plays an integral part in planning upcoming conferences.**

Maria Aranda, University of Southern California  
Elena Bastida, Florida International University  
Eileen Crimmins, University of Southern California  
Hector González, University of Michigan  
Mary Haan, University of California, San Francisco  
Mark Hayward, The University of Texas at Austin  
Terrence Hill, The University of Utah  
Alberto Palloni, University of Wisconsin, Madison  
Nelly Salgado de Snyder, National Mexican Institute of Public Health  
Rebeca Wong, University of Texas Medical Branch, Galveston

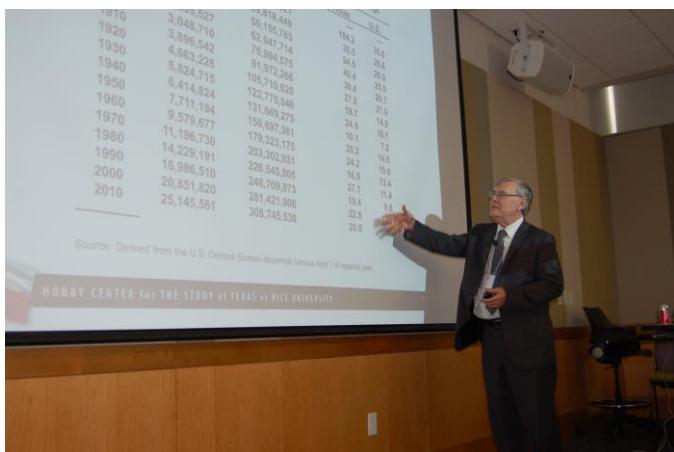
For biosketches [www.utexas.edu/lbj/caa](http://www.utexas.edu/lbj/caa)

# Keynote Lectures



**Rubén Rumbaut**  
University of California, Irvine

*Takes Two to Tango: Reflections on the Political Demography of Mexican Migration, Mexican-American Aging, and Ethnic Inequalities*



**Steve Murdock**  
Rice University

*The Latino Future is the Future of the United States But What Kind of Future Will It Be?*



**Jorge Chapa**  
The University of Illinois, Champaign

*Apple Pie, Enchiladas and the Age-Race Shift: Young and Aging Latinos in an Aging North America*

## Invited Speakers and Discussants

**Jorge Bravo, James Smith, Ronald Angel, Marie Mora, Emma Aguila, Chenoa Flippen, Maria Aranda, Flavia Andrade, Maria Elena Aguilar Aldrete, Erick Guerreo, Ladson Hinton, Luis Miguel Gutiérrez Robledo, Rogelio Saenz, Veronica Montes de Oca, Kyriakos Markides, Silvia Mejia, Peter Ward, Georgiana Bostean, Carlos Díaz-Venegas, Sunshine Rote, Phillip Castro, Tyson Brown, Steve Wallace, Shelton Brown, Zachary Gassoumis, Dave Warner, Gregory Weeks, Fernando Torres-Gil, Bryan Roberts, David Leal**



**Peter Ward**



**Robert Hutchings, LBJ School**, gave opening remarks on the first full day of scientific panels and discussion.



**Elena Bastida**



**Georgiana Bostean**



**(left to right) Emma Aguilar, Flavia Andrade, Chenoa Flippen, Andres Villarreal, Maria Aranda**



**Luis Guitirréz**

## Poster Session Awards Presentation



Eli

**Terrence Hill**

Presider and Co-Organizer of the Emerging Scholars Poster Session

**2013 Emerging Scholars****Elizabeth Gordan****Nekehia Quashie****Mauricio Garnier-Villarreal**

**First Prize:** **Elizabeth Gordan**, *Oregon State University*, “Mexican-Origin Women's Processes of Preparing to Give Care: A Qualitative Study”

**Second Prize:** **Nekehia Quashie**, *The University of Utah*, “Intergenerational Transfers to Older Adults in Urban Mexico: Adult Children's Perspectives”

**Third Prize:** **Mauricio Garnier-Villarreal**, *University of Kansas*, “The Factor Structure and Item Properties of the Geriatric Depression Scale in a Costa Rican Sample (GDS)”

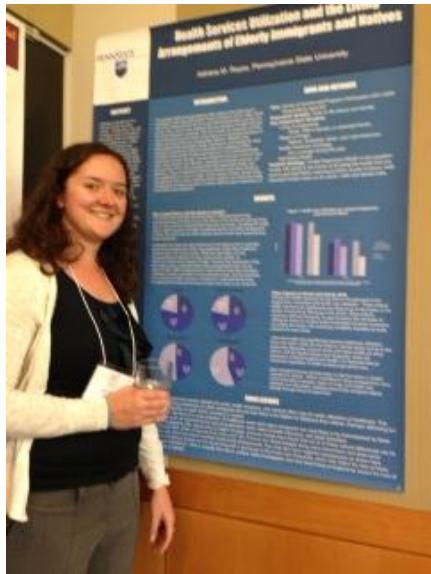
# Emerging Scholar Poster Session



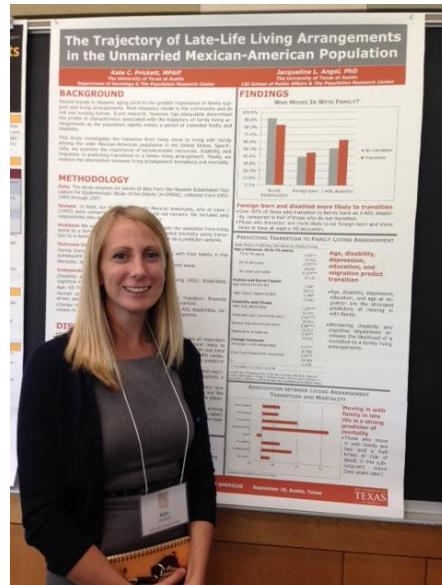
**Flavia Andrade** (Left), University of Illinois Champaign and **Mauricio Garnier-Villareal** (Right), University of Kansas



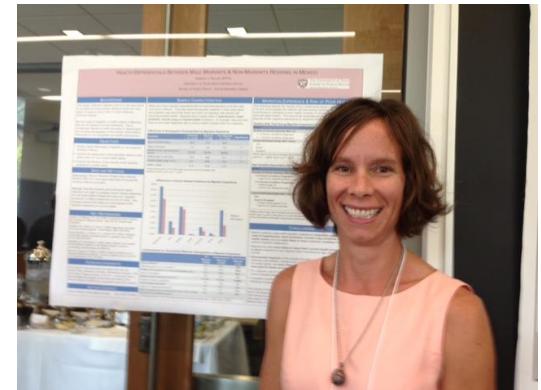
**Stipica Mudraja** (Left), University of Southern California and **Quashie, Nekehia** (Right), The University of Utah



**Adriana Reyes**,  
The Pennsylvania State University



**Kate Pickett**,  
The University of Texas at Austin



**Kimberly Wilson**,  
U.T. School of Public Health  
Austin Regional Campus

# Consensus Building Session



## Selected Findings- Directions in Future Research

- ◆ Examine influences of health on labor market behavior and retirement security at older ages among Hispanics in the U.S. and Mexico.
- ◆ Hispanic aging from a transnational perspective with explicit attention to gender influences on family and household resources.
- ◆ Comparative aging studies of risk and protective factors affecting mental health in Mexico and the U.S.
- ◆ Mixed-method investigations of temporal patterns of caregiving and effect on support systems.
- ◆ Interdisciplinary teamwork of long-term care as a phenomenon that goes beyond static notions of Hispanic ethnicity.
- ◆ Qualitative approaches to understand the articulation between the role of governmental and non-state actors in health and social service provision to elderly Hispanics.

**“Planning and policymaking for the aging and well-being of the rapidly growing Mexican-American population need to be contextualized within the tangled “tango” of U.S.-Mexico interconnectedness, specifically with respect to international migration flows, the putative demographic “fit” of U.S.-Mexico economic and population needs, the incorporation of immigrants and their descendants, and the political contexts which mold it.” Rubén Rumbaut, 2013 ICAA, September 19, 2013.**

## 2013 ICAA Participants



**Maria Aranda and Bill Vega**



**Kyriakos Markides, Jacqui Angel, Sunshine Rote, Steve Wallace**



**Marc Garcia, Rogelio Saenz, Veronica Montes de Oca, Phillip Cantu, and Kyriakos Markides**



**Terrence Hill, Tyson Brown, and John Taylor**



**Rosalba Ojeda (left), Consul General of Mexico in Austin, 2013 ICAA Distinguished Honoree with Victoria Rodriguez.**



**David Johnson and Silvia Meija**

## 2013 ICAA Participants



More photos found at  
[www.utexas.edu/lbj/caa](http://www.utexas.edu/lbj/caa)



## Acknowledgments

The meeting was funded in part by the (R13) Scientific Meeting Grant from the National Institute on Aging (NIA) No. AG029767-01A2.



Our special appreciation to the following organizations for their generous support of conference activities:

### *NIH Grantee*



### *Conference Partners*

*USC Edward R. Roybal Institute on Aging*

UCLA



### *Sponsors*

THE UNIVERSITY OF TEXAS AT AUSTIN  
**GRADUATE SCHOOL**

George W. Jalonick, III and Dorothy Cockrell  
Jalonick Centennial Lectureship



University (UT) Co-op

**AARP**

## ***About the CAA Logo***

*Since times before memory, la mariposa monarca (or monarch butterfly) journeys through the Americas to sustain its life. In cool, clear skies of October, indigenous people reverently welcome returning souls on wings aloft, reuniting in central Mexican forests and valleys. So the cycle continues from beginnings unknown to no ends...*



*The Aging in the Americas Conference selected la monarca to symbolize the threads that unite us across the Americas in understanding and reverently preserving the dignity and integrity of life's cycle that knows no beginnings or ends. Roberto Salas was commissioned by the Conference to create la monarca. La monarca was drawn from pre-Columbian images and images from industrialized and post-industrialized Americas. Salas is a Chicano artist who received his Masters in Fine Art from the University of New Mexico. He is Director of the art galleries El Taller Cruzando Traques, which is located in San Diego, California and Studio Maguey, in El Paso, Texas.*

### ***Save the Date***

2014 International Conference on Aging in the Americas

September 24-25, 2014  
University of Colorado, Boulder

“Health, Social, and Economic Dynamics of Hispanic and Latin American Aging”

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Co-Organizers for the 7<sup>th</sup> Installment of the CAA

### CAA Team

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**Learn More**

CAA Website: <http://caa-iccaa.org>

or

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