

# The 2016 International Conference on Aging in the Americas

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## HIGHLIGHTS

*Contextualizing Health and Aging on Both Sides of the U.S./Mexico Border*



SEPTEMBER 14-16, 2016

THE UNIVERSITY OF TEXAS AT SAN ANTONIO



Conference Series on Aging in the Americas (CAA)

# 2016 International Conference on Aging in the Americas (ICAA)

The United States and Mexico are growing old, although because of its relatively young population Mexico will remain younger than the United States for some time. In the U.S., older Latinos will account for a large share of the total older population in the southwestern United States and the country at large as aging Baby Boomers begin to turn 65. The rapidly aging populations of Mexico and the United States will remain heterogeneous in terms of many social and demographic factors, including their urban and rural distributions. This heterogeneity calls for comparative analyses of the community as an important context in understanding how characteristics of physical, social, and economic environments gives rise to disparities in Latino health in older adults. For this reason, the 2016 ICAA meeting will focus on the influences of social and economic contexts on healthful aging in Latino communities across the U.S./Mexico border in cities and towns such as Harlingen, Texas; Las Cruces, New Mexico, San Diego, California, and Chicago, Illinois. Key thematic areas encompass the ways in which Latino aging is affected by different contexts and places, including rural, periurban (between the suburbs and the countryside), and urban areas in these regions. Papers will employ different methodologies to address cross-cutting issues related to immigration processes, family and household structure, and macroeconomic changes on the quality of community life. At the microscopic level, several papers will pay close attention to the new realities of aging in Latino families in local places. In Texas, Latinos are growing rapidly older and as a result the City of Austin by example became a WHO-designated age-friendly community in 2013. Another panel spotlights the role of local communities in developing affordable senior housing and supportive services, such as the Program of All-Inclusive Care for the Elderly in Texas localities and other places in the Southwest. The ultimate objective is to offer new insights on the consequences of the impending growth and the impact of the older segment of aging communities on local economies.

In recognition of these challenges, over 100 participants, including more than 40 invited speakers, keynote lecturers and emerging scholars addressed these issues in panel discussions, peer-reviewed posters, and a consensus building session. In addition to the presentations, the CAA sponsored a mentoring program for emerging scholars in minority aging with a special emphasis on Hispanic health. This consisted of the selection of exemplary posters for oral presentations, an awards reception, and opportunities to speak with leading researchers in the field during a one-on-one mentoring event, followed by a celebratory dinner.

## CAA TEAM



**Rogelio Saenz** (left), Mark G. Yudof Professor of Demography and Dean of the College of Public Policy at The University of Texas at San Antonio and **Jacqueline Angel** (right), Professor of Sociology at the LBJ School of Public Affairs at The University of Texas at Austin as Co-organizers of the 2016 ICCA.



CAA Co-Investigators **William Vega** (right), Provost Professor and Executive Director of the USC Edward R. Roybal Institute on Aging, and **Kyriakos Markides** (left), Annie and John Gnitinger Professor of Aging Studies at The University of Texas Medical Branch at Galveston.



**The CAA Team consists of an Advisory Group which was established to provide input from various leading experts in population issues, geriatric service provision, and health care policy and advocacy with respect to Hispanic ethnicity. This committee plays an integral part in planning upcoming conferences.**

Maria Aranda, University of Southern California  
 Elena Bastida, Florida International University  
 Eileen Crimmins, University of Southern California  
 Hector Gonzáles, University of Michigan  
 Mary Haan, University of California, San Francisco  
 Mark Hayward, The University of Texas at Austin  
 Terrence Hill, The University of Arizona at Tucson  
 Alberto Palloni, University of Wisconsin, Madison  
 Nelly Salgado de Snyder, National Mexican Institute of Public Health  
 Steven Wallace, University of California, Los Angeles  
 Rebeca Wong, University of Texas Medical Branch, Galveston  
**For biosketches** <http://lbjschool.austin.utexas.edu/caa/advisory-group/>

## Keynote Lectures



### **Peter Ward**

The University of Texas at Austin

*How Place and Space Matter:  
Intersections between Housing, Health  
and the Life Course Among Aging  
Latinos*



### **René Zenteno**

The University of Texas at San Antonio

*The New Era of Mexico-U.S.  
Migration: The Post 2006 Experience  
and the Collapse of Undocumented  
Migration*



### **Closing Plenary**

*Latino Aging in the Homefront:  
Issues and Realities in San Antonio*

*Presider: Dr. Rogelio Saenz*

*Panelists: Juan H. Flores, Adelita G. Cantu, and Mercedes Bristol*

## Invited Speakers and Discussants

**Mariana Lopez-Ortega, Hiram Beltran-Sanchez, Veronica Montes de Oca, Fernando Torres-Gil, Flavia Andrade, Stipica Mudrazija, Fernando Riosmena, Nestor Rodriguez, Terrence Hill, Luis Gutierrez, Julio M. Fernandez-Villa, Catherine Perez, Brian Downer, Jaqueline Contrera-Avila, Lloyd Potter, Carolyn Mendez-Luck, Kate Cagney, Sunshine Rote, Silvia Mejia, Fanny Sleman, Jennifer Salinas, Iveris Martinez, Juan H. Flores, Adelita G. Cantu, Mercedes Bristol, Rogelio Sáenz**



**Mariana Lopez-Ortega**



**UTSA President Dr. Ricardo Romo** gave opening remarks on the first full day of scientific panels and discussion.



**Carolyn Mendez-Luck**



**Sunshine Rote**



**Stipica Mudrazija**



**Nestor Rodriguez**

## Poster Session Awards Presentation



**Terrence Hill**  
Organizer of the Emerging  
Scholars Poster Session



**Norma Padron**



**2016 Emerging Scholars**

**First Prize:** **Norma Padron**, *Mount Sinai Hospital and AARP Scholar*,  
“Aging, Acculturation and Substance Abuse”

**Second Prize:** Benjamin N. Vickers, *University of Texas Medical Branch*,  
“Anthropometric Measures and Cognitive Decline in Older Mexican-  
Americans”

**Third Prize:** Zoya Gubernskaya, *University of Albany, SUNY*,  
“Education and Accumulation of Chronic Conditions after Age 50 among  
Mexican and Non-Hispanic White Male Immigrants”

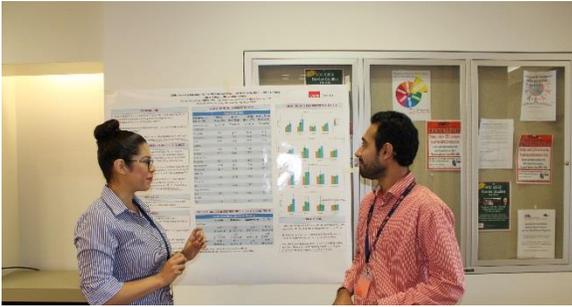


**Benjamin Vickers**

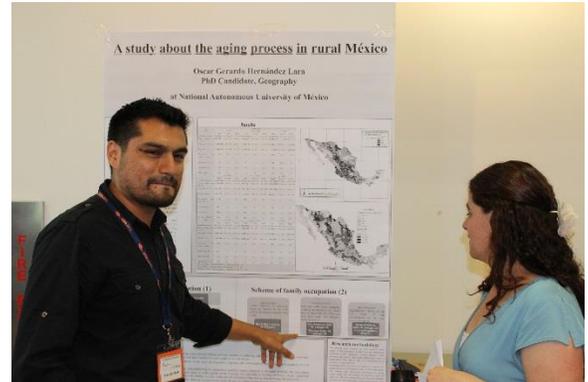


**Zoya Gubernskaya**

## Emerging Scholar Poster Session



**Catherine Perez** (Left), University of Southern California, Leonard Davis School of Gerontology and **Zulqarnain Javed** (Right), University of Texas Medical Branch at Galveston



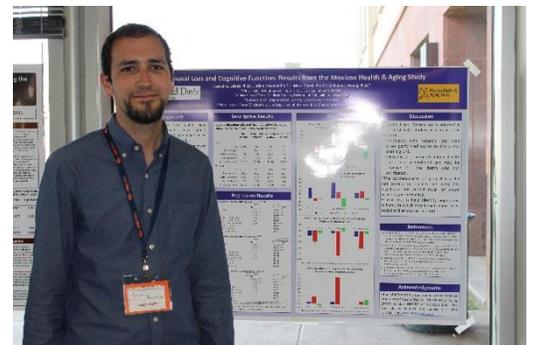
**Oscar Gerardo Hernandez Lara** (Left), Autonomous University of México (Right), **Mariana Lopez-Ortega**, National Institute of Health, México



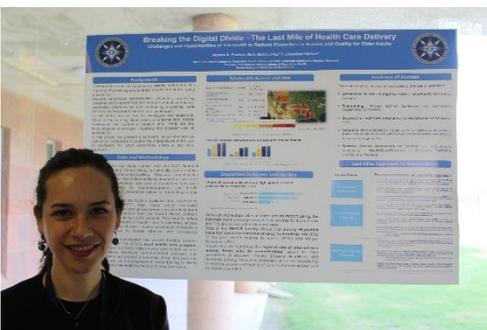
**Zoya Gubernskaya**, University of Albany, SUNY



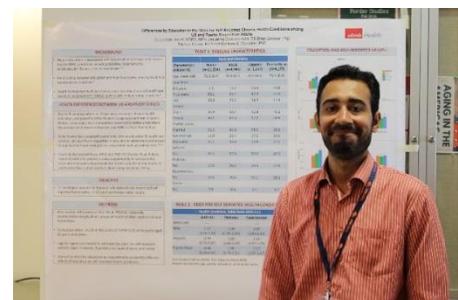
**Selena Caldera**, The University of Texas at Austin



**Joseph Sáenz**, University of Southern California, Leonard Davis School of Gerontology



**Norma Padron**, Jefferson College of Population Health, Philadelphia, PA



**Zulqarnain Javed**, The University of Texas Medical Branch at Galveston

## Emerging Scholars Oral Presentations



**Catherine Perez**  
University of Southern California  
Leonard Davis School of Gerontology  
“Health Status of Aging Puerto Ricans Compared to U.S.”



**Julio Fernandez-Villa**  
Universidad Autonoma Metropolitana, México City, México  
“Association of Health Habits Beliefs and Mortality in Older Adults: A Secondary Longitudinal Analysis of the Mexican Health and Aging Study”



**Jaqueline Contreras-Avila**  
“Healthcare Expenditures and Utilization among Mexican Older Adults: Analysis of the Mexican Health and Aging Study (MHAS)”

|                     | Microvascular complications |           | Microvascular complications |           |
|---------------------|-----------------------------|-----------|-----------------------------|-----------|
|                     | IRR                         | 95% C.I.  | IRR                         | 95% C.I.  |
| e symptoms          | 1.03                        | 0.90-1.18 | 0.99                        | 0.88-1.11 |
| at                  | 0.83                        | 0.66-1.02 | 0.83                        | 0.66-1.02 |
| in                  | 0.98                        | 0.85-1.12 | 0.92                        | 0.79-1.07 |
| adip                | 1.22                        | 0.98-1.52 | 1.17                        | 0.93-1.47 |
| CI                  | 1.33                        | 1.04-1.67 | 1.27                        | 0.98-1.63 |
| depression symptoms | 1.35                        | 1.05-1.72 | 1.27                        | 0.98-1.63 |
| #depression         | 1.36                        | 1.21-1.50 | 1.27                        | 0.98-1.63 |
| depression          | 1.40                        | 1.1-1.71  | 1.27                        | 0.98-1.63 |

**Brian Downer**  
The University of Texas Medical Branch at Galveston,  
Division of Rehabilitation Sciences  
“Influence of Diabetes and Depression Severity on the Likelihood for Disability and Mortality in Older Puerto Ricans”



Emerging Scholars Oral Presentation

Scholars awarded a certificate of their participation. (From left to right: Dr. Lloyd Potter, President, Oral Presentations, Jacqueline Contreras-Avila, Julio Fernandez-Villa, Catherine Perez, Brian Downer, Dr. Rogelio Saenz, Co-Organizer, 2016 ICAA)

## Speed Mentoring at Pico de Gallo Restaurant

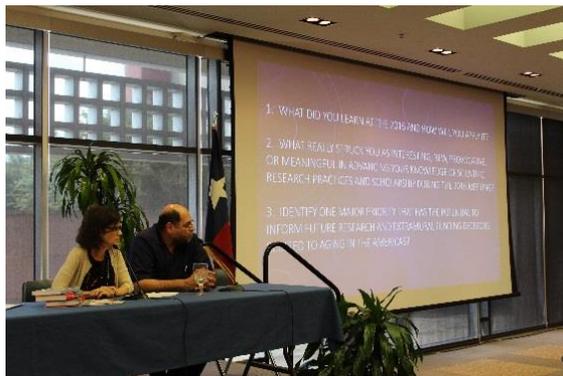


Emerging scholars met at Pico de Gallo restaurant for a one-on-one speed mentoring session to address their research and some topics they feel would require further discussion.

Each mentee had a total of three 15-minute sessions. Speed mentoring fosters research the establishment of relationships among emerging scholars and experts in the field of Latino health and aging.



## Consensus Building Session



### Selected Findings - Directions in Future Research

- ◆ Examine influences of health on labor market behavior and retirement security at older ages among Hispanics in the U.S. and Mexico.
- ◆ Hispanic aging from a transnational perspective with explicit attention to gender influences on family and household resources.
- ◆ Comparative aging studies of risk and protective factors affecting mental health in Mexico and the U.S.
- ◆ Mixed-method investigations of temporal patterns of caregiving and effect on support systems.
- ◆ Interdisciplinary teamwork of long-term care as a phenomenon that goes beyond static notions of Hispanic ethnicity.
- ◆ Qualitative approaches to understand the articulation between the role of governmental and non-state actors in health and social service provision to elderly Hispanics.

“This consensus building session provided a forum for developing a more precise understanding of how place as a social and physical environment over the life course is affecting aging people's health, and how people use their material and non-material assets to cope with adverse environmental circumstances, thereby producing a wide-range of effects on health and functioning. It is clear that findings point to the need for binational research in Mexico and the U.S. on the interplay among micro places, social support and Latino health outcomes.”

*Jacqueline Angel, Professor of Sociology at the LBJ School of Public Affairs at the University of Texas at Austin & Co-Organizer, 2016 CAA*

## 2016 ICAA Participants



**Ollie Besteiro with Fernando Torres-Gil**



**Marc Garcia, Rogelio Sáenz, and Olga Kauffman**



**Guests with El Mariachi Group of San Antonio**



**Alamo Area Agency on Aging**



**(left) Jacqueline Angel (right)  
Fanny Sleman**



**(left to right) Rafael Ayuso, Elena Bastida, Melanie Plasencia, Selena Caldera, Ollie Besteiro, Jacqueline Angel, and Don Hoyt**

Visit <http://copp.utsa.edu/ICAA2016> to view more pictures.

# Acknowledgments

The meeting was funded in part by the (R13) Scientific Meeting Grant from the National Institute on Aging (NIA) No. AG029767-01A2. We would like to thank each individual who contributed to the success of the 2016 ICAA including, the invited speakers, emerging scholar poster presenters, discussants, rapporteurs, as well as those who provided staff assistance.

Our special appreciation to the following sponsors for their generous support of conference activities:

The 2016 International Conference on *Aging IN THE Americas*

Contextualizing Health and Aging on Both Sides of the U.S./Mexico Border

The 2016 International Conference on *Aging IN THE Americas*

## 2016 ICAA Sponsors

*Funder*

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*NIH Grantee*



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TEXAS  
The University of Texas at Austin

## *About the CAA Logo*

*Since time before memory, la mariposa monarca (or monarch butterfly) journeys through the Americas to sustain its life. In the cool, clear skies of October, indigenous people reverently welcome returning souls on wings aloft, reuniting in central Mexican forests and valleys. So the cycle continues from beginnings unknown to no ends...*



*The Aging in the Americas Conference selected la monarca to symbolize the threads that unite us across the Americas in understanding and reverently preserving the dignity and integrity of life's cycle that knows no beginnings or ends. Roberto Salas was commissioned by the Conference to create la monarca. La monarca was drawn from pre-Columbian images and images from industrialized and post-industrialized Americas. Salas is a Chicano artist who received his Masters in Fine Art from the University of New Mexico. He is Director of the art galleries El Taller Cruzando Traques, which is located in San Diego, California and Studio Maguey, in El Paso, Texas.*

## *Save the Date*

2017 International Conference on Aging in the Americas  
September 20-22, 2017  
University of Southern California

“Space, Time and Place: Effects on the Older Latino Population”

For more information contact:

William Vega

[williaav@usc.edu](mailto:williaav@usc.edu)

Iris Aguilar

[iaguilar@usc.edu](mailto:iaguilar@usc.edu)

Co-Organizers for the 9<sup>th</sup> Installment of the CAA

### CAA Team

**Jacqueline Angel**

[jangel@austin.utexas.edu](mailto:jangel@austin.utexas.edu)

**Kyriakos Markides**

[kmarkide@utmb.edu](mailto:kmarkide@utmb.edu)

**Fernando Torres-Gil**

[torres@luskin.ucla.edu](mailto:torres@luskin.ucla.edu)

**William Vega**

[williaav@usc.edu](mailto:williaav@usc.edu)

**Learn More**

CAA Website: <http://lbjschool.austin.utexas.edu/caa>

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**Phone**

**(512) 471-2956**