2022 ICAA Abstract

The 15th International Conference on Aging in the Americas (ICAA) *Cognitive Aging in Mexico and Latino Communities in the United States: Deconstructing Resilience* is the 2022 iteration in the ICAA series focusing on aging and health in the Americas (CAA).* At the 2021 ICAA Consensus Building session, participants recognized the need to clearly define the concept of resilience, its theoretical and practical utility, and its operationalization at different levels— individual, neighborhood, and the community. Building on these insights, the 2022 ICAA, which will be held on September 14-16, 2022, in Chicago, Illinois (USA), will focus on how cumulative and persistent structural social and economic disadvantage in the Mexican-origin population affect cognitive aging, brain health, and dementia in particular.

The increasing prevalence of cognitive impairment and dementia, especially early-onset decline in the Mexican-origin population, increases the urgency of understanding the causes and consequences of cognitive aging for individuals, families, and society. The conference papers will address the following issues:

- What is the meaning, theoretical and practical usefulness of the concept of resilience in understanding important aspects of cognitive aging?
- Which interventions can be introduced earlier in life to increase cognitive reserve?
- How can cognitive research be enhanced throughout the life course and in later life? and
- Which cultural and social resources can be mobilized to promote brain health and enhance the quality of life?

Invited papers and Emerging Scholar and Early Career Investigator posters will address these questions from a multidisciplinary perspective. Collectively, they will also identify potential intervention models for improving the quality of life for aging Mexicans and Mexican Americans.

For more information contact 2022 ICAA Co-organizer:

Dr. Flavia Andrade fandrade@illinois.edu

2022 ICAA Planning Team
Dr. Martha Daviglus, University of Illinois, Chicago
Dr. Silvia Mejia, El Colegio de la Frontera Norte, Mexico
Dr. Fernando Riosmena, University of Colorado, Boulder
Dr. Jacqueline Angel, University of Texas at Austin (NIH/NIA PI R13)