

December 3-5, 2025

University of Miami, Coral Gables, Florida

Aging in the Americas: Growing Burdens and Emerging Solutions

The United States, Mexico, and other countries in the Americas are undergoing historic demographic transitions, resulting in increased life expectancies. This transition has been accompanied by a spectrum of morbidities reflecting age-related diseases such as diabetes, heart disease, cancer, depression, and dementia. The high prevalence of chronic disease presents these countries with serious budgetary and policy challenges at all levels. Many of the largest drivers of health costs for chronic disease management fall outside of clinical care. Investment in early prevention can potentially reduce expenditures later in life. The 2025 Aging in the Americas (ICAA) meeting papers will deal with barriers and facilitators to managing chronic disease.

Although Mexico guarantees the right to health care, many health services for older people are unavailable, unaffordable, or unacceptable. In the United States, most older adults managing chronic illness or comorbidities are covered by Medicare or other federal insurance. Even so, out-of-pocket expenses add up. Medicare beneficiaries face out-of-pocket costs for their insurance premiums, cost-sharing for Medicare-covered services, and expenses for services not covered by Medicare, such as dental care and long-term services and supports. The prevention, control, and treatment of chronic disease should occupy a more prominent place on the healthcare agenda and help optimize local and national resources in several countries, including Mexico, the United States, Brazil, and Argentina.

Objectives

Given the anticipated burden of chronic disease on private and public care resources, the objectives of the 2025 ICAA meeting are:

1. Provide detailed information on the differences in health outcomes.
2. Address the social and economic challenges of living longer and the strains placed on institutions, including the health care system, the informal economy, and the labor force in the U.S. and Mexico.
3. Identify sources of vulnerability that exacerbate the consequences of chronic disease at the individual, family, community, and health-system levels.
4. Examine evidence-based recommendations of cost-effective solutions to treat chronic disease, including self-care management, healthcare, and non-medical care services.

Website: <https://sites.utexas.edu/caa/2025-2/>

**The Conference will be hosted at the Thesis Hotel Miami Coral Gables
Mamey Miami Restaurant**

1350 S Dixie Hwy, Coral Gables, FL 33146

Wednesday, December 3, 2025

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| 5:00 PM – 8:00 PM | Opening Reception Bougainvillea's Old Florida Tavern 7221 SW 58 th Ave, South Miami, FL 33143 |
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Thursday, December 4, 2025

Join via Zoom

<https://miami.zoom.us/j/99386615585?pwd=fPbAOfwxEdr3zbamNoqQobMNUOX4S9.1&from=addon>

Meeting ID: 993 8661 5585

Passcode: 138887

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| 8:00 AM – 8:30 AM | Conference Registration |
| 8:30 AM – 9:00 AM | Opening Remarks and Welcome Session |
| | David Lee, University of Miami Willy Prado, University of Miami Jacqueline Angel, University of Texas at Austin |
| 9:00 AM – 9:50 AM | Welcome |
| | Opening Plenary Panel, “Charting the Future for Aging and Health in the Americas”: Jacqueline Angel, University of Texas at Austin, Rogelio Saenz, University of Texas at San Antonio & Fernando Torres-Gil, University of California Los Angeles Moderator: Sunshine Rote, University of Louisville |
| 9:50 AM – 10:00 AM | Coffee Break |
| 10:00 AM – 11:30 AM | PANEL 1- The “Cost” of Living Longer in Mexico and the United States |
| | Michael Touchton, University of Miami <i>Aging Across Borders: Comparative Challenges for Health Care Systems in Mexico and the United States</i> Steven Ullman, University of Miami <i>Cross-National Perspectives on Health Care Systems and Chronic Disease Burden</i> , Veronica Montes De Oca, UNAM, Mexico City, Mexico and Ronald Angel, University of Texas at Austin <i>The Mexican Health Care System: Covid and the Struggle for Universal Health Care</i> Q&A Consensus Development Discussion Flavia Andrade, University of Illinois at Urbana-Champaign Fernando Riosmena, University of Texas, San Antonio |
| 11:30 AM – 1:30 PM | Lunch |
| 1:30 PM – 3:00 PM | PANEL 2- Assessing the Societal Costs of Cognitive Aging: Evidence from the U.S. and Mexico |
| | Emma Aguila, University of Southern California & Mariana Lopez Ortega, INGER <i>Social and Economic Support from Mexican Older Adults Living with Dementia in Mexico and the United States</i> Nicholas Bishop, University of Arizona, Tucson <i>Immigrant Effects and Socioeconomic Gradients in Cognitive Function among Mexican-Origin Older Adults in the US and Mexico</i> Stipica Mudrazija, University of Washington, Seattle <i>Current and Future Costs of Family Caregiving for Older Americans with and without Dementia</i> Q & A Consensus Development Discussion Flavia Andrade, University of Illinois Fernando Riosmena, University of Texas, San Antonio |
| 3:00 PM – 3:15 PM | Coffee Break |
| 3:15 PM – 4:45 PM | Juried Poster Session in Honor of Steven P. Wallace Adriana Reyes, Cornell University Terrence Hill, University of Texas, San Antonio |

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| 4:45 PM – 5:00 PM | Award Announcement David Lee, University of Miami |
| 5:00 PM – 6:15 PM | Speed Mentoring Session (Emerging Scholars Only) |
| | Sunshine Rote, University of Louisville Phil Cantu, University of Texas Medical Branch at Galveston |
| 6:15 PM – 8:30 PM | Mentoring Dinner and Awards Recognitions Titanic Brewery & Restaurant 5813 Ponce de Leon, Coral Gables, FL 33146 |

Friday, December 5th

Join via Zoom

<https://miami.zoom.us/j/99386615585?pwd=FPbAOfwxEdr3zbamNoqQobMNUOX4S9.1&from=addon>

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Passcode: 138887

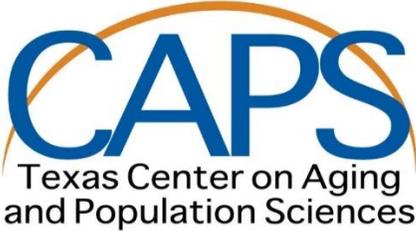
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| 8:00 AM-8:15 AM | Welcome Remarks David Lee, University of Miami Jacqueline Angel, University of Texas at Austin |
| 8:15 AM – 9:15 AM | PANEL 3 Sources of Vulnerability and Resilience, Exposomes, and Consequences for Retirement Health and Financial Wellness |
| | Octavio Martinez, University of Texas at Austin Health Equity, Aging, and the Exposome Mónica García-Pérez, Fayetteville State University, North Carolina- <i>From Health to Wealth, and Vice Versa: The Differential Effect of Health Changes on Individual Earnings and Household Wealth among Elderly Hispanics and Non-Hispanics</i> Ángela Gutiérrez, Western University of Health Sciences <i>Neighborhood Assets and Psychosocial Predictors of Cognitive Function Among Latinos in the United States, Western University of Health Sciences</i> Q & A Consensus Development Discussion Flavia Andrade, University of Illinois at Urbana-Champaign Fernando Riosmena, University of Texas, San Antonio |
| 9:15 AM – 9:30 AM | Coffee Break |
| 9:30 AM – 10:30 AM | PANEL 4 Health System Innovations to Address Challenges in Aging America |
| | Patricia Morsch, Pan American Health Organization <i>Strengthening Community and PHC Responses to Aging through Evidence-Based Interventions, PAHO, Health Aging in the Americas</i> Peter Berman, Havard University <i>Health System Strategies to Manage the Challenge of Aging Populations</i> Neil Charness – Florida State University <i>Approaches to Designing Health Technology to Support Aging Adults with and without Cognitive Impairment</i> Q&A Consensus Development Discussion Flavia Andrade, University of Illinois, Champaign Fernando Riosmena, University of Texas, San Antonio |
| 10:30 AM – 10:40 AM | BREAK |
| 10:40 AM-11:30 AM | PANEL 5 Consensus Building Synthesis Flavia Andrade, University of Illinois at Urbana-Champaign Fernando Riosmena, University of Texas, San Antonio (Chair) |
| 11:30 AM – 12:30 PM | LUNCH & CLOSING REMARKS |
| 12:30 PM –1:30 PM | CONCURRENT SESSIONS Publications Committee Jacqueline Angel, University of Texas at Austin (Chair) Mentored Publications Fernando Torres-Gil, University of California, Los Angeles (Chair) |

Rogelio Saenz, University of Texas, San Antonio
Christian Vazquez, University of Texas, Arlington
Marissa Gonzalez, University of Texas, El Paso

1:30 PM

MEETING ADJOURNED

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|  <p>National Institute on Aging</p> |  <p>Working together to work wonders.</p> |
|  <p>Hogg Foundation <i>for</i> Mental Health</p> |  |
|  <p>TEXAS The University of Texas at Austin</p> |  |
|  <p>Texas Center on Aging and Population Sciences</p> |  <p>POPULATION RESEARCH CENTER THE UNIVERSITY OF TEXAS AT AUSTIN</p> |



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