

GENDERED FAMILY STRUCTURE DISPARITIES IN LEISURE TIME

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MOTIVATION

- Contextual dimensions of leisure relatively unexplored
 - Type of leisure activity
- Gendered influences of marriage and parenthood
 - Quantity of Leisure
 - Quality of Leisure

GENDER DIFFERENCES IN LEISURE “QUALITY”

- Gendered constraints
 - Women’s leisure intertwined with care work
 - Men’s leisure limited by ideals of hegemonic masculinity
- Gendered advantages
 - Women’s leisure reflects “ethic of care”
 - Men’s leisure reflects individual preferences

RESEARCH QUESTIONS

- How is leisure influenced by
 - Gender?
 - Family structure?
- Do gender & leisure associations vary by family structure?
- Do patterns vary by leisure type?

DATA & SAMPLE

- **Pooled 2003-2013 American Time Use Survey**
 - Outgoing rotation of CPS
 - 24h “yesterday” time diary
 - What, when, where, with whom data
- **Analysis Sample**
 - Women (38,281)
 - Men (31,024)
 - 25 to 54 (prime working age)
 - Sample exclusions
 - Married but spouse absent
 - Retired, disabled, full-time students

ANALYTIC STRATEGY

- **Adjusted means from OLS regressions of leisure measures**
 - **Gender x Family Structure**
 - **Controls**
 - **Employment status**
 - **Education**
 - **Race-ethnicity**
 - **Age**
 - **Weekend diary day**
- **Weights used to correct for nonresponse and adjust for ATUS oversample of weekend diary days**

FAMILY STRUCTURE

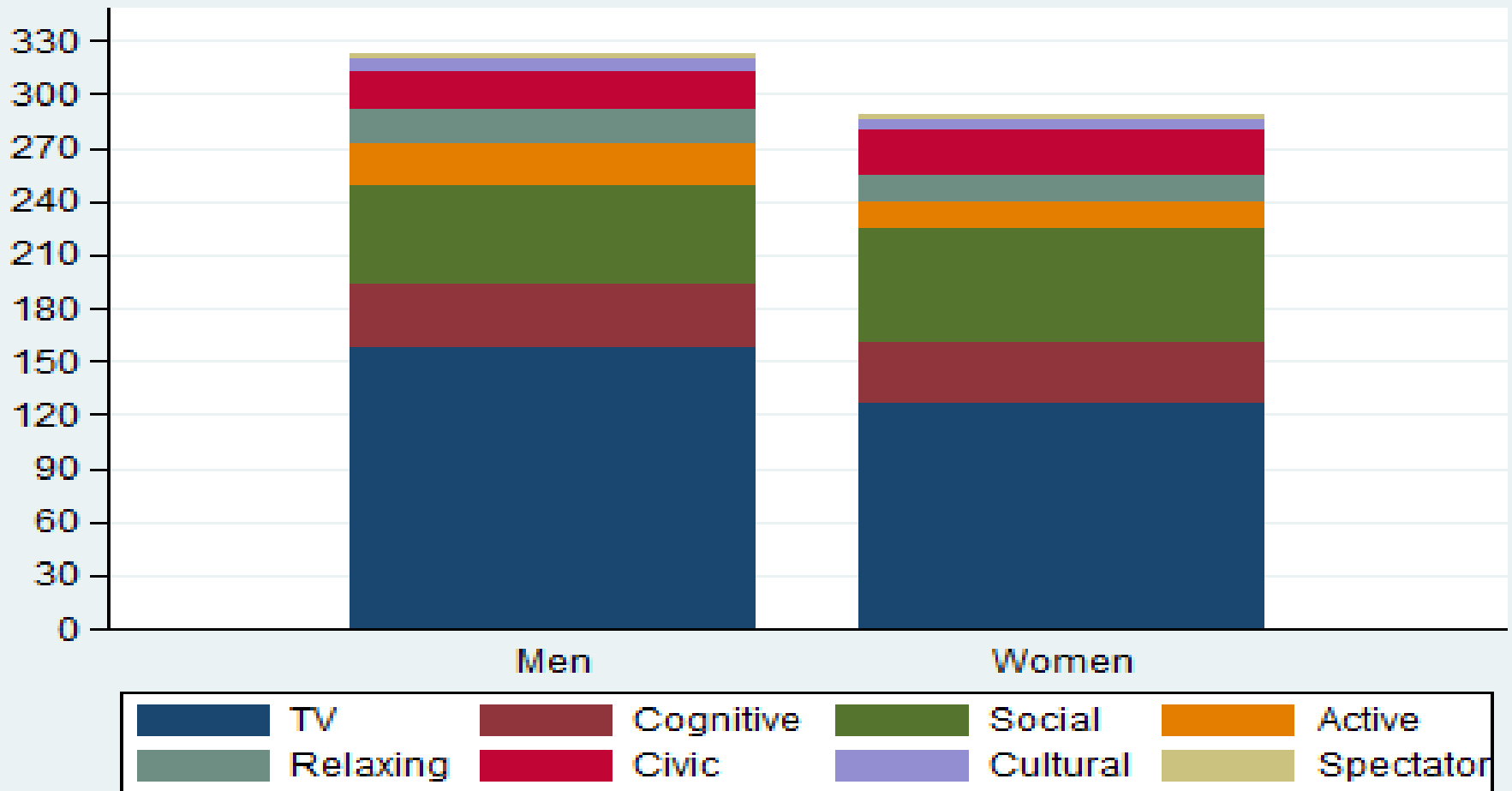
	Women	Men
Marital x Parental Status		
Single No Children	14%	20%
Single Parent	11%	3%
Cohabiting No Children	2%	3%
Cohabiting Parent	2%	2%
Married No Children	23%	21%
Married Parent	47%	50%

LEISURE ACTIVITIES: DISPOSITIONS & CAPABILITIES

- Total Uncommitted Time
- Leisure Activity Type
 - Television
 - Cognitive
 - Social
 - Active
 - Civic
 - Relaxing
 - Cultural
 - Spectator

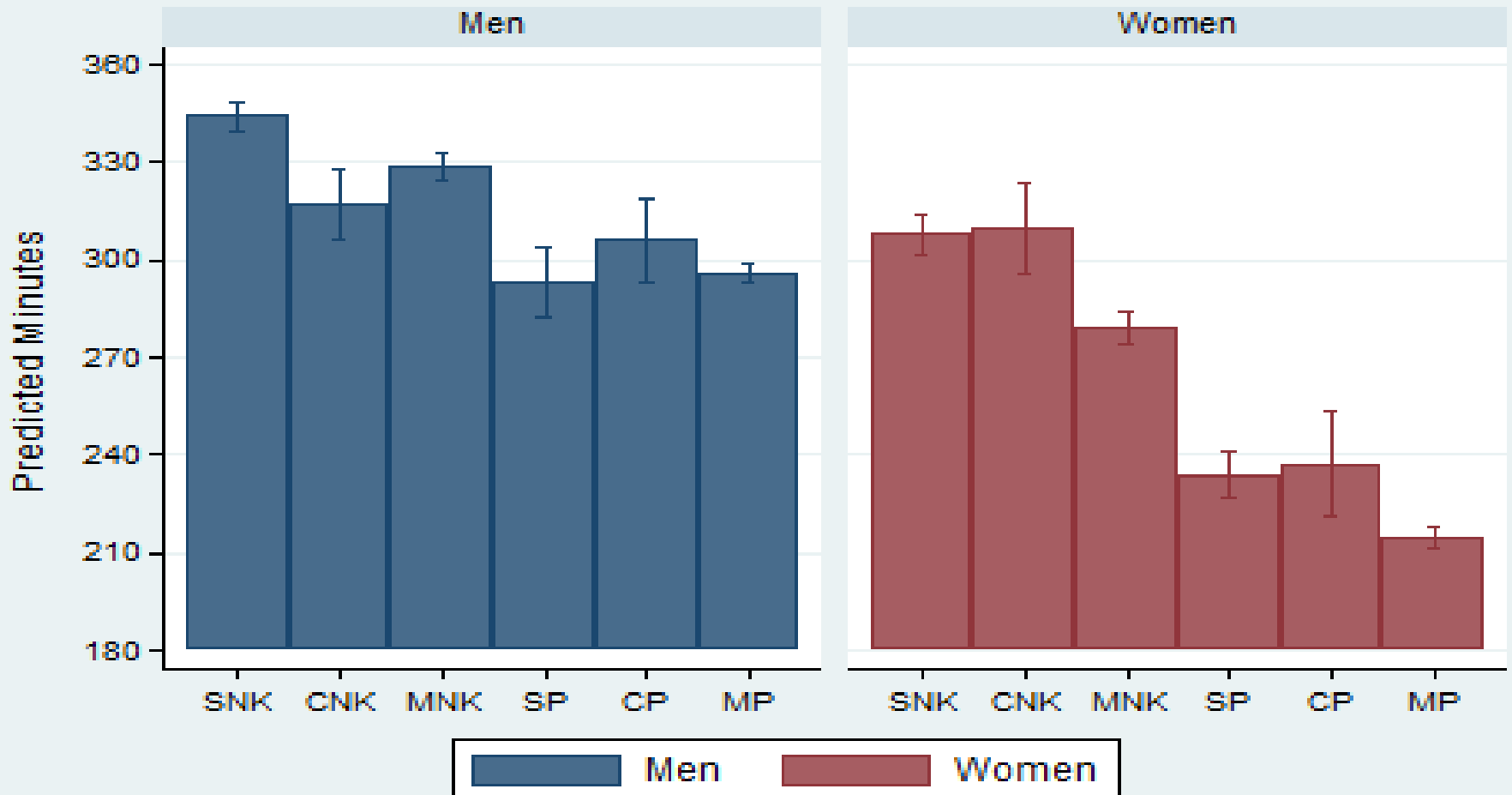
24 MINUTE LEISURE GENDER GAP

Gender Differences in Leisure Activity Type



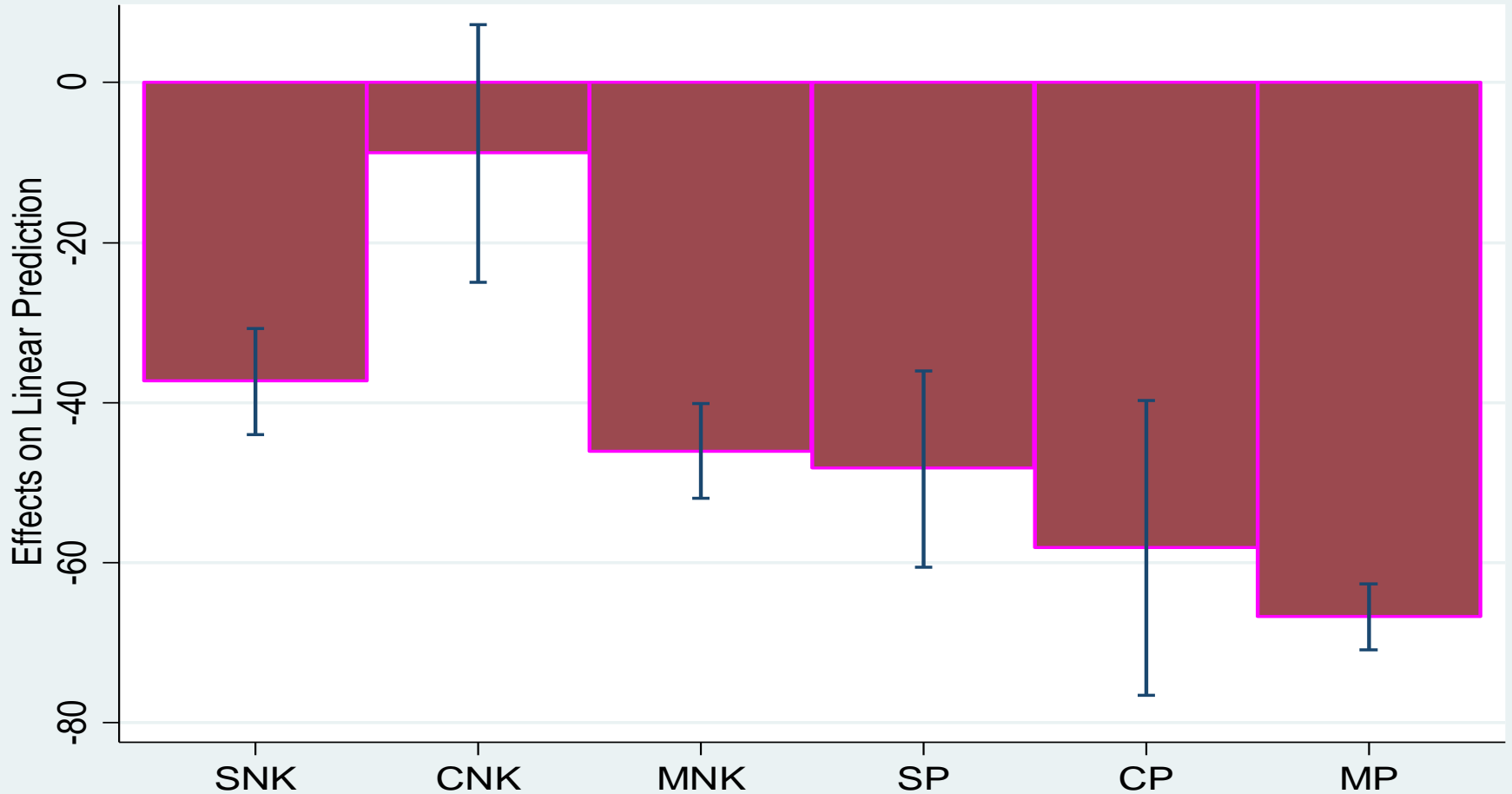
GENDER LEISURE GAP BY FAMILY STRUCTURE

Gender Differences in Free Time by Family Structure



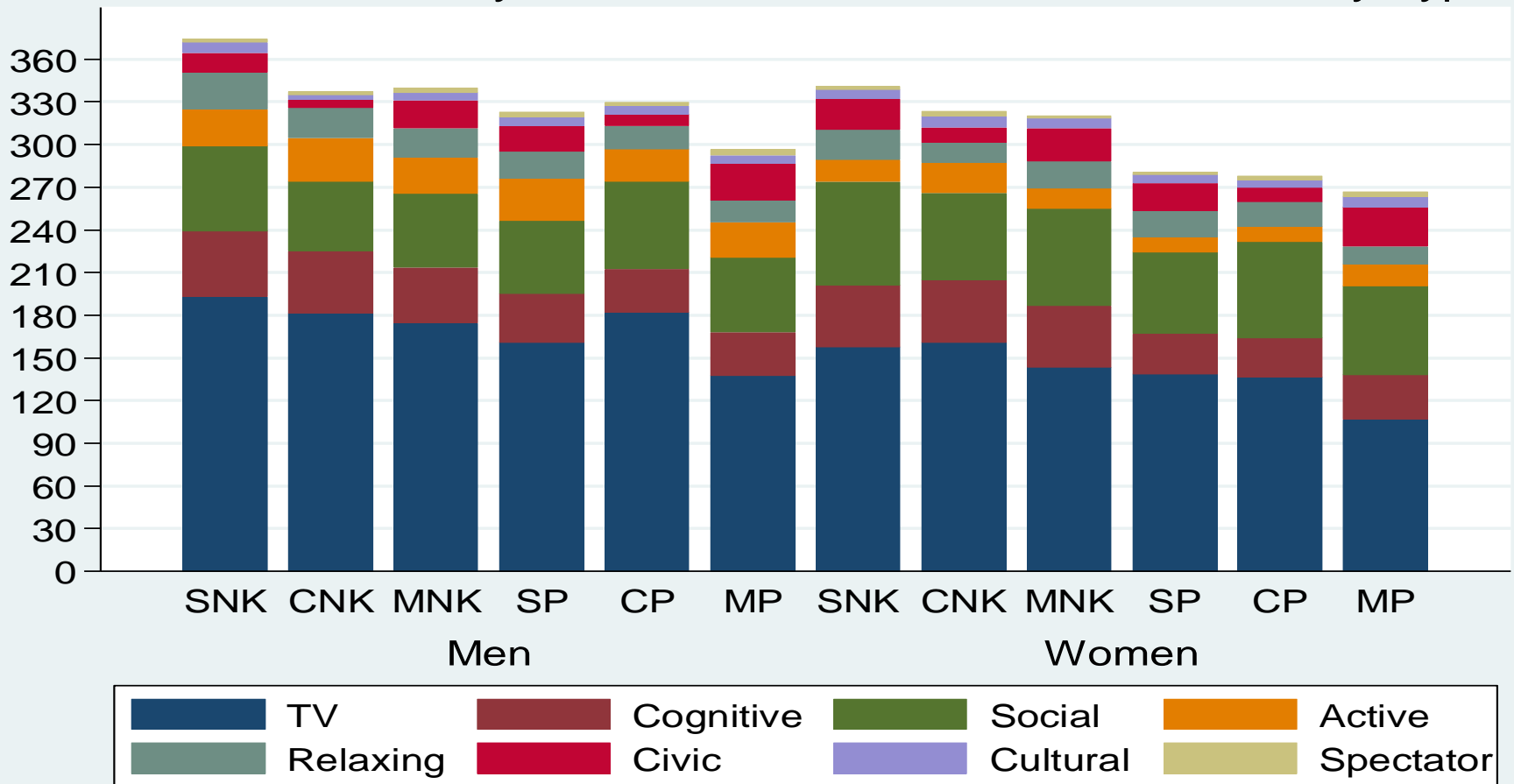
LEISURE TYPE GENDER GAP BY FAMILY STRUCTURE

Marginal Effects of Gender on Free Time by Family Structure



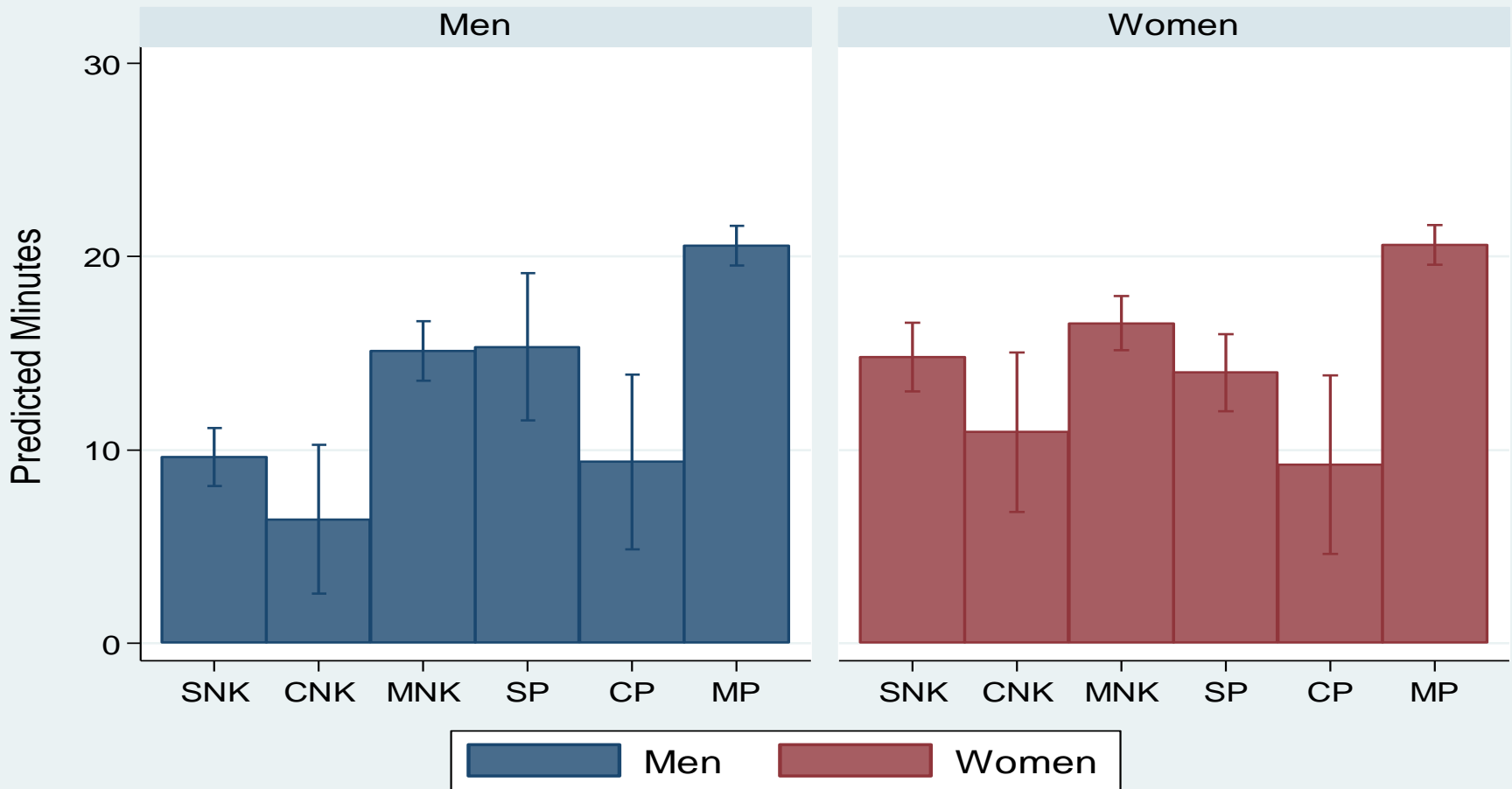
PARENTHOOD LEISURE GAP: LESS TIME BUT HIGHER QUALITY?

Gender and Family Structure Differences in Leisure Activity Type



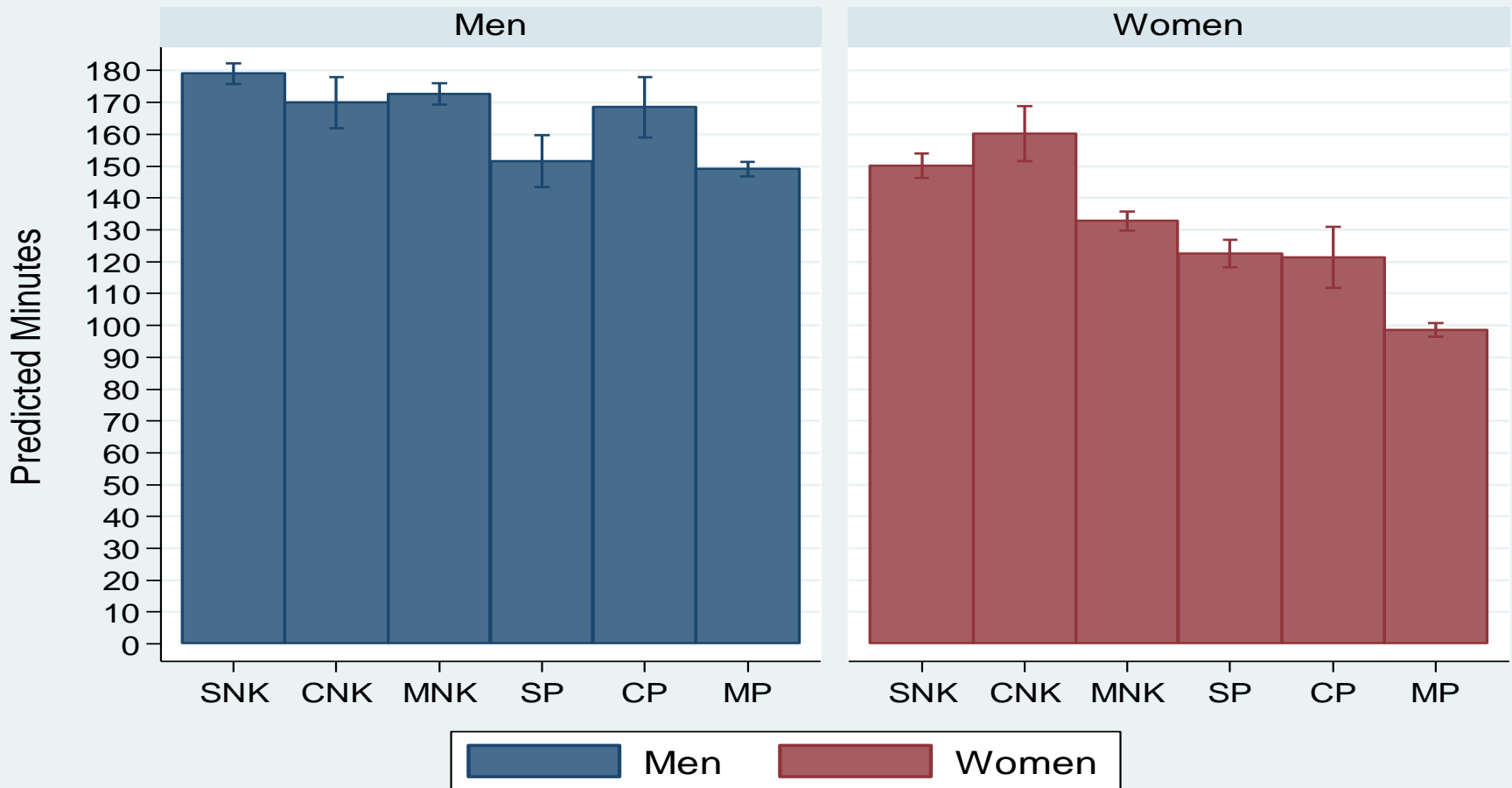
PARENTS: NOT BOWLING ALONE

Gender Differences in Civic Leisure by Family Structure



SINGLES: NETFLIX & CHILL?

Gender Differences in TV Time by Family Structure



SUMMARY

- **Gender Leisure Gap**
 - ½ hour gender leisure gap favors men
 - But most of it accounted for by TV time
- **Parenthood Leisure Gap**
 - Less TV, more Civic leisure for single and married parents
 - Partnership & parenthood stronger negative effect on mothers' leisure
- **Meaning of gender leisure gap ambiguous**
 - More time in sedentary leisure for single men with no children
 - Another indicator of disadvantage / social isolation?
- **Quantity versus quality of leisure warrants new investigations**