



One-Time Patient-Psychiatrist Consultations



CPAN psychiatrists can recommend and provide free, one-time patient consultations when indicated.



How it works:

Call CPAN at **888-901-CPAN (2726)** and dial 3, then 1, then 1 or text **512-575-2601** for a clinician-to-clinician consultation about your patient.



If...

during your call, the child psychiatrist indicates a 1:1 consultation with the child and the CPAN team may be of benefit,



Then...

they will discuss their reasoning for the 1:1 consultation and the next steps needed to prepare for the appointment.

Requirements:

- 1** The Pediatric Health Clinician remains the primary health provider.
- 2** The child is not experiencing a mental health emergency (threatening harm to self or others).
- 3** The child's parent or guardian gives written consent to the CPAN psychiatrist and agrees to be present during the 1:1 consultation.



Direct Consult FAQ



Can I request a direct consult?

The CPAN psychiatrist, in collaboration with you during the patient consultation, determines if a 1:1 consult will benefit the child and his/her parent or guardian.

How long does it take to set up a face-to-face consult with a CPAN psychiatrist?

The CPAN team will coordinate a one-time visit with the parent or guardian and child within 10-14 days from the time written consent has been obtained from the child's legal guardian.

What happens after a CPAN direct consultation?

The Pediatric Health Clinician remains the primary health provider. The CPAN team will provide the referring pediatric health clinician with:

- » Clarification on the presenting mental health issue.
- » Diagnosis of a specific mental illness (if applicable).
- » Treatment options.
- » Applicable psychosocial and educational resources/recommendations.

Those recommendations will be shared with you in writing and with a follow-up CPAN phone consultation. Once completed, the pediatric health clinician may share the full information with the family to discuss next steps in care.

Can I request more than a one-time consult?

The CPAN team does not provide ongoing care. If the young person is determined to need specialty care that the pediatric health clinician cannot manage, the CPAN team will work to locate appropriate resources or referrals and provide that information to the pediatric health clinician.

Does a direct consult cost anything for families?

The family is not charged for the assessment. The service is provided at no cost to the family.

To whom does the family need to provide consent?

The parent or guardian needs to provide consent to the CPAN psychiatrist.

What insurance is needed?

No insurance is needed from your patient. This is a one-time assessment and then you will continue to provide the care to your patient.