

# DAVIS RESEARCH PROJECT

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## A message from Su Yeong Kim, Chief Researcher

We are very pleased to have you continue with the Davis Research Project. In this issue, we highlight information on scholarships and also offer some easy-to-make recipes!

Please note that the project is now housed at the University of Texas at Austin. We look forward to your continued support and participation in the project! We can be reached by e-mail at [projectfamily@gmail.com](mailto:projectfamily@gmail.com), by phone at (415) 271-0390, 1-(866)7-FAMILY (toll-free), and on the internet at <http://webpace.utexas.edu/syk343/>. When you move or when your contact information changes, you can update your information on our website.

## Scholarships

Scholarships are awarded to students based on a range of criteria such as high academic performance, extracurricular activities, volunteer work, or athletic excellence. While the money may be free, applying for scholarships can be a long and involved process. For example, a scholarship application may require a personal statement, transcript, and several letters of recommendation. Given the amount of time involved, it is important to give the person writing your recommendation letter at least one month in advance of the deadline.

We recognize that students in this project may not attend college or many attend a college other than UC Davis. We encourage you to check your local schools' website for more information on financial aid. We focus on scholarships available at UC Davis because many of the students in the project are attending this school.

### UC DAVIS INFORMATION

Current UC Davis undergraduates can apply for scholarships by completing and submitting the Continuing Undergraduate Scholarship Application before the first of December. The application is available online at [www.financialaid.ucdavis.edu/scholarships](http://www.financialaid.ucdavis.edu/scholarships) after October 1. Undergraduates with a GPA of 3.25 or higher should apply for UC Davis Scholarships. All UC Davis undergraduates must also have a current letter of recommendation on file by December 2 to be eligible.



There are many scholarships available to students attending UC Davis. Listed below are brief descriptions on some that you may want to apply for. Please see the respective websites for more information.

**Thomas R. Pickering Foreign Affairs Fellowship**

Provides undergraduate and graduate funding to participants in preparation for entrance to the US Department of State Foreign Service. <http://www.woodrow.org>

**Barry M. Goldwater Scholarship**

Awarded to undergraduate students who show a strong commitment to a career in mathematics, natural sciences, or engineering. <http://www.act.org/goldwater>

**National Institutes of Health Undergraduate Scholarship**

Awarded to students interested in pursuing bio-medical research. <http://ugsp.info.nih.gov>

**Donald A. Strauss Foundation Scholarship**

The Donald A. Strauss Scholarship allows juniors to pursue a public service project during their senior year by providing \$10,000 for educational expenses. <http://www.straussfoundation.org>

**Harry S. Truman Scholarship**

For students pursuing a career in government or public service. <http://www.truman.gov/>

**Morris K. Udall Scholarship**

For students who intend on pursuing a career in environmental public policy, or Native American and Alaska Native students studying health care or tribal public policy. <http://www.udall.gov/>

You may be curious as to how many people actually acquire financial aid through UC Davis and what your chances of success may be for obtaining a financial aid scholarship.

In the 2005-06 school year, approximately 68.5% of all UC Davis undergraduates received some form of financial aid. The total financial aid awarded was \$196 million dollars.

UC Davis also awarded \$5.1 million in scholarships to undergraduates and over \$2.6 million in scholarships was awarded to UC Davis students by outside agencies. Remember to apply for scholarships outside of UC Davis as well as university sponsored scholarships.

This means that it is never too late to start applying for scholarships because there is a good possibility that you will be able to lower your educational costs for the upcoming academic year!

# Recipes

Here are some easy and quick recipes specifically designed for a busy individual. These recipes can not only save time and money, they are also quite easy and fun to follow!



## Ham and Lettuce Roll

Cost : Under \$5.00

Time: 1 Minute

Degree of Difficulty: Easy

Material (per serving)

- Few slices of ham
- Fresh lettuce
- Toothpicks

Procedure

1. Wash the lettuce
2. Cover the lettuce with a piece of ham
3. Use toothpick to pin it down



## Crispy Cauliflower

Cost : Under \$5.00

Time: 6 Minutes

Degree of Difficulty: Medium

Material (per serving)

- 1/4 of Cauliflower
- Few Garlic Bulbs (optional)
- Sauces (Oyster sauce, soy sauce paste)
- Prepared sesame seeds and seaweed.



Procedure

1. Cut the cauliflower and garlic bulb
2. Put the cauliflower and garlic bulb into a bowl with a cover, and then heat them for two minutes in the microwave
3. Dip them into a mixed sauce (Oyster sauce and soy sauce paste) with seaweed seasoning and eat it

## “Do It Yourself” Yogurt Drink

Cost : Under \$3.00

Time: 12-24 Hours

Degree of Difficulty: Easy

Material (per serving)

- One Cup of Milk
- Plain Yogurt
- Paper Towel and Rubber Band

Procedure

1. Heat the milk for 15 seconds in the microwave
2. Add three spoonfuls of yogurt into the cup with the milk and stir it gently
3. Cover the mouth of the cup with a paper towel and a rubber band and leave it overnight at room temperature
4. Use a clean spoon to take some yogurt out, add some water to it, and you've got drinkable yogurt. You can make more drinkable yogurt by adding more milk into the original cup of yogurt and milk mix



### *Are you Moving?*

Please update your address and phone number with us!

We would like to keep in touch with you for a follow-up project in the future.

Updating your information is easy:  
By Phone: (415) 271-0390

By Phone: (866) 7-FAMILY (This is a toll-free number.)

By E-mail:  
projectfamily@gmail.com

By Web:  
<http://webspace.utexas.edu/syk343/>

### **The University of Texas at Austin**

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## **Below Are Some Useful Websites to Find Recipes**



Easy Recipes for College Students:  
<http://www.dvo.com/easy-recipes.html>

Good Eats – Quick & Easy Food for Busy College Students:  
[http://www.unh.edu/health-services/good\\_eats/index.html](http://www.unh.edu/health-services/good_eats/index.html)

Simply Recipes Food & Cooking Blog:  
<http://www.elise.com/recipes/subject-index.php>