

Resource	Format	Topic	Block? PILLARS?	Type of Learning Style	Pros	Cons
Sketchy Pharm	Videos	Drugs (by class)	ALL	Visual	- Great for Memorizing	- Videos longer than Micro
First Aid	Book	STEP 1 Prep	ALL	Book learning	- Really great charts that synthesize the info from any given topic - Definition of high yield	- Kind of spark notes-esque - Not much actual explanation of the material
Boards and Beyond	Videos	Everything	ALL (especially 2 nd Semester)	Visual		
Anki	Flash-Cards	Everything (can make own decks or use pre-made)	ALL	Memorization Aid	- Research-backed Method for memorizing (spaced repetition) - Can make personalized decks	
Firecracker	Cases, Flash-Cards, and Topics	STEP 1 Prep	ALL	Memorization Aid and Info Summary	- Certain topics match closely with Dell Med exams	- Covers topics outside scope Of Dell Med curriculum - Less developed than other Popular resources
Q-Banks (Kaplan, USMLE RX, UWORLD)	Case Questions	Everything	ALL	Test Practice	- Helps model test taking feeling while studying - Begins prep for STEP 1 early	- Questions may be too high level for MS1 year
Osmosis Videos	Videos	Everything	ALL	Visual	- Great higher level summaries of a lot of material - Easy Youtube access	- Have to pay for the videos more and more

Genetics Home Reference	Website	Genetics	PILLARS	N/A	- Provides important genetics info for PILLARS LOs	
<i>Nature</i> Disease Primer (or <i>NEJM</i> , <i>JAMA</i> , <i>The Lancet</i> Sys Review)	Journal	Everything	PILLARS	Detail-Oriented Folks	- Will literally give you a full rundown of the whole case if it exists	- Definitely does not exist for every case - Will certainly have more detail than is necessary
Robbins	Textbook	Pathophysiology and Pathology	PILLARS + MOD	Textbook (if that makes sense)	- Provides what you need about pathology - Great figures	
Harrisons	Textbook	Internal Medicine (Read as: everything)	PILLARS	Textbook	- Thorough coverage of any medical condition that might come up in PILLARS	
Goldman-Cecil	Textbook	Internal Medicine (Read as: everything)	PILLARS	Textbook	- Thorough coverage of any medical condition that might come up in PILLARS	
Specialty-Specific Textbooks	Textbook	Anything is possible (on Clinical Key or AccessMedicine)	PILLARS	Textbook	- Gives more thorough coverage of topics than Harrisons or Goldman-Cecil	- Will almost certainly be more detail than is necessary
American Family Physician Journal	Journal	Differentials and Work-Ups of Common Presentations	PILLARS (esp. later in the year)	Flowcharts and Tables	- Great work-up flow charts and differential tables that synthesize information well	- Articles have too much detail

Lexicomp	Website	Drugs	PILLARS	N/A	- Everything you need for PILLARS drugs (PUMAC)	- Does not really distill important adverse effects from all possibilities
Netters Flashcards	Flash-Cards	Anatomy	S&F	Visual	- Hits pretty much everything Dr. Miller, Taboada, etc. want you to know	
Anatomy Coloring Books	Coloring Book	Anatomy	S&F	Visual, Reading/Writing, Kinesthetic	- Good for solidifying spatial reasoning of anatomy	- Takes a long time to color
Sketchy Micro	Videos	Microorganisms (bacteria, viruses, fungi, parasites, protozoa)	FOD	Visual	- THE RESOURCE for FOD	
Sketchy Path	Videos	Pathology of all kinds	MOD	Visual	- Great for Memorizing	
Pathoma	Videos	Pathology of all kinds	MOD	Visual	- The high yield resource for MOD	