



The University of Texas at Austin
Dell Medical School

Student Senate Agenda

Location: HLB Conference Room 4.105

Date: Tuesday, October 15th 2019

Time: 6:00pm - 7:30pm

Agenda Items:

- I. Observation of Attendance and Quorum
 - A. Attendance logged digitally [here](#).

- II. Approval of Minutes from Last Meeting (09.04.19)
 - A. Minutes found digitally [here](#).
 - B. Motion to approve the minutes: Taylor moves to approve, Noah seconds.
Approved unanimously.

- III. Task Force Objectives and Key Results Reporting
 - A. Round 1: 15 minutes
 - Communication
 - a) Outlook Student Body Calendar (37.5% complete)
 - (1) Working with Kamran in IT to create an Outlook resource to act as an integrated student calendar/room reservation system
 - b) Paid Slack Workspace (-63% complete)
 - (1) Exploring the idea of a paid Slack workspace. Very long shot and initial meeting was not promising.
 - c) Parking Expectations (10% complete)
 - (1) Attempting to better clarify the parking situation at Dell so that future classes know what they're getting into.
 - Senate of College Councils: See OKR document.
 - Constitution and Bylaws: See OKR document.
- B. Round 2: 15 minutes
 - Coffee Break: more mugs need to be ordered so this process is going to begin now! Will utilize more formal shift sign ups for the next coffee

break on November 19. New 9 AM start time worked well and we will continue to do this moving forward. Thank you to everyone who helped today and attended.

- DMKI: See OKR document.
- Innovation: See OKR document.
- Elections: See OKR document.

IV. **Culture of Wellness**

A. Wellness Task Follow-Up: Megan (5 minutes)

- Restocking Society Lounges: Girija reports for Alex that all the budget requests were approved, lounge supplies will be purchased this coming week.
- DOCS 2 event and Calendaring: Sam is in Docs group 2 → there will be an announcement by the end of the day today. Budget is prepped. Date is **10/28/19** (Monday) in the evening, from 6-9, will be a pumpkin carving, movie time, and Halloween snacky snacks.

B. Mentorship Program: Megan and Brooke (10 minutes)

IDEA: Each person would automatically get a mentor, not a Big Brother/Big Sister program, but a program in which every MS1 has some upperclassman mentor that acts as a coach. This will help with processing clerkship feedback from MS2 year especially. MS2, MS3, and MS4s can volunteer to become a mentor. By design, MS3s would be matched with MS1s (exceptions as we launch). Likely each mentor will have 2-3 mentees. Would want to give training for how to give feedback and help students build their skills to ensure the success of this program.

- Aydin: other schools do this and they found that when they match TOO closely that it doesn't work as well. For example, if you are interested in something specific you'll find that person regardless. This mentor would be more of a general mentor (less specialty specific). Make it simple is good advice. We have schools we could ask for advice from.
- Needs: a design for mentor training to teach feedback, how to take it and give it, the ins and outs of 'coaching' → perhaps having some options. NOT a program for just anyone who wants to sign up to be a mentor; there has to be a willingness to engage in learning and growing to meet the needs of the roll. This will also help for skill development as we move into residency and teach students/interns.
- Lana: Perhaps we get a beta program off the ground this year and take the feedback to build the program out. Do good documentation of experience and lessons learned. PDSA cycles.
- Next steps: Meet as a small group and formulate a Beta rollout plan for next Senate meeting. Next steps include identifying interested mentors.

C. Task Force Tracking: Charlotte (15 minutes)

- Last meeting, thinking of moving some things around in order to create a “culture” task force that encompassed things like SOCC/DOCS events/societies/wellness etc.
 - a) Desired outcome of increased visibility for what Senate is doing. Charlotte has created a real time task tracker; it focuses on our four purposes and the workload of task forces.
 - b) Woody: likes that there is focus on real purpose of Senate rather than creation of task forces or other unnecessary small groups.
 - c) Lana: how will this functionally impact Senate? Charlotte: standing agenda item to update this doc together during the meeting. Would like to send out this whole document to the SB each time minutes are sent out as a supplement for more transparency into Senate work.
 - d) (Discussion ensues on how this might help more things happen with a little less stress for Dellegates.)
 - e) Should we call these four areas of concern ‘pillars’ or ‘buckets’ or ‘folders’ or some other lame word?
 - f) Virginia: Who’s in charge of each pillar? Charlotte: There needs to be a ‘leader’ of each pillar that has vision to keep the group and direction of Senate on track.
 - g) Next steps: Charlotte to share her document with the Senate. Update it for your areas before the next meeting.

V. **Student Representation**

- A. Constitution Update - Brooke (10 minutes)
 - Brooke to send out an email to the student body on the current constitution and proposed changes to Article II. Petition creation and signature form to follow.
- B. Opening Senate Meetings - Sam (10 minutes): Perspectives → senate can seem very ‘other’ to the student body.
 - Possible solution: Allow for students to come to the meetings when they want. Would require publishing the agenda a few days in advance so people could know what might be talked about. Whether or not many people come, it will communicate that we are open to the student body. Risks on decreased efficiency if every Senate meeting might become a town hall, but there are great opportunities for more openness. We need clear rules and expectations.
 - Next steps: Sam to create guidelines to present next meeting for discussion.

VI. **Academic/Professional/Personal Development**

- A. Send out reminders for mental health and wellness resources in this week’s email? Carrie Barron, UT Counseling and Mental Health, etc. - Taylor (2

minutes) think this may be an important thing to highlight in this week's email since we talked about it on Friday :)

- [UT Counseling and Mental Health](#)
 - CARE Counselor: Gretchen Rees, LCSW-S call her at and leave a message (512) 232-4701 - <https://cmhc.utexas.edu/CARE.html>
 - Additional wellness resource (announced May 31, 2018):
 - a) Carrie Barron is Dell's new Wellness Champion and Director of Creativity for Resilience. As a blogger, author, psychoanalyst, talk- therapy oriented psychiatrist and mother of three, she is here for meaningful conversation, support and exploration of personal goals. No reporting. Completely confidential. Just for you. For twenty years, Carrie helped Columbia University students, staff and faculty in her Manhattan office mine personal strengths for vitalized living. Swing by, say hi and "set a while." Sometimes you just need someone to talk to. Email her at carrie.barron@austin.utexas.edu or stop by her office in HDB 5.814.
 - You can always email or call Steve Smith and meet with him as well!
- B. Policies for USMLE- Sam (student feedback)

VII. **Communication**

- A. Student Body Feedback - Megan (5 minutes): Cleaning up lounges - they are gross and stuff doesn't get cleaned, microwave is broken. Student affairs are now aware. Senate is working on ways to make the lounges cleaner but we need everyone's help - do your part because we are all sharing the space. Thank you!

VIII. **Student Affairs Update**

- A. Society points will be earned for attendance at events via QR code - stay posted!

IX. **Violets:**

- A. Charlotte, for making a cool new tool and way of looking at Senate structure.
- B. Constitution task force for proposing some much needed amendments to the Constitution.

X. **Action Items**

- A. Set up Beta test of mentor program
- B. Create guideline for non-senate participation in meetings
- C. Update the SenateTaskTracker (Charlotte's document)
- D. Send out reminder for mental health resources with links