

WELCOME TO OUR  
**Weekly Newsletter**  
*Hook 'em*



HAPPY SPRING SEMESTER

## Meeting Dates

- Thursday Jan 26th @6pm (1.108) - with Dr. Hernandez and Yuri
- Thursday Feb 9th @6pm (1.108) - with Yaritza Ruiz
- **Thursday February 23rd @6pm (1.108) - with Lauren Sanchez, LCSW (Care Counselor)**
- **Thursday March 9th @6pm (1.108) Virtually - OFFICER ELECTIONS**
- **Thursday March 23rd @6pm (1.108) - Grad Student Presentation**
- **Thursday April 6th @6pm (1.108) - BANQUET**

## Member Requirements

### AKA: HOW TO GET INVOLVED!

1. You must attend 4 general meetings
2. You must attend 3 social events
3. Must obtain 6 volunteer pts (3 hours with HNSA)



# Social & Volunteer events

VOLUNTEER WITH US AND ATTEND A SOCIAL EVENT TO GET TO KNOW YOUR PEERS AND OFFICERS!

## Vision Board Social



We made vision boards including all of our goals for this new year! Thank you, Rachel and everyone who came for an amazing social!



## Refugee Services

**MULTIPLE ORIENTATION DATES**

Help set up an apartment for a newly arrive refugee. Options: cultural orientation, English language classes, and Child care.

4300 N. LAMAR BLVD



## Caritas of Austin

**02/13/2023**

Caritas is officially opening up its community kitchen to dine-in services starting Monday!

611 NECHES ST. AUSTIN

# Announcements

## HNSA IM Team

### OUR VOLLEYBALL TEAM

Join our volleyball team! Come cheer for our team at the games! 1 social point for playing or for attending.

FIRST MEET: FEB 14TH



TOGETHER WE  
RAISED  
**\$420**

**Thank you to everyone who helped  
fundraise for HNSA! Keep an eye out for  
more fundraisers this semester!**

# Guest Speaker

SON Director of Special Events, Student Leadership  
Development & Scholarships



**Yaritza Ruiz**

- Education: The University of Puerto Rico, 2005 & InterAmerican University of Puerto Rico, 2009
- Specialty: Masters in Counseling, Bachelor's in Industrial/Organizational Psychology
- Words of Wisdom: Everyday is a chance to transform your future; don't miss the daily opportunity to face the day with a growth-driven mindset, curiosity, and motivation.

# A note from your secretary

HI HNSA!

Thank you for reading our latest newsletter! Make sure to read after meetings for a recap of all our events and ways you can get involved in your community! Feel free to reach out if you want to chat! :)

Your Secretary,

*Alejandra Ponce.*

## We're on Instagram and Facebook!



@HNSA\_UT



Hispanic Nursing Student Association  
(Official Page)



Join the Group Me!



Join the new Canvas page!

YURI GAMEZ BSN, RN: YGAMEZ@UTEXAS.EDU  
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