



# The University of Texas at Austin School of Social Work

## GERONTOLOGY RESOURCES SYMPOSIUM

### ISSUES IN AGING AND SEXUALITY

Friday, April 8, 2016, 9:00 a.m. – 4:00 p.m.

Thompson Conference Center, UT Campus

Fee: \$50 for half day; \$90 for full day; \$15 late fee applies after 4/1/16

TO REGISTER: [socialwork.utexas.edu/event/issues-in-aging-and-sexuality/](http://socialwork.utexas.edu/event/issues-in-aging-and-sexuality/) • 512-471-2886

#### 9:00 a.m. – 12:00 p.m. – Biopsychosocial Factors Related to Age and Sexuality

This workshop provides an overview of physiological changes related to health and age in both biological genders. Health conditions and disease effects further compound physiological changes and as result have both direct and indirect effects on sexuality. Psychosocial factors are equally important contributors to both age and sexuality changes across the lifespan. In this workshop psychosocial factors will be explored through experiential exercises, small group discussion, and individual reflection periods. Since cultural competence related to sexuality is vital to develop strong therapeutic relationships, cultural differences will also be addressed. CEUs: 3.0

#### 1:00 p.m. – 4:00 p.m. – Older Adults and Sexuality in Long Term Care Settings: Ethical Considerations

Long term care facilities face an array of challenges related to sexuality and sexual expression among residents. Dementia-related changes further complicate these challenges. Staff should be equipped to address ethical dilemmas through engaging in effective ethical decision-making. In this workshop, attendees will examine ethical decision making practices related to sexuality in long term care facilities. Sexuality and dementia will be explored through experiential exercises, small group discussion, and individual reflection periods. The workshop will also offer policy strategies to address sexuality and sexual expression in long term care facilities. CEUs: 3.0 (includes 3.0 Ethics)



**Shelley Imholte, LCSW**, is the owner and operator of Sexual Life Improvement, PLLC, in Austin, Texas. As a clinician in private practice Ms. Imholte has experience working with an array of sexual concerns including physiological issues, as well as sexual orientations, and alternative sexual practices. At Sexual Life Improvement, PLLC Shelley offers services to adult individuals, couples, and persons in multi-partnered relationships. In addition to being a small business owner Ms. Imholte attends Widener University as a doctoral student where she is studying Clinical Human Sexuality.

- Contact Liz Nowicki at [Lnowicki@austin.utexas.edu](mailto:Lnowicki@austin.utexas.edu) for Resource Fair Information •



Gerontology Resources and the Aging Community  
in Education  
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University of Texas at Austin School of Social Work

