The University of Texas at Austin
Institute on Domestic Violence & Sexual Assault
Steve Hicks School of Social Work

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Bystander Intervention Program Needs Assessment:
Findings Across UT Academic Institutions

EVALATION GOALS - identify the strengths, challenges, and needs of eight[1] UT institutions' bystander intervention (BI) programs.
EVALATION METHODS - web-based survey with eleven participants from eight institutions.

BI OVERVIEW:

Bystander Intervention (BI) is most effective as one component of an institution's established Prevention and/or Intervention initiative. All eight UT academic institutions offer bystander intervention programming as part of their Prevention, Intervention, Education & Awareness, and Risk Reduction initiatives.
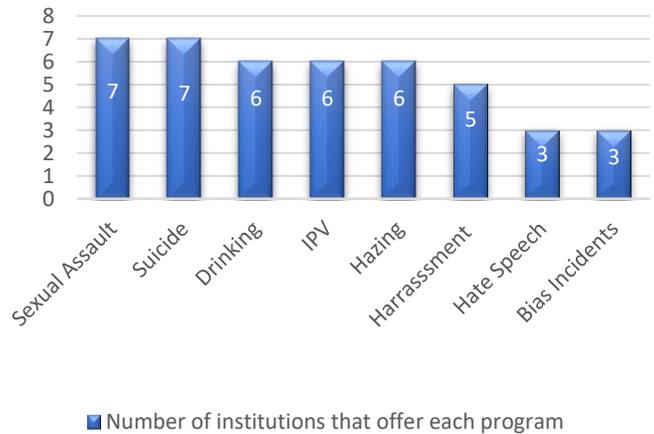
HARMS ADDRESSED BY BI PROGRAMS:

- High-risk drinking
- Sexual Assault
- Hate speech
- Harassment
- Suicide
- Hazing
- Interpersonal violence
- Bias incidents (i.e. racism, sexism, homophobia)

GROUPS REACHED BY BI PROGRAMS:

- First generation students
- Heterosexual students
- LGBTQ+ students
- New/Transfer students
- Graduate students
- Spirit group members
- Fraternity & sorority members
- Student activists
- Student athletes
- Student leaders
- Students of color
- Students with disabilities
- Staff and faculty

BI Program Prevalence N=8

Category	Value
Sexual Assault	7
Suicide	7
Drinking	6
IPV	6
Hazing	6
Harrassment	5
Hate Speech	3
Bias Incidents	3

■ Number of institutions that offer each program

BI PROGRAM DELIVERY:

Workshops are the most common type of BI program delivery across institutions. Most institutions implement a myriad of prevention initiatives such as social media campaigns, awareness campaigns, posters, presentations, etc.

BI Programming:

- **All (8 of 8)** have student employees or volunteers to facilitate BI programming
- **6 of 8** have dedicated staff to facilitate BI programming

BI Workshop Delivery N=8

n=1
n=4
n=3

- ■ Multi-Session
- ■ Both
- □ Single Session
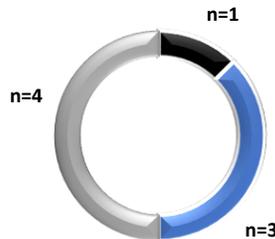
BI Workshops:

- **7 of 8** offer open BI workshops
- **5 of 8** offer BI workshops that have been requested
- **4 of 8** offer BI workshops during academic classes
- **2 of 8** offer BI workshops during new/transfer student orientation
- **2 of 8** offer BI workshops during faculty and staff meetings

Frequency of BI Programing Per Semester n=7

Frequency	Value
10-14 times	1
6-9 times	2
2-5 times	2
Once	2
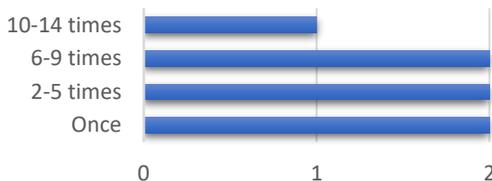
Length of BI Workshops Per Session n=6
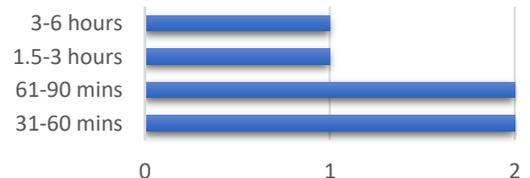
Length	Value
3-6 hours	1
1.5-3 hours	1
61-90 mins	2
31-60 mins	2

BI PROGRAM EVALUATION:

BI initiatives focus on several skills-based topics through their programming and evaluations. The graph below identifies the BI workshop topics as well as those evaluated post-workshop.

BI Program Session Topics and Evaluation Prevalence N=8

Legend: ■ Count of BI program topics ■ Count of BI program topics evaluated
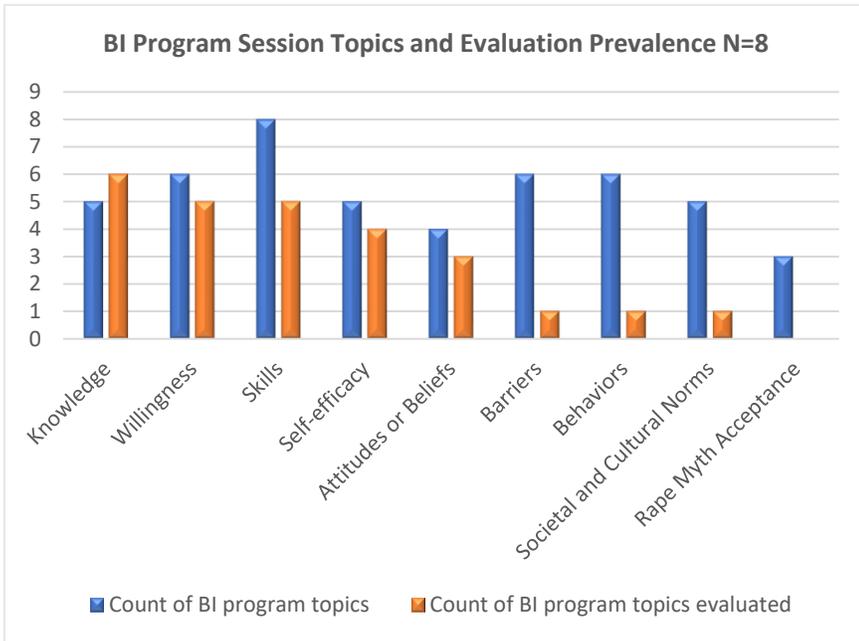
- **6 of 8** administer pre and post-test to evaluate program activities

- **3 of 8** use a combination of evaluation methods in addition to pre and post-test including focus groups or online tools

- **6 of 8** share evaluation results with staff and volunteers for program improvement purposes

- **4 of 8** share evaluation results with institutional leadership for standard reporting requirements

BI Workshop Evaluation Methods N=8

n=1
n=4
n=3

Legend: ■ Pre & Post-Test ■ Combination ■ None
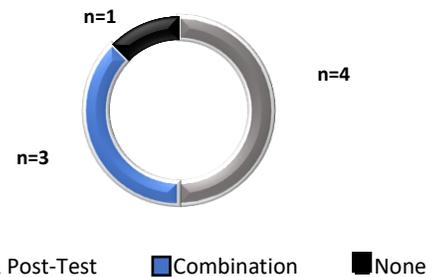
STRENGTHS, CHALLENGES, & NEEDS:

Responses from the survey regarding strengths and challenges are in reference to BI program implementation. The data below represents the **top three** responses in each category; for example, three participants identified dedicated funding as a top-three strength when implementing BI programs at their institution.

TOP THREE NEEDS:
1. Increased funding
2. Additional trained personnel
3. More time for program evaluations

Frequency of Top Three Program Implementation Strengths n=7

	Value
Feeling Personally Knowledgable	5
Dedicated Job Responsibilities	4
Dedicated Funding	3
Leadership Support	3
Departmental Support	2
Sufficient Facilitator Training	1
Societal Support	1
Good Program Attendance	1
Sufficient Staff	0
Culturally Sentive Programs	0
Sufficient Space	0

Frequency of Top Three Program Implementation Challenges n=7

	Value
Insufficient Staff	4
Competing Job Duties	4
Lack of Funding	2
Lack of Leadership Support	2
Insufficient Facilitator Training	2
Societal Resistance	2
Poor Program Attendance	2
Non-Culturally Sentive Programs	1
Lack of Departmental Support	1
Not Feeling Personally Knowledgable	0
Insufficient Space	0

*For any questions, please contact Noël Busch-Armendariz, Principal Investigator, at nbusch@austin.utexas.edu

Busch-Armendariz, N.B., Rabideau, D., Sulley, C., Jimenez, A., & Duran, J. (2020). Bystander intervention program needs assessment: Findings across UT academic institutions. Austin, TX: Institute on Domestic V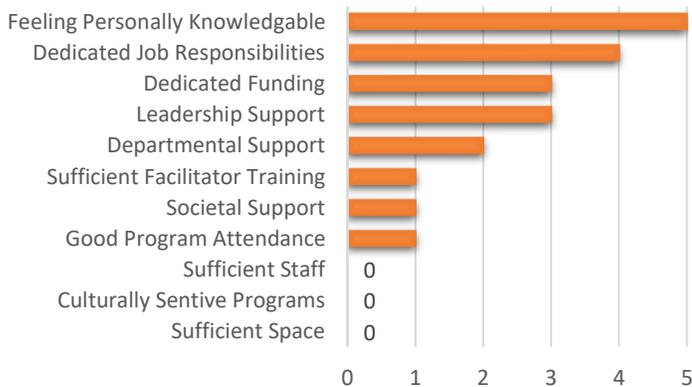iolence & Sexual Assault, The University of Texas at Austin.