



OKLAHOMA DRUG & ALCOHOL PROFESSIONAL COUNSELORS ASSOCIATION

www.ODAPCA.org

SOUTHERN PLAINS TRIBAL HEALTH BOARD



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#### INTRODUCTION: NATIVE COMMUNITIES

**Oklahoma is rich in Native culture**. There are 39 federally recognized tribes each with their own distinct traditions, foods, dances, and spiritual practices. It is essential for professionals to understand how to provide culturally appropriate services to the Native American community and their clients.

It is no surprise that Native communities are often disproportionately affected by substance abuse and addiction. Indigenous populations are more likely to report:

- × A higher history of substance abuse
- × Polysubstance use
- × Domestic abuse

INTRODUCTION

- **×** Thoughts of suicide or suicide attempts
- × A history of depression
- **×** Difficulty finding or maintaining steady employment
- **×** Difficulty in obtaining a secondary education









#### INTRODUCTION: CUSTOM NATIVE STRATEGY

Strategies that blend traditional native teachings with evidence-based practices are found to be more effective. Traditional practices include but are not limited to:

- × Powwows
- × Talking circles
- × Art circles
- \* Ceremonial tepee construction
- × Drum groups
- × Meditations with elders
- **×** Smudging ceremonies
- × Sweat lodges
- × Sun dances
- × Vision quests
- × Purification sweats
- × Medicine wheel



INTRODUCTION







#### **INTRODUCTION: WHAT'S SUCCESSFUL?**

The most successful tribal treatment programs are based on traditional healing approaches and a combination of evidence-based practices. Using traditional healing to address substance abuse and mental health problems in combination with westernized approaches may provide a more holistic approach to treatment.

Substance abuse prevention and treatment programs should always be respectful of a person's culture, beliefs, practices, and language needs. It's important that intervention and prevention efforts tailor information to address the community it is serving—whether Native American or any other ethnic or religious group.

A certification is a voluntary process and can be mandatory or required to practice in certain states and tribal programs for financial and grant purposes. Certifications are for the purpose of providing the public confidence that individuals who have successfully met all requirements are capable and have demonstrated their ability to perform their profession competently. It represents the achievement of a level of professional competency agreed by a national or state community as qualified to practice effectively. In most states, holding a certification can be the basis for which an individual can easily obtain a license.

The Oklahoma Drug & Alcohol Professional Counselor Association (ODAPCA), the Oklahoma Association on Problem & Compulsive Gambling (OAPCG), and the Southern Plains Tribal Health Board (SPTHB) recognize the barriers and obstacles that are present in Native communities both towards attaining certifications and receiving training and educational opportunities that will assist a tribal program in providing services. Therefore, three new certifications specially designed for Indian Country are now available through ODAPCA.





# INTRODUCTION



#### INTRODUCTION: CERTIFICATIONS

The Native American Behavioral Health certifications will combine the best evidenced-based and traditional healing practices for the following certifications:

- × 1. Addiction Specialist Certification (ASC)
- × 2. Peer Recovery Specialist Certification (PRSC)
- **×** 3. Prevention Specialist Certification (PSC)





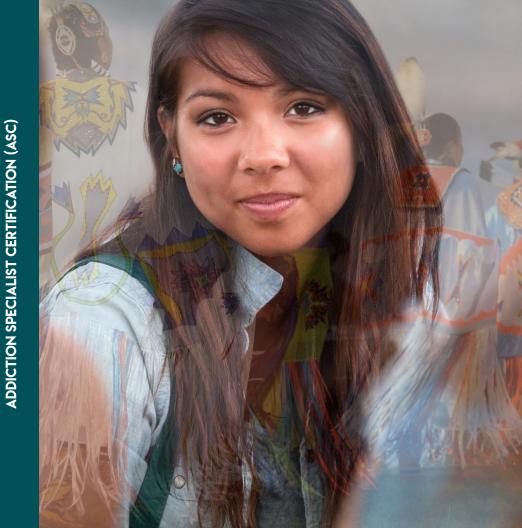




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- QUALIFICATIONS 🗙
- APPLICATION FOR CERTIFICATION 🗙
- CONTINUING EDUCATION REQUIREMENTS
  - KNOWLEDGE AND SCOPE OF PRACTICE 🗙



## 1. ADDICTION SPECIALIST CERTIFICATION (ASC)

#### A. QUALIFICATIONS:

- \* An associate degree or 60 hours of college credit and 5 years of continuous work experience in a substance abuse treatment facility/program: or
- \* A bachelor's degree or 120 hours of college credit and 3 years of continuous work experience in a substance abuse treatment facility/program.
- Be a member of a federally recognized tribe (CDIB required) or be currently employed and/or volunteer with a tribal program in which treatment and/or prevention from an addictive disorder is the primary goal (i.e. prevention and recovery program, tribal substance abuse treatment program either outpatient or residential, halfway house or sober living environment, tribal court, injury prevention, etc.).
- × Must not be currently involved in any criminal legal proceedings.
- \* Not be engaged in any practice or conduct which would be grounds for denying, revoking, or suspending a certification.

#### **B. APPLICATION FOR CERTIFICATION:**

- **x** Application must be completed in full and legible according to the instructions.
- × Application fee must be submitted.
- × Application form must be signed.
- ★ Documentation of current employment status by a tribal Human Resources Department. If not currently employed must possess a Certificate of Degree of Indian Blood.
- ★ A sealed copy of your official university or college transcript.



## ADDICTION SPECIALIST CERTIFICATION (ASC)



- \* Applications shall be submitted to and approved by the Certification Committee prior to eligibility of taking the certification exam.
- \* Applications shall only be valid for a period of twelve (12) months.
- × Submit three (3) personal references.
- \* One page typed and doubled spaced personal philosophy.
- \* Signed Native American Behavioral Health Certification Code of Ethics (NABHC).

#### C. CONTINUING EDUCATION REQUIREMENTS (CEU):

- \* The following criteria will be used to determine the approval of acceptable CEU courses.
- \* ASC must complete twenty (20) hours of continuing education units per year.
- **x** At least three (3) of the continuing education hours must be in ethics.
- **x** Approved conferences and trainings provided by the following organizations:
  - 1. Oklahoma Drug & Alcohol Professional Counselors Association.
  - 2. Southern Plains Tribal Health Board.
  - 3. Oklahoma Tribal Epidemiology Center.
  - 4. Indian Health Service.
  - 5. Oklahoma Department of Mental Health & Substance Abuse Services.
  - 6. Oklahoma Association on Problem & Compulsive Gambling.
  - **7.** Any trainings that meet the requirements for CADC, LADC/MH, LPC, LMFT, LBP, LCSW, CPS or CME continuing education are approved.



## ADDICTION SPECIALIST CERTIFICATION (ASC)



- 8. Any required undergraduate or graduate course in a behavioral health related field from an accredited university/college. One (1) CEU hour will be given for each three (3) hour university/college course.
- ★ An official continuing education validation form or certificate furnished by the sponsor/presenter indicating number of CEUs given for the course; and/or a copy of the agenda showing the content and presenter for the course must be kept for a period of 12 months for audit purposes.
- ★ Failure to complete the continuing education requirements and submit the required documentation by the renewal date renders the certification in suspension, and results in the loss of all rights and privileges of a NAPRC. Certification may be reinstated during a period of no longer than six (6) months following the suspension date. If not reinstated the certification shall become null and void.

#### KNOWLEDGE AND SCOPE OF PRACTICE:

ADVOCACY

- \* Serve as the client's advocate within tribal and non-tribal programs.
- ★ Assure that the client's choices define and drive their recovery.
- × Encourage clients to self-advocate.

#### TREATMENT

- ★ Develop individualized culturally appropriate treatment plans.
- ★ Maintain adequate clinical records in accordance with 42CFR.
- Facilitate educational and psychoeducational groups.



## ADDICTION SPECIALIST CERTIFICATION (ASC)



**×** Assist in creating a crisis/relapse prevention plan.

#### ETHICAL RESPONSIBILITY

★ Sign and adhere to the NABHC Code of Ethics.



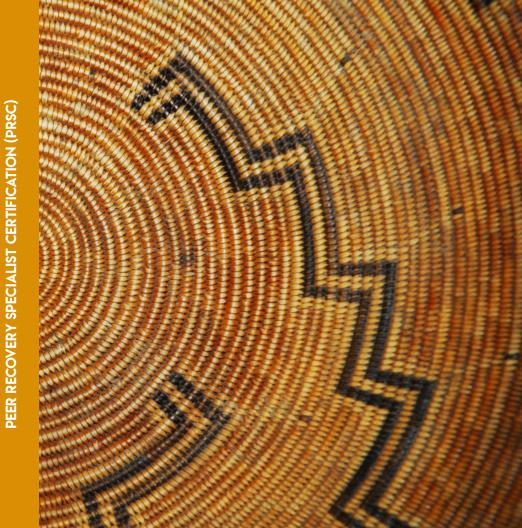




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- QUALIFICATIONS 🗙
- APPLICATION FOR CERTIFICATION 🗙
- CONTINUING EDUCATION REQUIREMENTS 🗶
  - KNOWLEDGE AND SCOPE OF PRACTICE 🗶



## PEER RECOVERY SPECIALIST CERTIFICATION (PRSC)

### 2. PEER RECOVERY SPECIALIST CERTIFICATION (PRSC)

#### A. QUALIFICATIONS:

- \* Must possess a high school diploma or GED.
- **x** Be in active recovery from an addictive disorder for at least 24 months.
- **x** Be actively engaged with or have work experience in a 12-step program/approach.
- \* Be willing to sign a document attesting to the length of recovery.
- **x** Be at least 21 years of age.
- **x** Be willing to disclose their story in a treatment setting.
- \* Be a member of a federally recognized tribe (CDIB required) or be currently employed and/or volunteer with a tribal program in which treatment and/or prevention from an addictive disorder is the primary goal (i.e. prevention and recovery program, tribal substance abuse treatment program either outpatient or resi dential, halfway house or sober living environment, tribal court, injury prevention, etc.).
- \* Must not be currently involved in any criminal legal proceedings.
- \* Must not have plead guilty or convicted of any substance related charges within the previous 24 months.
- \* Not be engaged in any practice or conduct which would be grounds for denying, revoking, or suspending a certification.

#### B. APPLICATION FOR CERTIFICATION:

- $\mathbf{x}$  Application must be completed in full and legible according to the instructions.
- **x** Application fee must be submitted.
- **x** Application form must be signed.

NATIVE AMERICAN BEBERICAN





- \* Documentation of current employment status by tribal Human Resources Department;
- × Official high school transcript or GED diploma
- **×** Detailed information as requested on the application demonstrating recovery from addictive disorder.
- \* Applications shall be submitted and approved by the Certification Committee prior to taking the exam.
- × Applications shall only be valid for a period of twelve (12) months.
- × Signed NABHC Code of Ethics.

#### C. CONTINUING EDUCATION REQUIREMENTS (CEU):

- ★ The following criteria will be used to determine the approval of acceptable CEU courses.
- ★ PRC must complete twenty (20) hours of continuing education units per year.
- \* At least three (3) of the continuing education hours must be in ethics.
- \* Approved conferences and trainings provided by the following organizations:
  - 1. Oklahoma Drug & Alcohol Professional Counselors Association.
  - 2. Southern Plains Tribal Health Board.
  - 3. Oklahoma Tribal Epidemiology Center.
  - 4. Indian Health Service.
  - 5. Oklahoma Department of Mental Health & Substance Abuse Services.
  - 6. Oklahoma Association on Problem & Compulsive Gambling.
  - **7.** Any trainings that meet the requirements for CADC, LADC/MH, LPC, LMFT, LBP, LCSW, CPS or CME continuing education are approved.





# PEER RECOVERY SPECIALIST CERTIFICATION (PRSC)

- 8. Any required undergraduate or graduate course in a behavioral health related field from an accredited university/college. One (1) CEU hour will be given for each three (3) hour university/ college course.
- \* At least three (3) of the continuing education hours must be in ethics.
- \* An official continuing education validation form or certificate furnished by the presenter indicating number of CEUs given for the course; and/or a copy of the agenda showing the content and presenter for the course must be kept for a period of 12 months for audit purposes.
- ★ Failure to complete the continuing education requirements and submit the required documentation by the renewal date renders the certification in suspension, and results in the loss of all rights and privileges of a NAPRC. Certification may be reinstated during a period of no longer than six (6) months following the suspension date. If not reinstated the certification shall become null and void.

#### D. KNOWLEDGE AND SCOPE OF PRACTICE: ADVOCACY

- \* Serve as the client's advocate within tribal and non-tribal programs.
- \* Assure that the client's choices define and drive their recovery.
- × Encourage clients to self-advocate.

#### MENTORING/SUPPORT

- **x** Serve as role model in individuals in recovery.
- **x** Establish and maintain a peer relationship.





## PEER RECOVERY SPECIALIST CERTIFICATION (PRSC)

- ✗ Facilitate peer support groups;
- Proactively engage consumers and possess communication skills / ability to transfer new concepts, ideas, and insight to others.
- \* Assist in setting up and sustaining self-help (mutual support) groups.
- \* Support consumers in using a wellness plan.
- Inform consumers about community and natural supports and how to utilize these in the recovery process; and
- ★ Assist consumers in obtaining services that suit that individual's recovery need.

#### **RECOVERY SUPPORT**

- \* Teach and mentor the importance of every individual's recovery experience
- × Model effective coping techniques and self-help strategies.
- \* Assist clients in developing personal goals for recovery;
- **x** Assist and encourage clients to follow their relapse prevention plan.

#### ETHICAL RESPONSIBILITY

★ Sign and adhere to the NABHC Code of Ethics.





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- QUALIFICATIONS 🗙
- APPLICATION FOR CERTIFICATION 🗙
- CONTINUING EDUCATION REQUIREMENTS
  - KNOWLEDGE AND SCOPE OF PRACTICE 🗙



## 3. PREVENTION SPECIALIST CERTIFICATION (PSC)

#### A. QUALIFICATIONS:

- \* An associate degree or 60 hours of college credit and 5 years of continuous work experience in a prevention-based program.
- \* A bachelor's degree or 120 hours of college credit and 3 years of continuous work experience in a prevention-based program.
- ★ Complete SPTHB online course: Cultural Competency.
- ★ Complete SPTHB online course: Culture is Prevention.
- \* Complete SPTHB online course: Data into Action for Tribes: Introduction to Epidemiology.
- \* Attend Native American Substance Abuse Prevention Skills Training (NASAPST) provided by SPTHB or other tribe/organization.
- ★ Be a member of a federally recognized tribe (CDIB required) or be currently employed and/or volunteer with a tribal program in which treatment and/or prevention from an addictive disorder is the primary goal (i.e. prevention and recovery program, tribal substance abuse treatment program either outpatient or residential, halfway house or sober living environment, tribal court, injury prevention, etc.).
- \* Must not be currently involved in any criminal legal proceedings.
- \* Not be engaged in any practice or conduct which would be grounds for denying, revoking, or suspending a certification.

#### B. APPLICATION FOR CERTIFICATION:

★ Application must be completed in full and legible according to the instructions;



## PREVENTION SPECIALIST CERTIFICATION (PSC)



- × Application fee must be submitted.
- × Application form must be signed, notarized and have a current photo.
- Documentation of current employment status by tribal Human Resources Department or possess a tribal Certificate of Degree of Indian Blood.
- × Official university or college transcript.
- Applications shall be submitted and approved by the Executive Committee prior to eligibility of taking the certification exam.
- \* Applications shall only be valid for a period of twelve (12) months.
- × Submit three (3) personal references.
- \* One page typed and doubled spaced personal philosophy.
- × Signed NABHC Code of Ethics.

#### C. CONTINUING EDUCATION REQUIREMENTS (CEU):

- \* The following criteria will be used to determine the approval of acceptable CEU courses.
- \* PRC must complete twenty (20) hours of continuing education units per year.
- \* At least three (3) of the continuing education hours must be in ethics.
- \* Approved conferences and trainings provided by the following organizations:
  - 1. Oklahoma Drug & Alcohol Professional Counselors Association.
  - 2. Southern Plains Tribal Health Board.
  - 3. Oklahoma Tribal Epidemiology Center.
  - 4. Indian Health Service.

PREVENTION SPECIALIST CERTIFICATION (PSC)





- 5. Oklahoma Department of Mental Health & Substance Abuse Services.
- 6. Oklahoma Association on Problem & Compulsive Gambling.
- 7. Community Anti-Drug Coalitions of America.
- 8. Native American Substance Abuse Prevention Skills Training.
- **9.** Any trainings that meet the requirements for APS, CPS, CADC, LADC/MH, LPC, LMFT, LBP, LCSW, or CME continuing education are approved.
- **10.** A required undergraduate or graduate course in a behavioral health related field from an accredited university/college. One (1) CEU hour will be given for each three (3) hour university/ college course.
- \* An official continuing education validation form or certificate furnished by the presenter indicating number of CEUs given for the course; and/or a copy of the agenda showing the content and presenter for the course must be kept for a period of 12 months for audit purposes.
- ★ Failure to complete the continuing education requirements and submit the required documentation by the renewal date renders the certification in suspension, and results in the loss of all rights and privileges of a NAPRSC.
- ★ Certification may be reinstated during a period of no longer than six (6) months following the suspension date. If not reinstated the certification shall become null and void.

#### D. KNOWLEDGE AND SCOPE OF PRACTICE: ADVOCACY

× Increase Native capacity in diverse communities.



## PREVENTION SPECIALIST CERTIFICATION (PSC)

- × Advocate for Tribal Best Practices as a holistic approach in prevention.
- × Empower youth through community engagement, problem solving, and implementation of prevention efforts.

#### PREVENTION

- \* Develop prevention-based activity plans utilizing Native American culture.
- × Develop Native driven infrastructure based on the Strategic Prevention Framework (SPF).
- \* Maintain adequate financial and attendance records in accordance with federal regulations.
- ★ Facilitate Native focused cultural events, educational and psychoeducational groups.

#### ETHICAL RESPONSIBILITY

× Sign and adhere to the NABHC Code of Ethics.







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## **CERTIFICATION BOARD**

# BACKGROUND MEMBERSHIPS & EXAMS REQUIRED FEES & PAYMENTS



## **CERTIFICATION BOARD**

#### **CERTIFICATION BOARD:**

The Certification Board shall be comprised of at least 5 and a maximum of 7 members from the tribal community currently employed in the addictions and prevention professions throughout the state of Oklahoma.

#### THE CERTIFICATION BOARD SHALL:

- **×** Review all applications and verify all information.
- \* Application must be completed in full and legible according to the instructions;
- × Application fee must be submitted in full.
- \* Application form must be signed, notarized and have a current photo.
- Documentation of current employment status by tribal Human Resources Department or possess a tribal Certificate of Degree of Indian Blood (CDIB).
- ★ Official university or college transcript.
- \* Applications shall only be valid for a period up to twelve (12) months.
- × Submit three (3) personal references.

**CERTIFICATION BOARD** 

- ★ One page typed and doubled spaced personal philosophy.
- × Signed Native American Addictions Counselors Code of Ethics.





## BACKGROUND MEMBERSHIPS, & EXAMS

#### BACKGROUND INFORMATION:

#### THE FOLLOWING QUESTION WILL BE ASKED OF EVERY APPLICANT:

- ★ Have you ever been convicted of or pled nolo contendere to a criminal offense, other than a minor traffic violation, in any state or federal court?
- ✗ If yes, please provide copies of any court documents such as the original complaint, judgement and sentencing, or final court orders? Please note, having a felony conviction does not prohibit you from receiving a certification.
- ★ I authorize the Oklahoma Drug & Alcohol Professional Counselor Association to conduct a criminal background check and contact any/all references/endorsements for verification and/or clarification.

#### MEMBERSHIPS

#### INCLUDES:

All fees will include a membership to the Oklahoma Drug and Alcohol Professional Counselor Association and the Oklahoma Association on Problem & Compulsive Gambling. Memberships will include all discounts for appropriate trainings and conferences.

#### **EXAMS AND TESTING**

WHEN:

All exams and testing will begin in January 2021.





## **REQUIRED FEES & PAYMENT**

**REQUIRED FEES & PAYMENT** 

		REQUIRED FEES
REQUIRED FEES & PAYMENT	\$180	<ul> <li>Addiction Specialist Certification Application Fee &amp; ODAPCA Membership</li> <li>\$90 - Application Fee</li> <li>\$90 - ODAPCA Membership</li> </ul>
	\$247.50	× Addiction Specialist Certification Exam Fee
	\$150	<ul> <li>Addiction Specialist Certification Renewal Fee</li> <li>\$60 - Certification Renewal</li> <li>\$90 - ODAPCA Membership</li> </ul>
	\$150	<ul> <li>Peer Recovery Specialist Certification Application Fee &amp; ODAPCA Membership</li> <li>\$60 - Application Fee</li> <li>\$90 - Membership Fee</li> </ul>
	\$200	× Peer Recovery Specialist Certification Exam Fee
	\$130	<ul> <li>× Peer Recovery Specialist Certification Renewal Fee</li> <li>× \$40 - Certification Renewal</li> <li>× \$90 - ODAPCA Membership</li> </ul>





## **REQUIRED FEES & PAYMENT**

	REQUIRED FEES	
\$180	<ul> <li>Prevention Specialist Certification Application &amp; ODAPCA Membership</li> <li>\$90 - Application Fee</li> <li>\$90 - Membership Fee</li> </ul>	
\$247.50	× Prevention Specialist Certification Exam	REQ
\$150	<ul> <li>Prevention Specialist Certification Renewal Fee</li> <li>\$60 - Certification Renewal</li> <li>\$90 - ODAPCA Membership</li> </ul>	REQUIRED FEES
PAYMENT: CHECKS WILL BE MADE PAYABLE TO:		

Oklahoma Drug & Alcohol Professional Counselor Association

A yearly renewal fee is due by January 1st of each year and includes a 1-year membership to ODAPCA.





CERTIFICATES & ETHICAL COMPLAINTS/REVOCATIONS

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# CERTIFICATES & ETHICAL COMPLAINTS/REVOCATIONS



# **CERTIFICATES & ETHICAL COMPLAINTS/REVOCATIONS**

#### **CERTIFICATES**

Upon successful completion of all requirements a certificate will be issued. Certificates will be mailed at the end of each month. Certificates will be signed by the board president or executive director or designated representative of the Oklahoma Professional Drug & Alcohol Counselor Association and the Southern Plains Tribal Health Board.

#### ETHICAL COMPLAINTS AND REVOCATIONS OF CERTIFICATIONS

Complaints can be made in written form to the certification committee.

Complaints should be made to: Oklahoma Drug & Alcohol Professional Counselor Association



**CERTIFICATES & ETHICAL COMPLAINTS/REVOCATIONS** 



## CONTACT

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