

# Texas LAUNCH

## HOLIDAY NEWSLETTER

DECEMBER  
2016  
EDITION 1

*Happy Holidays from the Project LAUNCH leadership! We thought this would be a great time to introduce our first Project LAUNCH Expansion Newsletter! Newsletters will contain helpful information like project highlights, resources, tool kits, success stories, data, and training opportunities.*

*I am sure you can all agree that this past year simply flew by! Every one has been working diligently to prepare and launch this project. We have truly appreciated all of the time, energy, and collaboration from all of you. We are excited to see what a difference you all make in your communities with families and children.*

*We are here to serve you and look forward to another wonderful and productive year ahead.*

*Best wishes for the New Year!  
Project LAUNCH Staff*

### Upcoming Trainings:

First3Years offering 1 Hour Continuing Education (SW, LPC, ECI, CPE) for each webinar attended.

**January:** Safe Sleep for All Babies

**February:** Reflective Supervision for Professional Development

**March:** Growth and Repair in Child Welfare

Check online for dates/times:  
<http://first3yearstx.org/online-training>



ASQ/ASQ:SE Training in El Paso, 2016.

**Kids Count**, a national and state-by-state effort to track the status of children in the U.S. has recently released the [2016 State of Texas Children Annual Kids Count Report](#) with focuses on two of our Project LAUNCH expansion communities. Click [here](#) to read more on the Kids Count efforts. Click [here](#) to read the report for San Antonio, and [here](#) for the full report on Fort Worth. Get to know what the issues facing young children in your community!



## Toddlers and Challenging Behaviors: A Zero to Three article in review

As we approach the holiday season, it's always a good idea to arm ourselves and our parents with knowledge regarding young child development to build opportunities for engagement and growth during what can be a stressful time. This article presents strategies for parents to learn healthy boundary and limit setting for toddlers while understanding their needs.

Between the ages of 2 and 3, children are learning the concept of autonomy and are gaining the ability to vocalize their ideas, wants and needs. Yet at the same time, self-control and logic are concepts 2 and 3 year olds can not understand. This can lead to outcries of intense emotion like throwing a toy.

It is the role of a parent to help toddlers navigate the strong emotions felt during this year and offer more constructive ways to handle themselves. To do this, parents can: talk about the feelings and how to cope, offer their child ideas for how to manage strong emotions, empathize with the child, give a child a visual aid to make waiting easier, let their child make choices appropriate for their age, and look for ways to help practice self-control. For more details on each strategy you can read the full article [here](#).

Zero to Three (2016, February 29). *Toddlers and Challenging Behavior: Why They Do It and How to Respond*. Copyright © 2016 Zero to Three: National Center for Infants, Toddlers, and Families. All rights reserved.



## A FREE Webinar Resource for Early Childcare Providers

Check out this [free webinar](#) presented by Dr. Desiree Murray, a prevention scientist and licensed clinical psychologist. Hyperactive, non-compliant, and disruptive behaviors in the classroom are often challenges for early childhood educators, regardless of whether a young child is diagnosed with ADHD or not. Understanding the rationale for and principles of behavior management and self-regulation approaches can help you support positive development for young children with challenging behaviors using evidence-based strategies.

Murray, Desiree (2016, August 4). *Classroom Management Supports for SDHD Behaviors in Preschool Settings*. Copyright © 2016 Frank Porter Graham Child Development Institute



## Get to know Anna Silvas!

*"I am native Tigua and live on our Ysleta del Sur Pueblo reservation. I was employed for 15 years by the Pueblo, first in their libraries and Pre-K classroom settings before taking on the position of Tribal Empowerment Director. My responsibilities include oversight of the employment, training, and education programs aimed at preparing and developing tribal children and families with their employment and education goals. As the Director, I oversee the day-to-day operations for the integrated service delivery department to include program development, implementation and evaluation. Project LAUNCH will affect the quality of our Pre-K and early childcare setting serving Tigua children and I am honored to be a part of this project."*  
-Anna

