# **Center for Mental Health Services**

# NOMs Client-Level Measures for Discretionary Programs Providing Direct Services

# **SERVICES TOOL For Adult Programs**

**CMHS** 

Center for Mental Health Services SAMHSA

July 2016 Version 15

Public reporting burden for this collection of information is estimated to average 30 minutes per response if all items are asked of a consumer/participant; to the extent that providers already obtain much of this information as part of their ongoing consumer/participant intake or follow-up, less time will be required. Send comments regarding this burden estimate or any other aspect of this collection of information to SAMHSA Reports Clearance Officer, Room 15E57B, 5600 Fishers Lane, Rockville, MD 20857. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. The control number for this project is 0930-0285.

RECORD MANAGEMENT		
[RECORD MANAGEMENT IS REPORTED BY GR DISCHARGE REGARDLESS OF WHETHER AN		ASSESSMENT AND
Consumer ID		
Grant ID (Grant/Contract/Cooperative Agreemen	it)	_
Site ID		
1. Indicate Assessment Type:		
O Baseline	O Reassessment	O Clinical Discharge
[ENTER THE MONTH AND YEAR WHEN THE CONSUMER FIRST RECEIVED SERVICES UNDER THE GRANT FOR	Which 6-month reassessment?	
	[ENTER 06 FOR A 6–MONTH, 12 FOR A 12–MONTH, 18 FOR AN 18–MONTH ASSESSMENT, ETC.]	
2. Was the interview conducted?		
O Yes	O No	
When?	Why not? Choose only one.	
MONTH DAY YEAR	O Not able to obtain consent from Consumer was impaired or up Consumer refused this intervior Consumer was not reached for Consumer refused all interviews	nable to provide consent iew only or interview
[IF THIS IS A BASELINE, GO TO SECTION A.]  [FOR ALL REASSESSMENTS:  IF AN INTERVIEW WAS CONDUCTED, OF THE AN INTERVIEW WAS NOT CONDUCTED. SECTION I.]		ICABLE), THEN

IF AN INTERVIEW WAS NOT CONDUCTED, GO TO SECTION H (IF APPLICABLE), THEN

SECTION J.]

# A. DEMOGRAPHIC DATA

# [SECTION A IS ONLY COLLECTED AT BASELINE. IF THIS IS NOT A BASELINE, GO TO SECTION B.]

1.	What is your gender?						
	O MALE O FEMALE O TRANSGENDER O OTHER (SPECIFY) O REFUSED						
2.	Are you Hispanic or Latino	?					
	O YES O NO [GO 7] O REFUSED [GO 7]	TO 3.J					
	[IF YES] What ethnic gro following. You may say yes				f? Ple	ase answer yes or	no for each of the
3.	Central American Cuban Dominican Mexican Puerto Rican South American OTHER (SPECIFY) What race do you consider	YES O O O O O O O O O O	NO		<u>-</u>	PECIFY BELOW.]	
•	to more than one.	yourser	1. 11000	e unswer yes	01 110	Tor cuest of the for	iownige four may say ye
	Black or African Americ Asian Native Hawaiian or othe Alaska Native White American Indian		Islande	YES O O O O O O	NO 0 0 0 0 0	REFUSED  O O O O O O O	
4.	What is your month and ye	ar of bi	rth?				
	MONTH YEAR	_	0	REFUSED			

- A. DEMOGRAPHIC DATA (Continued)
- 5. Which one of the following do you consider yourself to be?
  - O Heterosexual, that is straight
  - O [IF FEMALE, THEN "Lesbian"] or Gay
  - O Bisexual
  - O OTHER (SPECIFY)
  - O REFUSED
  - O DON'T KNOW

[IF AN INTERVIEW WAS CONDUCTED CONTINUE TO SECTION B.]

[IF AN INTERVIEW WAS NOT CONDUCTED:

PRIMARY AND BEHAVIORAL HEALTH CARE INTEGRATION (PBHCI) GRANTEES: GO TO SECTION H.

GRANTEES IN ALL OTHER PROGRAMS: STOP HERE.]

D	TOT INIA	NINC
к	HIINE	

 $\circ$ 

Excellent

h. My symptoms are not bothering me.

How would you rate your overall health right now?

1.

<ul> <li>Very Good</li> <li>Good</li> <li>Fair</li> <li>Poor</li> <li>REFUSED</li> <li>DON'T KNOW</li> <li>In order to provide the best possible mental health and related services, we need to know what you think about how well you were able to deal with your everyday life during the past 30 days. Please indicate your disagreement/agreement with each of the following statements.</li> </ul>							
STATEMENT			RESPO	NSE OP	TIONS		
	Strongly Disagree	Disagree	Undecided	ree	Strongly Agree	REFUSED	NOT APPLICABLE
	Str. Dis	Dis	Unc	Agree	Str Agi	REF	NOT
a. I deal effectively with daily problems.	O Str.	O	OUnc	O Agu	O Agu	O REF	NOT
<ul><li>a. I deal effectively with daily problems.</li><li>b. I am able to control my life.</li></ul>			<u>'</u>				NOT
	0	0	0	0	0	0	NOT
b. I am able to control my life.	0	0	0	0	0	0	O
<ul><li>b. I am able to control my life.</li><li>c. I am able to deal with crisis.</li></ul>	0 0	0 0	0	0 0	0 0	0	
<ul><li>b. I am able to control my life.</li><li>c. I am able to deal with crisis.</li><li>d. I am getting along with my family.</li></ul>	0 0	0 0	0 0	0 0	0 0	0 0	

0

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0

0

0

0

- B. FUNCTIONING (Continued)
- 3. The following questions ask about how you have been feeling during the past 30 days. For each question, please indicate how often you had this feeling.

# [READ EACH QUESTION FOLLOWED BY THE RESPONSE OPTIONS TO THE CONSUMER.]

QUESTION		RESPONSE OPTIONS					
During the past 30 days, about how often did you feel	All of the Time	Most of the Time	Some of the Time	A Little of the Time	None of the Time	REFUSED	DON'T KNOW
a. nervous?	0	0	0	0	0	0	0
b. hopeless?	0	0	0	0	0	0	0
c. restless or fidgety?	0	0	0	0	0	0	0
d. so depressed that nothing could cheer you up?	0	0	0	0	0	0	0
e. that everything was an effort?	0	0	0	0	0	0	0
f. worthless?	0	0	0	0	0	0	0

# **B. FUNCTIONING** (Continued)

4. The following questions relate to your experience with alcohol, cigarettes, and other drugs. Some of the substances we'll talk about are prescribed by a doctor (like pain medications). But I will only record those if you have taken them for reasons or in doses other than prescribed.

# [READ EACH QUESTION FOLLOWED BY THE RESPONSE OPTIONS TO THE CONSUMER.]

QUESTION	RESPONSE OPTIONS					
In the past 30 days, how often have you used	Never	Once or Twice	Weekly	Daily or Almost Daily	REFUSED	DON'T KNOW
a. tobacco products (cigarettes, chewing tobacco, cigars, etc.)?	0	0	0	0	0	0
b. alcoholic beverages (beer, wine, liquor, etc.)?	0	0	0	0	0	0
b1. [IF B >= ONCE OR TWICE, AND RESPONDENT MALE], How many times in the past 30 days have you had five or more drinks in a day? [CLARIFY IF NEEDED: A standard drink (e.g., 12 oz beer, 5 oz wine, 1.5 oz liquor)].	0	0	0	0	0	0
b2. [IF B >= ONCE OR TWICE, AND RESPONDENT NOT MALE], How many times in the past 30 days have you had four or more drinks in a day? [CLARIFY IF NEEDED: A standard drink (e.g., 12 oz beer, 5 oz wine, 1.5 oz liquor)].	0	0	0	0	0	0
c. cannabis (marijuana, pot, grass, hash, etc.)?	0	0	0	0	0	0
d. cocaine (coke, crack, etc.)?	0	0	0	0	0	0
e. prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)?	0	0	0	0	0	0
f. methamphetamine (speed, crystal meth, ice, etc.)?	0	0	0	0	0	0
g. inhalants (nitrous oxide, glue, gas, paint thinner, etc.)?	0	0	0	0	0	0
h. sedatives or sleeping pills (Valium, Serepax, Ativan, Librium, Xanax, Rohypnol, GHB, etc.)?	0	0	0	0	0	0
i. hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.)?	0	0	0	0	0	0
j. street opioids (heroin, opium, etc.)?	0	0	0	0	0	0
k. prescription opioids (fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine, etc.)?	0	0	0	0	0	0
l. other – specify (e-cigarettes, etc.):	0	0	0	0	0	0

# B. FUNCTIONING (Continued)

[OPTIONAL: GAF SCORE REPORTED BY GRANTEE STAFF AT PROJECT'S DISCRETION.]

DATE GAF WAS ADMINISTERED:

| \_ | \_ | / | \_ | / | \_ | \_ |

MONTH DAY YEAR

WHAT WAS THE CONSUMER'S SCORE?

GAF = | \_ | \_ |

#### B. MILITARY FAMILY AND DEPLOYMENT

#### [QUESTIONS 5 THROUGH 8 ARE ONLY ASKED AT BASELINE. IF THIS IS NOT A BASELINE GO TO 9.]

	ave you ever served	in the Armed Forces, the Reserves,	or the National Guar	·a?		
	O YES					
	O No	[GO TO 6.]				
	O REFUSED	[GO TO 6.]				
	O Don't Know	[GO TO 6.]				
	/IF YES/ In which	of the following have you ever serv	ed? Please answer fo	or each	of the follo	wing.
	You may say yes to					
						Don'
			YES	No	REFUSED	Knov
Arr	med Forces		0	0	0	0
Res	serves		0	0	0	0
Na	tional Guard		0	0	0	0

[IF YES] In which of the following are you currently serving? Please answer for each of the following. You may say yes to more than one.

				Don't
	YES	No	REFUSED	Know
Armed Forces	0	0	0	0
Reserves	0	0	0	0
National Guard	0	0	0	0

## 5b. Have you ever been deployed to a combat zone?

$\circ$	YES	
Ο	No	[GO TO 6.]
Ο	REFUSED	[GO TO 6.]
Ο	Don't Know	[GO TO 6.]

[IF YES] To which of the following combat zones have you been deployed? Please answer for each of the following. You may say yes to more than one.

				Don't
	YES	No	REFUSED	Know
Iraq or Afghanistan (e.g., Operation Enduring Freedom/Operation	0	0	0	0
Iraqi Freedom/Operation New Dawn)				
Persian Gulf (Operation Desert Shield or Desert Storm)	0	0	0	0
Vietnam/Southeast Asia	0	0	0	0
Korea	0	0	0	0
WWII	0	0	0	0
Deployed to a combat zone not listed above (e.g., Somalia, Bosnia, Kosovo)	0	0	0	0

MILITA	ARY FAMILY AND DEPLOYMENT (Continued)
•	n your family or someone close to you currently serving on active duty in or retired/separated rmed Forces, the Reserves, or the National Guard?
0	Yes, only one person
0	Yes, more than one person
0	No
0	Refused
0	Don't Know
	Is anyone in from the A

#### VIOLENCE AND TRAUMA B.

7.	Have you ever experienced violence or trauma in any setting (including community or school violence;
	domestic violence; physical, psychological, or sexual maltreatment/assault within or outside of the family;
	natural disaster; terrorism; neglect; or traumatic grief)?

$\cup$	YES	
Ο	NO	[GO TO 9.]
Ο	REFUSED	[GO TO 9.]
0	DON'T KNOW	[GO TO 9.]

8. Did any of these experiences feel so frightening, horrible, or upsetting that in the past and/or the present you:

	YES	No	REFUSED	Don't Know
8a. Have had nightmares about it or thought about it when you did not want to?	0	0	0	0
8b. Tried hard not to think about it or went out of your way to avoid situations that remind you of it?	0	0	0	0
8c. Were constantly on guard, watchful, or easily startled?	0	0	0	0
8d. Felt numb and detached from others, activities, or your surroundings?	0	0	0	0

B. VIOLENCE AND TRAUMA (Contin	med)
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9.	In the pa	ast 30 days, how often have you been hit, kicked, slapped, or otherwise physically hurt?
	0	Never
	0	Once
	0	A few times
	0	More than a few times
	0	REFUSED
	0	DON'T KNOW

C.	ST	ABILITY IN HOUSING			
1.	In t	the past 30 days how many	Number of Nights/ Times	REFUSED	DON'T KNOW
	a.	nights have you been homeless?		0	0
	b.	nights have you spent in a hospital for mental health care?		0	0
	c.	nights have you spent in a facility for detox/inpatient or residential substance abuse treatment?		0	0
	d.	nights have you spent in correctional facility including jail, or prison?		0	0
HOSP RESIL	ITAI DEN'I ECT	TONAL FACILITY. (ITEMS A-D, CANNOT EXCEED 30			
	e.	times have you gone to an emergency room for a psychiatric or emotional problem?		0	0
[IF 1A	, 1B,	1C, OR 1D IS 16 OR MORE NIGHTS, GO TO SECTION D.J			
2.	In t	the past 30 days, where have you been living most of the time?			
[DO N	OTE	READ RESPONSE OPTIONS TO THE CONSUMER. SELECT ONLY	Y ONE.J		
	0 0	OWNED OR RENTED HOUSE, APARTMENT, TRAILER, ROOM SOMEONE ELSE'S HOUSE, APARTMENT, TRAILER, ROOM HOMELESS (SHELTER, STREET/OUTDOORS, PARK) GROUP HOME ADULT FOSTER CARE TRANSITIONAL LIVING FACILITY HOSPITAL (MEDICAL) HOSPITAL (MEDICAL) HOSPITAL (PSYCHIATRIC) DETOX/INPATIENT OR RESIDENTIAL SUBSTANCE ABUSE TR CORRECTIONAL FACILITY (JAIL/PRISON) NURSING HOME VA HOSPITAL VETERAN'S HOME MILITARY BASE OTHER HOUSED (SPECIFY)		'ACILITY	
	0	DON'T KNOW			

D.	EDUCATION AND EMPLOYMENT
1.	Are you currently enrolled in school or a job training program? [IF ENROLLED] Is that full time or part time?
	<ul> <li>NOT ENROLLED</li> <li>ENROLLED, FULL TIME</li> <li>ENROLLED, PART TIME</li> <li>OTHER (SPECIFY)</li> <li>REFUSED</li> <li>DON'T KNOW</li> </ul>
2.	What is the highest level of education you have finished, whether or not you received a degree?
	<ul> <li>LESS THAN 12<sup>TH</sup> GRADE</li> <li>12<sup>TH</sup> GRADE/HIGH SCHOOL DIPLOMA/EQUIVALENT (GED)</li> <li>VOC/TECH DIPLOMA</li> <li>SOME COLLEGE OR UNIVERSITY</li> <li>BACHELOR'S DEGREE (BA, BS)</li> <li>GRADUATE WORK/GRADUATE DEGREE</li> <li>REFUSED</li> <li>DON'T KNOW</li> </ul>
3.	Are you currently employed? [CLARIFY BY FOCUSING ON STATUS DURING MOST OF THE PREVIOUS WEEK, DETERMINING WHETHER CONSUMER WORKED AT ALL OR HAD A REGULAR JOB BUT WAS OFF WORK.]
	<ul> <li>EMPLOYED FULL TIME (35+ HOURS PER WEEK, OR WOULD HAVE BEEN)</li> <li>EMPLOYED PART TIME</li> <li>UNEMPLOYED, LOOKING FOR WORK</li> <li>UNEMPLOYED, DISABLED</li> <li>UNEMPLOYED, VOLUNTEER WORK</li> <li>UNEMPLOYED, RETIRED</li> <li>UNEMPLOYED, NOT LOOKING FOR WORK</li> <li>OTHER (SPECIFY)</li> <li>REFUSED</li> <li>DON'T KNOW</li> </ul>
3a.	[IF EMPLOYED]
	<ul> <li>Are you paid at or above the minimum wage<sup>1</sup>?</li> <li>Are your wages paid directly to you by your employer?</li> <li>Could anyone have applied for this job?</li> </ul> Yes <ul> <li>No</li> <li>REFUSED</li> <li>O</li> <li>O</li> <li>O</li> <li>O</li> <li>O</li> <li>O</li> </ul>

<sup>&</sup>lt;sup>1</sup> For information on Federal minimum wage go to <a href="http://www.dol.gov/dol/topic/wages/">http://www.dol.gov/dol/topic/wages/</a>.

E.	CRIME AND CRIMINAL JUSTICE STATUS							
1.	In the past 30 days, how many times have you been arrested?							
	TIMES	O REFUSED	O DON'T KNOW					
/IF T	HIS IS A BASELINE, GO T	O SECTION G. 01	THERWISE, GO TO SECTION F.					

#### F. PERCEPTION OF CARE

# [SECTION F IS NOT COLLECTED AT BASELINE. FOR BASELINE INTERVIEWS, GO TO SECTION G.]

1. In order to provide the best possible mental health and related services, we need to know what you think about the services you received <u>during the past 30 days</u>, the people who provided it, and the results. Please indicate your disagreement/agreement with each of the following statements.

## [READ EACH STATEMENT FOLLOWED BY THE RESPONSE OPTIONS TO THE CONSUMER.]

STATEMENT	TEMENT RESPONSE OPTIONS							
		Strongly Disagree Disagree Agree Agree Agree					REFUSED	NOT APPLICABLE
a. Staff here believe that I can grow, c recover.	change and	0	0	0	0	0	0	
b. I felt free to complain.		0	0	0	0	0	0	
c. I was given information about my r	rights.	0	0	0	0	0	0	
d. Staff encouraged me to take respon how I live my life.	sibility for	0	0	0	0	0	0	
e. Staff told me what side effects to wa	atch out for.	0	0	0	0	0	0	0
f. Staff respected my wishes about wh is not to be given information about treatment.		0	0	0	0	0	0	0
g. Staff were sensitive to my cultural by (race, religion, language, etc.).	oackground	0	0	0	0	0	0	
h. Staff helped me obtain the informat so that I could take charge of mana illness.		0	0	0	0	0	0	0
i. I was encouraged to use consumer r (support groups, drop-in centers, cr line, etc.).		0	0	0	0	0	0	0
j. I felt comfortable asking questions a treatment and medication.	about my	0	0	0	0	0	0	0
k. I, not staff, decided my treatment go	oals.	0	0	0	0	0	0	
I. I like the services I received here.		0	0	0	0	0	0	
m. If I had other choices, I would still g from this agency.	get services	0	0	0	0	0	0	
n. I would recommend this agency to a family member.	a friend or	0	0	0	0	0	0	

## F. PERCEPTION OF CARE (Continued)

- 2. [INDICATE WHO ADMINISTERED SECTION F PERCEPTION OF CARE TO THE RESPONDENT FOR THIS INTERVIEW.]
  - O ADMINISTRATIVE STAFF
  - O CARE COORDINATOR
  - O CASE MANAGER
  - O CLINICIAN PROVIDING DIRECT SERVICES
  - O CLINICIAN NOT PROVIDING SERVICES
  - O CONSUMER PEER
  - O DATA COLLECTOR
  - O EVALUATOR
  - O FAMILY ADVOCATE
  - O RESEARCH ASSISTANT STAFF
  - O SELF-ADMINISTERED
  - O OTHER (SPECIFY)

#### G. SOCIAL CONNECTEDNESS

1. Please indicate your disagreement/agreement with each of the following statements. Please answer for relationships with persons other than your mental health provider(s) over the past 30 days.

## [READ EACH STATEMENT FOLLOWED BY THE RESPONSE OPTIONS TO THE CONSUMER.]

STATEMENT	RESPONSE OPTIONS					
	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree	REFUSED
a. I am happy with the friendships I have.	0	0	0	0	0	0
b. I have people with whom I can do enjoyable things.	0	0	0	0	0	0
c. I feel I belong in my community.	0	0	0	0	0	0
d. In a crisis, I would have the support I need from family or friends.	0	0	0	0	0	0

#### **JIF YOUR PROGRAM DOES NOT REQUIRE SECTION H:**

IF THIS IS A BASELINE INTERVIEW, STOP NOW. THE INTERVIEW IS COMPLETE.]

IF THIS IS A REASSESSMENT INTERVIEW, PLEASE GO TO SECTION I THEN K.]

IF THIS IS A CLINICAL DISCHARGE INTERVIEW, PLEASE GO TO SECTION J THEN K.]

#### [IF YOUR PROGRAM DOES REQUIRE SECTION H:

IF THIS IS A BASELINE INTERVIEW, PLEASE PROCEED TO SECTION H THEN STOP. THE INTERVIEW WILL BE COMPLETE.]

IF THIS IS A REASSESSMENT INTERVIEW, PROCEED TO SECTION H, THEN I AND K.]

IF THIS IS A CLINICAL DISCHARGE INTERVIEW, PROCEED TO SECTION H, THEN J AND K.]

#### H. PROGRAM SPECIFIC QUESTIONS

SOME PROGRAMS HAVE PROGRAM SPECIFIC DATA THAT IS SUBMITTED TO SPARS. CMHS WILL LET YOU KNOW IF YOU ARE REQUIRED TO DO SECTION H, AND YOU WILL HAVE A SEPARATE SECTION H FORM.

FOR A LIST OF PROGRAMS THAT HAVE PROGRAM SPECIFIC DATA, SEE APPENDIX A OF THE NOMS CLIENT-LEVEL MEASURES FOR DISCRETIONARY PROGRAMS PROVIDING DIRECT SERVICES QUESTION-BY-QUESTION INSTRUCTION GUIDE FOR ADULT PROGRAMS.

# I. REASSESSMENT STATUS

# [SECTION I IS REPORTED BY GRANTEE STAFF AT REASSESSMENT.]

1.	Have you or other grant staff had contact with the consumer within 90 days of the last encounter?
	O Yes O No
2.	Is the consumer still receiving services from your project?
	O Yes O No
[GO T	O SECTION K.]

#### J. CLINICAL DISCHARGE STATUS

# [SECTION J IS REPORTED BY GRANTEE STAFF ABOUT THE CONSUMER AT CLINICAL DISCHARGE.]

1. On what date was the consumer discharged?

	/		
MONTH		YEAR	

2. What is the consumer's discharge status?

- O Mutually agreed cessation of treatment
- O Withdrew from/refused treatment
- O No contact within 90 days of last encounter
- O Clinically referred out
- O Death
- O Other (Specify)

[GO TO SECTION K.]

#### K. SERVICES RECEIVED

On what date did the consumer last receive services?

1.

[SECTION K IS REPORTED BY GRANTEE STAFF AT REASSESSMENT AND DISCHARGE UNLESS THE CONSUMER REFUSED THIS INTERVIEW OR ALL INTERVIEWS, IN WHICH CASE IT IS OPTIONAL.]

Core Services	Prov	<u>vided</u>		SERVICE
1 0 .	Yes	No	UNKNOWN	NOT AVAILABLE
<ol> <li>Screening</li> <li>Assessment</li> </ol>	0	0	0	0
3. Treatment Planning or Review	Ö	Ö	Ö	Ö
4. Psychopharmacological Services	0	0	0	0
5. Mental Health Services	0	0	0	0
IF THE ANSWER TO 5 'MENTAL HEREQUENTLY MENTAL HEALTH SERV  Number of times per		DELIVER		SE ESTIMATE HOV
<ul> <li>6. Co-Occurring Services</li> <li>7. Case Management</li> <li>8. Trauma-specific Services</li> <li>9. Was the Consumer referred to another provider for any of the above core services</li> </ul>	Yes	No O O O	UNKNOWN O O O O	SERVICE NOT AVAILABLE O O O
Support Services	Prov	<u>vided</u>		SERVICE
<ol> <li>Medical Care</li> <li>Employment Services</li> <li>Family Services</li> <li>Child Care</li> <li>Transportation</li> <li>Education Services</li> <li>Housing Support</li> <li>Social Recreational Activities</li> <li>Consumer Operated Services</li> <li>HIV Testing</li> <li>Was the Consumer referred to another provider for any of the above support services?</li> </ol>	Yes 0 0 0 0 0 0 0 0 0 0 0 0 0	No 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	UNKNOWN	NOT AVAILABLE  O O O O O O O O O O O O O O O O O O