

Texas LAUNCH

Evaluation – Mental Health Consultation

Programmatic or Classroom-based Consultation

- Policies on Professional Development and Addressing Disparities (annually)
- Preschool Mental Health Climate Scale (baseline & end/1 month)
- Professional Quality of Life (baseline & 3 months)

Child or Family-Focused Consultation

- MHC Case Summary (all children)
- Children with at least 5 meetings:
- DECA-C
 - Parenting Stress Index – Short Form

*****PLEASE LABEL ALL FORMS WITH STUDY NUMBERS. PLEASE ELIMINATE ANY IDENTIFIERS (NAMES, ETC.).**

Programmatic or Classroom-based Consultation

When you begin working with a child care center or classroom teacher:

- Engage the teachers, either individually or across the center, in the Professional Quality of Life (ProQOL) assessment. Ask teachers to create a study number for the forms. The study number is the year of their birth in four-digit format, followed by the last four digits of their cell phone number. It should look like 1984-4860.
- Complete a classroom observation, using the Preschool Mental Health Climate Scale. This can be a part of your consultative process.

Following the primary consultation provided to a teacher/classroom:

- Ask the teachers to complete the ProQOL again, three (3) months after the baseline. Participants will use the same study number on the follow-up.
- At the end of classroom-based consultation or one month later, whichever is later, repeat the Preschool Mental Health Climate Scale.

Child or Family-based Consultation

- This level of evaluation is intended for children and families referred for MHC who are expected to be seen at least 5 times by the consultant;
- As the MHC consents family caregivers, they are also asked to complete the following measures:
 - DECA-C – this instrument is completed by the parent/caregiver and takes approximately 15 minutes
 - PSI-SF – this instrument is completed by the parent/caregiver and takes approximately 10 minutes
- At discharge from MH Consultation, the caregiver will be asked to complete the DECA-C and PSI-SF again.
- If there have been fewer than five (5) meetings with the parent or teacher to provide consultation, you do not need to complete the end assessments.
- Family caregivers receive a \$20 gift card following the baseline and follow-up assessments, for a possible \$40.
- Following the completion of a child or family-based mental health consultation, submit the case description form (regardless of number of contacts).

Submission of Data to the Texas LAUNCH Evaluation Team

Data, including gift card receipts, should be submitted within 1 week of collection. Sites can submit through any of the following strategies:

- Enter data into RedCAP data system;
- Scan and upload data into BOX file;
- Scan and email data with encrypted email system.