

South Southwest

Mental Health Technology Transfer Center (MHTTC)

What is the MHTTC Network?

The MHTTC Network includes a Network Coordinating Office (NCO), ten (10) MHTTC Regional Centers, a Tribal Affairs Center, and a Hispanic and Latino Center. Our collaborative network will support resource development and dissemination, training and technical assistance, and workforce development to the mental health field. The MHTTC Network will work with organizations and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals, including the full continuum of services spanning mental illness prevention, treatment, and recovery support.

South Southwest MHTTC

The South Southwest MHTTC (SSW-MHTTC) serves U.S. Department of Health and Human Services Region 6, including Arkansas, Louisiana, New Mexico, Oklahoma, and Texas. Our population of focus is mental health clinicians, supervisors, and program managers serving individuals with or at risk of serious emotional disturbances (SED) or severe mental illness (SMI); peer support providers; community mental health, health, or peer-run organizations; and single state agency administrators focused on comprehensive state public mental health systems.

Our Goals

The purpose of the SSW-MHTTC is to build the capacity of the mental health workforce, organizations, and systems to deliver effective, evidence-based promotion, prevention,

treatment, and recovery supports. Our goals will be to address key needs identified by stakeholders in the region, organized around the following goals:

Goal 1. Increase the capacity of the mental health workforce to provide culturally sensitive, effective interventions that enhance the quality of life of individuals experiencing mental health disorders.

Goal 2. Increase the number of organizations implementing evidence-based practices to promote mental health, intervene early, prevent suicide and serious mental illness, and effectively treat individuals with mental health and co-occurring mental health and substance use disorders.

Goal 3. Strengthen the region's capacity to support the recovery of individuals with serious emotional disturbance and serious mental illness.

Goal 4. Provide technical assistance in quality improvement models to enhance the outcomes of mental health services within the region.

What Services We Will Offer

The SSW-MHTTC will utilize the Continuum of Diffusion of an Innovation within the region, including information dissemination and communication, resource development and dissemination, targeted training and technical assistance, and intensive training and technical assistance.

The content of our services will be responsive to the needs of the region, including areas such as school-based mental health promotion, prevention, and intervention; early childhood

provider competencies; zero suicide practices and suicide prevention; trauma responsive systems and practices; social determinants of mental health; CLAS standards; recovery-oriented systems and implementation of peer support; and adult, youth, and family peer practices. We may also offer best practices for partnering with special populations, such as LGBTQ, veteran, or homeless populations. Service topics will be developed to effectively reach underserved ethnic/cultural groups.

When Our Services Will Be Available

Funding for this 5-year project began on August 15, 2018, and we will begin providing services by November 15, 2018.

Who Is Involved

The SSW-MHTTC will partner with each of the Mental Health Single State Authorities as key collaborators, working with leadership and designees to identify state needs, prioritize resources, plan activities, and monitor impact. State provider organizations and professional boards will also be key partners, assisting with the identification of needs, prioritization, and communication of training opportunities. The SSW-MHTTC will continue close collaboration with the co-located South/Southwest Addiction Technology Transfer Center (SSW/ATTC) to address needs impacting providers of co-occurring mental health and substance use disorders.

With a rich cultural heritage in the region, the Center will partner with the Institute of Research, Education, and Services in Addiction of the Universidad Central del Caribe on promotion, prevention, treatment, and recovery with Hispanic/Latino populations in the region. The Education Development Center (EDC) Zero Suicide Institute will partner to provide state support for organizational suicide prevention activities. Via Hope Training and Technical Assistance Center will also be a key partner in efforts to support peer provider implementation and best practice delivery.

Advisory Board

We are beginning to engage representatives for the SSW-MHTTC advisory board. The board will include representatives of the Mental Health Single State Authorities, provider organizations, professional organizations, the SAMHSA Regional Administrator, the SSW/ATTC Project Director, and family and peer-run organizations.

How We Will Measure Our Success

We are striving to ensure that the mental health workforce in the region has access to the tools, resources, training, coaching, and organizational support needed to implement effective practices. We will examine our reach, participant satisfaction, and changes in practice quality for the services we provide to the region. The advisory board will play a key oversight role in our continuous quality improvement processes.

For more information about this project, please contact:

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This work is supported by grant SM081778 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.