

Peers in Research with Austin Area Mental Health Consumers

Our vision is to have a society where people with mental health challenges are active, included, empowered, and supported by each other and the community to live strong, successful lives.



The Peers in Research project evaluated outcomes of members who receive peer services at Consumer Operated Service Providers (COSP) in Texas.

Peers gathered member stories and asked them the extent to which they believed COSP services are recovery oriented

Statements from our members:

“AAMHC offers me support and services that are meaningful to my life and future. They are very supportive of me and everyone.”

“You guys are a soft place to fall. No matter how messed up I am when I arrive, I know that you will talk me through and get me to a better place. You are there for me AND I LOVE YOU!”

“[AAMHC] provides a great environment for learning & support. Helps me to get out & about (bus pass). I feel safe & supported in the groups.”

100 members responded on a scale from 1-5 (1 = never and 5 = always)

