



# Statewide Survey of Peer and Recovery Services

## Peer and Recovery Services and Activities Offered by the Organizations

Texas Health and Human Services (HHS) contracted with the Texas Institute for Excellence in Mental Health (TIEMH) to conduct of a survey of peer and recovery services in Texas. The responding organizations reported the specific peer and recovery services and activities provided.

Instrumental Needs - Referrals	N	%
Emergency Shelter Referral	52	91%
Food Referral	48	84%
Housing Referral	48	84%
Housing Items Referral	47	82%
Clothing Referral	45	79%
Monetary Assistance Referral	43	75%
Transportation Referral	31	54%
Wellness/Hygiene Items	2	4%
<b>Total</b>	<b>57</b>	<b>100%</b>

Instrumental Needs - Provided	N	%
Transportation Provided	40	78%
Monetary Assistance Provided	26	51%
Food Provided	23	45%
Clothing Provided	20	39%
Housing Provided	19	37%
Housing Items Provided	13	25%
Emergency Shelter Provided	5	10%
Wellness/Hygiene Items Provided	2	4%
<b>Total</b>	<b>51</b>	<b>100%</b>

Advocacy	N	%
Advocacy on Behalf of People	54	90%
Community Education	50	83%
Outreach	49	82%
Advocacy by People in Services	41	68%
Policy Advocacy	32	53%
Self-Advocacy Training	30	50%
<b>Total</b>	<b>60</b>	<b>100%</b>

Health	N	%
Overall Wellbeing	59	97%
Symptom Management	51	84%
Crisis Support	48	79%
Health System Navigation	47	77%
Fitness	31	51%
Nutrition	23	38%
Support Animal	13	21%
<b>Total</b>	<b>61</b>	<b>100%</b>

Community	N	%
One-on-one Peer Support	57	92%
Peer Support Groups	56	90%
Family Involvement	41	66%
Socialization with Peers	40	65%
Group Community Outings	34	55%
Peer-led Curriculum	28	45%
Warmline	1	2%
<b>Total</b>	<b>62</b>	<b>100%</b>

Purpose	N	%
Employment Support	51	82%
Education Support	46	74%
Skills or Capacity Building	43	69%
Creative Expression Activities	40	65%
Volunteer at the Organization	39	63%
Volunteer in the Community	31	50%
<b>Total</b>	<b>62</b>	<b>100%</b>