THE ROLE OF FORMAL AND INFORMAL SEX EDUCATION SOURCES ON SEXUAL ATTITUDES

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Campus Assault

Comprehensive Sexual Education

Rape Myths

Sexual Double Standards (SDS)

Sexual Resourcefulness

Design

Expectations

OVERVIEW

KEY TERMS

- NSEs Nonconsensual Sexual Experiences
 - Sexual assault
 - Sexual abuse
 - Rape
 - Sexual harassment
 - Any Unwanted sexual experience

CAMPUS SEXUAL ASSAULT

- I in 5 Female University Students
- Recent Rise in Research Thanks, Obama!



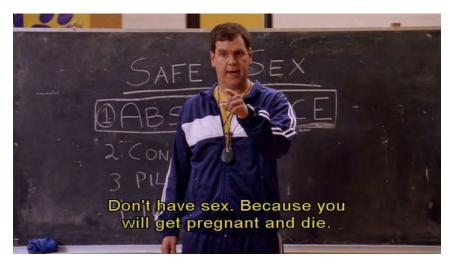


It's a rallying cry, inviting everyone to step up and realize that the solution begins with us. Launched in September 2014, It's On Us works to educate, engage, and empower students and communities across the country to do something, big or small, to end sexual assault. The campaign has pillars - consent three core education, increasing bystander intervention, and creating an environment that supports survivors.

Sexual Education – "Sexuality education is a lifelong process of acquiring information and forming attitudes, beliefs, and values. It encompasses sexual development, sexual and reproductive health, interpersonal relationships, affection, intimacy, body image, and gender roles." – SIECUS (Sexuality Information and Education Council of the United States)

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Comprehensive Sex Ed - Age-appropriate and medically accurate information ranging from Kindergarten through 12th grade

- Reduces STIs and unplanned pregnancies
- Promotes healthy interpersonal relationships
- Reduces Sexual Violence

RAPE MYTHS

Rape myths - Beliefs that both deny and justify sexual violence against women "If a woman doesn't physically fight back, you can't really say it was rape."

- Linked to socially constructed scripts about sex, consent, and gender
- Effects how sexual experiences are defined
- Can be changed with education

(Payne, Lonsway, & Fitzgerald, 1999, Peterson & Muehlendard, 2004, Foubert & Marriott 1997)

SEXUAL DOUBLE STANDARDS

Sexual Double Standards - An individual's expectations about how a person should behave sexually based on gender. "It's worse for a woman to sleep around than it is for a man."

- Reverse double standard generational?
 - Women are implicate with their bias and men are explicate
- Results in negative sexual and mental health
- Influenced by peers

(Papp et al., 2015, Sakaluk & Milhausen, 2012, Emmerink et al., 2016, Emmerink et al., 2016)

SEXUAL RESOURCEFULNESS

Sexual Resourcefulness - A person's ability to negotiate unwanted sexual experiences

- Reasons to consenting or "give in"
- Promoted through school and parental education

(Kennett, Humphreys, & Schultz 2012).

STUDY DESIGN

Online Questionnaire (~45 min)

- Demographics
- Sexual Experiences Scale (SES)
- Sexuality Topics Addressed by Parents and Schools (STAPS)
 - Sexual Resourcefulness Survey (SRS)
 - Illinois Rape Myth Acceptance Scale (IRMAS)
 - Sexual Double Standards scale (SDSS)

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SEXUAL EXPERIENCES SURVEY — SES-SFV

1. Someone <u>fondled</u>, <u>kissed</u>, <u>or rubbed up against the private areas of my body</u> (lips, breast/chest, crotch or butt) or removed some of my clothes without my consent (*but did not attempt sexual peentration*) by:

	How many times since age 14?				How many times during the past 12 months?			
	0	1	2	3+	0	1	2	3+
Telling lies, threatening to end the relationship, threatening to spread rumors about me, making promises I knew were untrue, or continually verbally pressuring me after I indicated I didn't want to.	0	0	0	0	0	0	0	0
Showing displeasure, criticizing my sexuality or attractiveness, getting angry but not using physical force, after I indicated I didn't want to.	0	0	0	0	0	0	0	0
Taking advantage of me when I was too drunk or out of it to stop what was happening.	0	0	0	0	0	0	0	0
Threatening to physically harm me or someone close to me.	0	0	0	0	0	0	0	0
Using force, for example, holding me down with their body weight, pinning my arms, or having a weapon.	0	0	0	0	0	0	0	0

5. Even though it didn't happen, someone TRIED to <u>have oral sex with me, or make me</u> <u>have oral sex with them</u> without my consent by:

	How many times since age 14?				How many times during the past 12 months?			
	0	1	2	3+	0	1	2	3+
relling lies, threatening to end the relationship, threatening to spread rumors about me, making promises I knew were untrue, or continually verbally pressuring me after I indicated I didn't want to.	0	0	0	0	0	0	0	0
Showing displeasure, criticizing my sexuality or attractiveness, getting angry but not using physical force, after I indicated I didn't want to.	0	0	0	0	0	0	0	0
Taking advantage of me when I was too drunk or out of it to stop what was happening.	0	0	0	0	0	0	0	0
Threatening to physically harm me or someone close to me.	0	0	0	0	0	0	0	0
Using force, for example, holding me down with their body weight, pinning my arms, or having a weapon.	0	0	0	0	0	0	0	0

SEXUAL EXPERIENCES SURVEY — SES-SFP

1. I fondled, kissed, or rubbed up against the private areas of someone else's body (lips, breast/chest, crotch or butt) or removed some of their clothes without their consent (but did not attempt sexual penetration) by:

		ime	mar s since 147	ce	How many times during the past 12 months?			
	0	1	2	3+	0	1	2	3+
Telling lies, threatening to end the relationship, threatening to spread rumors about them, making promises I knew were untrue, or continually verbally pressuring them after they indicated they didn't want to.	0	0	0	0	0	0	0	0
Showing displeasure, criticizing their sexuality or attractiveness, getting angry but not using physical force, after they indicated they didn't want to.	0	0	0	0	0	0	0	0
Taking advantage of them when they was too drunk or out of it to stop what was happening.	0	0	0	0	0	0	0	0
Threatening to physically harm them or someone close to them.	0	0	0	0	0	0	0	0
Using force, for example, holding them down with my body weight, pinning their arms, or having a weapon.	0	0	0	0	0	0	0	0

5. Even though it didn't happen, I TRIED <u>tried to have oral sex with someone or make them have oral sex with me</u> without their consent by:

	How many times since age 14?				How many times during the past 12 months?			
	0	1	2	3+	0	1	2	3+
Telling lies, threatening to end the relationship, threatening to spread rumors about them, making promises I knew were untrue, or continually verbally pressuring them after they indicated they didn't want to.	0	0	0	0	0	0	0	0
Showing displeasure, criticizing their sexuality or attractiveness, getting angry but not using physical force, after they indicated they didn't want to.	0	0	0	0	0	0	0	0
Taking advantage of them when they was too drunk or out of it to stop what was happening.	0	0	0	0	0	0	0	0
Threatening to physically harm them or someone close to them.	0	0	0	0	0	0	0	0
Using force, for example, holding them down with my body weight, pinning their arms, or having a weapon.	0	0	0	0	0	0	0	0

SEXUALITY TOPICS ADDRESSED BY PARENTS AND SCHOOLS (STAPS)

To what extent did your mother (or female guardian) discuss with you the following topics:

		Not at all 0	1	Somewhat 2	3	Completely 4
Modified to include:	Use of condoms	0	0	0	0	0
Media	Sexually transmitted infections	0	0	0	0	0
	Abstinence	0	0	0	0	0
Peers	Sexual pleasure	0	0	0	0	0
Pornography	Unwanted pregnancy	0	0	0	0	0
	Developing intimacy	0	0	0	0	0
 Perceived Influence 	Negotiating sexual activity	0	0	0	0	0
Explicit terms	Dealing with unwanted advances	0	0	0	0	0
	Building trust in a relationship	0	0	0	0	0
	Sexual assault	0	0	0	0	0
,	Rape	0	0	0	0	0
	Sexual abuse	0	0	0	0	0
	Consent	0	0	0	0	0

PARTICIPANT RECRUITMENT

Undergraduate Sample

UT SONA

Psychology 301 Students

Student participants receive course credit

Community Sample

Online recruitment

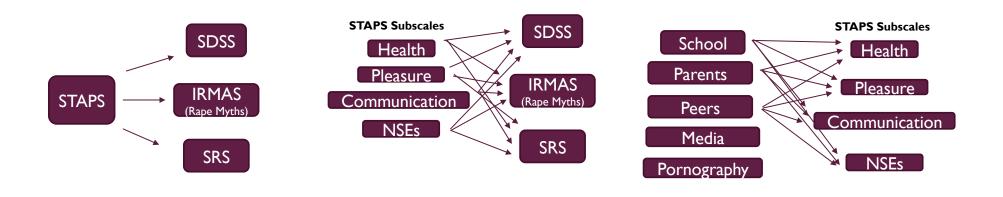
Social Media, Craigslist, Reddit, Email Black, MestonLab.com

Community participants can enter a drawing to win a \$50 pre-paid visa e-gift card

STUDY VARIABLES AND ANALYSIS

Independent: Sexual Education (STAPS)

Dependent: Rape Myth Acceptance, Sexual Double Standard Agreeance, Sexual Resourcefulness



PREDICTION:

When more education on pleasure, communication, and NSEs is received from schools and parents:

Rape Myths **1**

Sexual Double Standards -

Sexual Resourcefulness 1

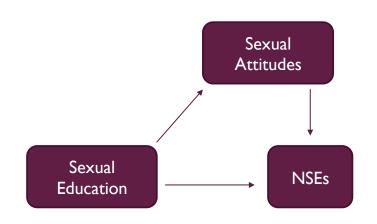
When more education on pleasure, communication, and NSEs is received from peers and media:

Rape Myths 1

Sexual Double Standards

Sexual Resourcefulness ____

SECONDARY PREDICTION AND IMPLICATIONS:



Sexual Education can reduce incidences of NSEs by influencing sexual attitudes that perpetuate sexual violence.

THANK YOU!