

EXPERIENTIAL LEARNING in the HEALTH FIELDS

Internships are an excellent way for students to gain professional experience alongside coursework during a semester or summer abroad.

There are two types of internship programs:

- (1) Internships with coursework
- (2) Internships without coursework

WHAT YOU NEED TO KNOW

- Students can intern during the summer or semester.
- All internships are part of location-based programs.
- Some programs combine an internship with coursework.
- Placements prioritize students' skill development over company name.
- Most students intern at small, local companies or organizations abroad.
- Most programs offer English-language placements.
- Internships are unpaid, but scholarships can help offset the cost of travel.
- Remote/virtual internships are approved through select internship programs.



INTERNSHIPS WITH COURSEWORK

ABOUT

Internships with coursework offer students the opportunity to enrich their work experience through complementary classroom learning. Coursework varies widely by program, but may include major-specific classes, language acquisition, area studies courses, and/or an internship seminar. Programs are available in fall, spring, summer, or for the academic year. Students must be enrolled full-time during semesters and 6 credits in summer to use financial aid.

1. Internships with Academic-Affiliated Coursework

Affiliate programs offer a cohort-based experience studying with other American and international students in dozens of countries. Many affiliate programs offer part-time or full-time internships in conjunction with coursework. The following affiliated organizations are approved for in-person programs. Virtual affiliate programs are not approved. Visit the organization's website for full details and a list of programs with internships.

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|---------------------------|------------------------------|------------------------|
| • AIFS | • CYA | • IFE |
| • API | • DIS | • IFSA |
| • Arcadia | • IAU | • SIT |
| • CET | • IES Abroad | • SRAS |
| • CIEE | | |

2. Internships connected to Exchange Programs

Some exchange programs offer students the opportunity to pursue a part-time internship while taking classes abroad. Virtual programs are approved. You can view the whole list of universities [here](#).

NEXT STEPS

1. Watch the required [Explore -Education Abroad 101](#) session
2. Watch the [Explore -Internships Abroad 101](#) session to learn more about internship program
3. Attend a follow-up Live Q&A Session with an Education Abroad program coordinator to ask questions, as needed. Dates and times are posted on the [Virtual Advising](#) page. You can also email questions to international.internships@austin.utexas.edu.
4. Browse the [Internships by Career Field](#) flyers to find programs that align with your academic and professional goals.
5. Watch the [Explore -Regional](#) sessions to learn more about exchange/affiliated programs in your regions of interest.
6. Attend a follow-up Live Q&A Session with an Education Abroad program coordinator to ask questions. Dates and times are posted on the [Virtual Advising](#) page.



LATIN AMERICA

IES: Santiago – Health Studies | Chile

- **Affiliate** | Fall, Spring, Summer
Practicum of clinical shadowing or with local health organization.
High level of Spanish require

API: San Jose, Costa Rica | Costa Rica

- **Affiliate** | Fall, Spring, Summer
Clinical shadowing and volunteer social work placements
Beginner Spanish language required

IFSA: Study in Buenos Aires Plus: Psychology and Neuroscience | Argentina

- **Affiliate** | Fall, Spring, Summer
Mental health institutions, employee wellness initiatives, industry analysis
Spanish language familiarity recommended

Engaging Global Health in Costa Rica | Costa Rica

- **Faculty-Led** | Summer
N 309 / N 390D - Global Health and N 354 / SPN 319S - Spanish for Health Care Professionals
Clinical observations

SIT: Public Health in Urban Environment | Argentina

- **Affiliate** | Fall, Spring
Internship with a local social organization, health services, and research institutions

Option for self-designed research project.

Intermediate Spanish language required

Previous college-level coursework or background in health sciences, political science, anthropology, sociology, or development studies required

SIT: Epidemiology & Healthcare Management | Argentina

- **Affiliate** | Summer
Lectures, discussions, and field visits by medical doctors, academics, and health professionals help students develop the critical thinking skills.

Option for self-designed research project.

Intermediate Spanish language required

Previous college-level coursework or background in health sciences, political science, anthropology, sociology, or development studies required

SIT: Public Health, Traditional Medicine, and Community Empowerment | Chile

- **Affiliate** | Fall, Spring
Internship with a health facility, a social, community, or indigenous organization; a nonprofit institution; or a university in Arica, Putre, Makewe, or Santiago.

Option for self-designed research project.

Advanced Spanish language required

Previous college-level coursework or background in health sciences, political science, anthropology, sociology, or development studies required

EUROPE

Arcadia: London Internship Program | England

- **Affiliate** | Fall, Spring, Summer
Internships with socially-focused NGOs, psychology, and health-related organizations

IFE: Brussels Field Study and Internship Program | Belgium

- **Affiliate** | Fall, Spring
Life Science and public health internships, hospital shadowing, medical research placements
Advanced French language required

IFE: Paris Field Study and Internship Program | France

- **Affiliate** | Fall, Spring
Life Science and public health internships, hospital shadowing, medical research placements
Advanced French language required

IFE: Strasbourg Field Study and Internship Program | France

- **Affiliate** | Fall, Spring
Life Science and public health internships, hospital shadowing, medical research placements
Advanced French language required

SIT: Global Health and Development Policy | Switzerland

- **Affiliate** | Fall, Spring, Summer
Self-designed research project related to development and health in complex emergencies; the health sector in humanitarian relief; international human rights to health; mental health in developing countries; migration and health; international, national, and regional response to epidemics and pandemics

STEM SUMMER RESEARCH PROGRAMS

Rigorous academic research under the direction of a research mentor. Students will produce a publication-quality research paper and present their findings at the end of the program. The program locations below have research projects particularly suited to health.

STEM Summer Research – London | England

Research projects in biomedical sciences through the Royal Veterinary College (RVC), including: biomechanics, cardiovascular science, cell biology, developmental biology, genetics, immunology, molecular biology, parasitology, orthopedic imaging, pharmacology, physiology, and reproductive immunology

STEM Summer Research – Limerick | Ireland

Research project fields include: Applied biomedical engineering

STEM Summer Research – Dublin | Ireland

Research project fields include: biology and chemistry

STEM Summer Research – Glasgow | Scotland

Research project fields include: biology, psychology, and chemistry

AFRICA & MIDDLE EAST

Tel Aviv University | Israel

- **Affiliate** | Fall, Spring
EMT and hospital shadowing placements in adjacent summer

University of Haifa | Israel

- **Exchange & Affiliate** | Fall, Spring
Health and medicine, psychology, biology, hospital shadowing

CIEE: Community Public Health | Botswana

- **Affiliate** | Fall, Spring, Summer
Participate in controlled weekly visits precepted by UB Family Medicine and Public Health Medicine Resident in government-sponsored clinics and the like, learning about scientific and social health issues, and Botswana's health care system.

SIT: Global Health and Human Rights | Kenya

- **Affiliate** | Fall, Spring
Internship with a national, international, or local public health delivery organization
Option for self-designed research project.

SIT: Public Health in the Tropics Internship | Kenya

- **Affiliate** | Fall, Spring
Epidemiology, public health promotion in the tropics, health education, primary healthcare, tuberculosis, malaria, and HIV/AIDS prevention
Internship with a national, international, or local public health delivery organization
Prior coursework or background in health and policy studies or related fields is preferred

SIT: Traditional Medicine & Healthcare Systems | Madagascar

- **Affiliate** | Summer
Self-designed research project related to Madagascar's healthcare models and dimensions of healthcare delivery. Global healthcare and economic, social, and environmental factors. Ethnobotany, and home and folk remedies.
Students with a background in French will have many opportunities to use their French language skills

SIT: Community Health and Social Policy | South Africa

- **Affiliate** | Fall, Spring
Internship at a rural or urban hospital or a community health center or clinic
Option for self-designed research project.

SIT: Psychology, Well-being & Mental Health | Jordan

- **Affiliate** | Fall, Spring
Internship with health clinics, clinical psychology clinics, counseling centers, health and psychiatric hospitals and centers, and health, psychiatric, and psychology clinics of non-governmental organizations
Option for self-designed research project.
Previous college-level coursework or background in general psychology, principles of psychology, basics of psychology, introduction to psychology, counseling, social work, or related disciplines is required.

SIT: Refugees, Health, and Humanitarian Action | Jordan

- **Affiliate** | Fall, Spring
Internship with a research organization, business, UN agency, intergovernmental organization, international development agency and national and local NGOs providing humanitarian assistance and development aid to refugee and local communities.
Option for self-designed research project.

ASIA & OCEANIA

University of Sydney | Australia

- **Exchange** | Fall, Spring
Science, sports, and fitness internships and research placements

Australian National University | Australia

- **Exchange** | Fall, Spring
Public policy research internships in health and social policy.

SIT: Public Health, Gender, and Community Action | India

- **Affiliate** | Fall, Spring
Traditional healing practices, traditional medicine approaches to mental healthcare and psychological wellbeing, maternal and child health issues and practices, health planning and management
Option for self-designed research project.

SIT: Traditional Medicine & Healthcare Practices | India

- **Affiliate** | Summer
Through visits to and interaction with organizations and individuals working in India's traditional healthcare system, students gain firsthand exposure to the practices and environments social contexts of these alternative methods of wellness.

SIT: Traditional Medicine & Community Health | Vietnam

- **Affiliate** | Summer
Social, economic, and cultural paradigms that frame traditional Vietnamese medicine. Healthcare and health delivery among diverse groups, including marginalized and indigenous populations. The philosophy behind traditional Vietnamese medicine and its connection with traditional Chinese medicine. Herbal remedies, medicinal preparation, Vietnamese massage, and acupuncture.



INTERNSHIPS WITHOUT COURSEWORK

ABOUT

Non-academic internship programs offer an intensive career development and intercultural experience without coursework. Programs generally include internship placement matching, pre-departure preparation, professional development, and cultural programming. In-person programs will also typically include visa guidance, airport pick-up, housing, arrival orientation, local transportation, and 24/7 on-site support.

These programs are credit-eligible: no credit is built into the program, but participants can simultaneously enroll in a UT internship course, like B A 353. These programs do not qualify for financial aid, but participants are eligible for scholarships. Domestic locations are not approved. Remote/virtual programs are approved.

- **Absolute Internship** provides full-time internship placements for students of all majors. Interns' professional development will be supplemented by the Career Speaker Series, a lecture series by industry professionals.
 - **Locations:** 11 cities across Europe and Asia + remote internships
 - **Program Dates:** 1, 2, or 3 month programs with monthly start-dates year-round
 - **Internship Matching:** Absolute Internship has a network of 800+ host companies and offers internships in 24+ industry specializations. Students are guaranteed an internship in their first choice specialization.
 - **Supplemental Programming & Professional Development:** The internship is supplemented by programming which may include a welcome banquet, city excursions, group dinners, and weekend trips.
- **Child Family Health International (CFHI)** provides ethical health-related internship placements that connect students with local health professionals and community health leaders. These programs can serve as a stepping stone to careers in medicine, nursing, policy, human rights, and business.
 - **Locations:** 12 countries across Latin America, Africa, and Asia + remote internships
 - **Program Dates:** Year round programs: 4-16 week immersion programs, 1 or 2 week intensive programs.
 - **Internship Matching:** CFHI programs ensure that students are experiencing Global Health while maintaining ethical and professional boundaries. Potential placements depend on the location, local laws, student experience, and focus of each program.
 - **Supplemental Programming & Professional Development:** Supplemental programming depends on the program, but may include critical reflection, weekly meetings, and lectures related to health and the local community. All Latin America programs include Spanish language instruction.
- **CRCC Asia** offers full-time internship placements for students of all majors. The internship is supplemented by Career Bridge, a professional development hub including a series of self-guided courses based on the NACE career readiness competencies. Participants can also select a placement-only program or opt to add on guided travel for an additional fee.
 - **Locations:** 10 cities across Asia and the United Kingdom + virtual internships
 - **Program Dates:** 1, 2, or 3 month programs with monthly start-dates year-round
 - **Internship Matching:** CRCC Asia has a network of 1,000+ internship host companies and offers internships in 18 career fields. Students are guaranteed an internship in one of their top three career fields (with 90% placed in their top field.)
 - **Supplemental Programming & Professional Development:** The internship is supplemented by an all-inclusive program which may include a welcome banquet, city excursions, business and cultural events, community outreach activities, and language classes (in China).
- **Global Experiences** runs internship programs for students of all majors supplemented by an award-winning professional development program in collaboration with Gallup Education based on the Clifton StrengthsFINDER assessment.
 - **Locations:** 15 cities in Europe, Australia, and Costa Rica + virtual internships
 - **Program Dates:** Each location has set program dates, typically with one start date per term. Programs are three months in fall and spring, and 2 months in summer.
 - **Internship Matching:** Global Experiences has a network of 4,000+ employers and offers internships in 40 career fields. Students are guaranteed an internship in their desired career field.
 - **Supplemental Programming & Professional Development:** The internship is supplemented by career planning advising, and group social and cultural events.

NEXT STEPS

1. Watch the required [Explore -Education Abroad 101](#) session
2. Watch the [Explore -Internships Abroad 101](#) session to learn more about internship program models (revamped video coming soon!)
3. Attend a follow-up Live Q&A Session with an Education Abroad program coordinator to ask questions, as needed. Dates and times are posted on the [Virtual Advising](#) page. You can also email questions to international.internships@austin.utexas.edu.
4. Attend a virtual information session hosted by the internship organization or contact an admissions counselor. See the organization's website for details.
5. Apply through the internship organization's website. You will register with Texas Global after your acceptance