

Hannah C. Williamson

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ACADEMIC POSITIONS

2023-present	Associate Professor (with tenure) Dept. of Human Development and Family Sciences Dept. of Psychology (by courtesy) University of Texas at Austin
2025-2026	Visiting Scholar, Mind, Brain, & Behavior Research Center (CIMCYC) University of Granada
2023-2024	Fulbright Scholar, Mind, Brain, & Behavior Research Center (CIMCYC) University of Granada
2017-2023	Assistant Professor, Dept. of Human Development and Family Sciences University of Texas at Austin
2017-present	Faculty Research Associate, Population Research Center University of Texas at Austin

EDUCATION

2017	Ph.D., University of California, Los Angeles Clinical Psychology Minor in Quantitative Psychology
2016-2017	Clinical Psychology Internship, VA West Los Angeles Medical Center
2011	M.A., University of California, Los Angeles Clinical Psychology
2008	B.A., University of Rochester Psychology, with Honors

EXTERNAL GRANTS AND RESEARCH FUNDING

- 9/2023-6/2024 PI, Fulbright Scholar Award (Spain), *Toward a Global Science of Close Relationships*. (€31,500)
- 9/2021-9/2024 PI, U.S. Dept. of Health and Human Services, Administration for Children and Families, Family and Youth Services Bureau, *Future First: Evaluating the effects of integrated youth sexual and relationship education*. (\$1,869,513 total; UT portion: \$372,984)
- 9/2020-9/2025 PI, U.S. Dept. of Health and Human Services, Administration for Children and Families, Office of Family Assistance, *Empowering Families Project: An RCT of the effects of relationship education with and without ancillary economic services on family outcomes*. (\$7,500,000 total; UT portion: \$1,125,000)
- 9/2020-9/2025 PI, U.S. Dept. of Health and Human Services, Administration for Children and Families, Office of Family Assistance, *Empowering Students Project: Evaluating the effects of youth relationship education in traditional and nontraditional school settings*. (\$3,060,000 total; UT portion: \$253,219)
- 10/2019-9/2020 PI, Russell Sage Foundation. *Does Scarcity Mindset Impede Pro-Relationship Behaviors in Low-Income Couples?* (\$6,852)
- 1/2019-12/2019 Co-PI, *Personal Relationships* Special Issue on Relationship Science and the Credibility Revolution, *The Role of Stress Mindset in Support Provision*. Co-PIs Thao Nguyen, Lisa Neff (\$3,000)
- 9/2015-9/2016 PI, U.S. Dept. of Health and Human Services, Administration for Children & Families, Family Strengthening Scholars Grant (90PD0294). *Evaluating the Effect of Economic Interventions on Relationship Outcomes in the Building Strong Families Study*. Faculty Sponsor Thomas Bradbury (\$25,000)

INTERNAL GRANTS AND RESEARCH FUNDING

- 1/2025-1/2026 Co-PI, UT Austin Office of the Vice President for Research, Associate Professor Experimental. *Unpacking the social contributors to cancer-related cognitive impairments: What is the role of partner support?* (\$100,000) Co-PI Ashley Henneghan
- 3/2024-2/2025 PI, Texas Global Faculty Seed Grant. *Examining the relative importance of social relationships and socioeconomic status for health and well-being: A cross-national study*. (\$10,000)
- 4/2020 PI, UT Austin College of Natural Sciences. *Effects of the COVID-19 Pandemic on Romantic Relationships*. (\$10,000)

3/2019-
2/2020 Co-PI, UT Austin, Bridging Barriers. *Whole Communities Whole Health Pilot Study: Development and Validation of Clinically Relevant Activity Algorithms for Child Psychopathology*. Co-PIs Sarah Kate Bearman, Kaya de Barbaro, Edison Thomaz (\$25,000)

SELECTED MANUSCRIPTS UNDER REVIEW & IN PREP

Branch, J. M., Callum, A., Lamb, S., Varner, F., & **Williamson, H. C.** (revision invited). Misogynoir and Black women's relationship initiation. *Journal of Family Theory & Review*.

Williamson, H. C. & Chen, P-H. (under review). Relationship education plus economic services improves outcomes for low-income couples more than relationship education alone: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*.

Urganci, B., DeHart, T. Burrow, A. L., & **Williamson, H. C.** (under review). When unexpected expenses strain relationships: Household income moderates daily relational impact. *Journal of Family Psychology*

PEER-REVIEWED PUBLICATIONS

Esquivel Cantu, D., Wildey, M. N., & **Williamson, H. C.** (in press). Lost in translation?: Examining couple behavioral coding across languages. *Couple and Family Psychology: Research and Practice*.

Williamson, H. C., Thomas, C. R., Chen, P-H., Urganci, B., Alonso-Ferres, M. & Valor-Segura, I. (2026). Relationship attributions are not universal: Cultural variation in levels and links with satisfaction. *Journal of Cross-Cultural Psychology*, online first publication. <https://doi.org/10.1177/00220221261468380>

Valor-Segura, I., Alonso-Ferres, M., & **Williamson, H. C.** (2026). Close relationships and socioeconomic status as independent predictors of health and wellbeing: Evidence from the United States and Spain. *Journal of Social and Personal Relationships*, online first publication. <https://doi.org/10.1177/02654075261463571>

Thomas, C. R., Figueroa, J., Lugo-Martinez, V., Esquivel Cantu, D., Branch, J., & **Williamson, H. C.** (2026). How does the lack of diversity in psychological science research affect undergraduate students? *Teaching of Psychology*, online first publication. <https://doi.org/10.1177/00986283261456691>

Falconier, M. K., **Williamson, H. C.**, Azizi, Z., & Yumiseva-L., M. (2026). Evaluation of the individual, relationship, and financial benefits of Juntos en Pareja for Latine immigrant couples. *Family Process*, 65(2), e70153. <https://doi.org/10.1111/famp.70153>

- Chen, P-H. & **Williamson, H. C.** (2026). Who benefits most from couple relationship education: A machine learning approach. *Journal of Consulting and Clinical Psychology*, 94(1), 49-62. <https://doi.org/10.1037/ccp0000991>
- Lavner, J. A., Chen, P.-H., & **Williamson, H. C.** (2026). Strengthening couple functioning to enhance child outcomes in low-income families: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 94(1), 39-48. <https://doi.org/10.1037/ccp0000988>
- Williamson, H. C.**, Chen, P-H., Esquivel Cantu, D., Garcia, N., Lopez, E., Moreno, D., & Urganci, B. (2026). Diversifying research on the transition to parenthood: Recruitment of a sample of ethnic minority, low-income prenatal couples. *Couple and Family Psychology: Research and Practice*, 15(2), 152-164. <https://doi.org/10.1037/cfp0000281>
- Chen, P-H., Han, S. H., Gleason, M. E., & **Williamson, H. C.** (2025). Examining the role of supportive equity in marital relationships in later life: Findings from the National Study of Daily Experiences. *Journal of Family Psychology*, 39(5), 710-716. <https://doi.org/10.1037/fam0001354>
- Alonso-Ferres, M. Valor-Segura, I., & **Williamson, H. C.** (2025). Spanish adaptation of the Perceived Responsiveness and Insensitivity Scale. *Journal of Social and Personal Relationships*, 42(6), 1388-1398. <https://doi.org/10.1177/02654075251318461>
- Williamson, H. C.**, & Chen, P-H. (2025). Current theories and epistemologies of couple communication center White American modes of interaction. *Social and Personality Psychology Compass*, 19(2), e70040. <https://doi.org/10.1111/spc3.70040>
- Chen, P-H., Chittham, P., & **Williamson, H. C.** (2024). Are there cross-cultural differences in the transformation of motivation process in close relationships? *Journal of Social and Personal Relationships*, 41(11), 3172-3193. <https://doi.org/10.1177/02654075241255389>
- Urganci, B., Chen, P-H. & **Williamson, H. C.** (2024). Many distressed couples seek community-based relationship education but don't benefit from it. *Family Relations*, 73(4), 2510-2526. <https://doi.org/10.1111/fare.13015>
- Weber, D. M., **Williamson, H. C.**, Bryant, C. M., Mussa, K., & Lavner, J. A. (2024). Patterns and predictors of change in relationship status among Black mothers over the first 16 weeks postpartum. *Journal of Family Psychology*, 38(5), 751-762. <https://doi.org/10.1037/fam0001238>
- Williamson, H. C.** (2024). Innovative strategies for increasing sample size and diversity in family science research. *Journal of Marriage and Family*, 86(5), 1393-1409. <https://doi.org/10.1111/jomf.12961>
*Invited article for *Journal of Marriage and Family's* mid-Decade Special Issue on Theory and Methods

- Weber, D. M., Bryant, C. M., **Williamson, H. C.**, Mussa, K., & Lavner, J. A. (2024). Predictors of change in relationship satisfaction among Black postpartum mothers. *Family Process*, 63(2), 768-787. <https://doi.org/10.1111/famp.12990>
- Williamson, H. C.** (2023). Are moderate levels of stress particularly dangerous for relationship satisfaction? A conceptual replication of Tesser and Beach (1998). *Social and Personality Psychology Compass*, 17(7), e12763. <https://doi.org/10.1111/spc3.12763>
- Williamson, H. C.**, & Schouweiler, M. T. (2023). Household income differentiates quantity and quality of shared spousal time. *Journal of Family Psychology*, 37(4), 528-537. <https://doi.org/10.1037/fam0001078>
*Winner of the 2024 NCFR Reuben Hill Award
- Williamson, H. C.**, D'Angelo, A. V., & Warren, S. (2023). Recruitment and retention of diverse couples in relationship education with integrated economic services. *Family Process*, 62(3), 915-931. <https://doi.org/10.1111/famp.12871>
- Williamson, H. C.**, Chen, P-H., & Lavner, J. A. (2023). Enhancing fathers' parenting through strengthening couple functioning: A randomized controlled trial of low-income couples. *Journal of Consulting and Clinical Psychology*, 91(1), 43-49. <https://doi.org/10.1037/ccp0000781>
- Williamson, H. C.**, Bornstein, J. X., Cantu, V., Ciftci, O., Farnish, K. A., & Schouweiler, M. T. (2022). How diverse are the samples used to study intimate relationships? A systematic review. *Journal of Social and Personal Relationships*, 39(4), 1087-1109. <https://doi.org/10.1177/02654075211053849>
*Named one of the top downloaded articles from JSPR among papers published in 2022
*Named one of the top cited articles from JSPR in 2023
- Williamson, H. C.** (2021). The development of communication behavior over the newlywed years. *Journal of Family Psychology*, 35(1), 11-21. <https://doi.org/10.1037/fam0000780>
- Williamson, H. C.**, Bradbury, T. N., & Karney, B. R. (2021). Experiencing a natural disaster temporarily boosts relationship satisfaction in newlywed couples. *Psychological Science*, 32(11), 1709-1719. <https://doi.org/10.1177/09567976211015677>
- Neff, L. A., Nguyen, T. T. T., & **Williamson, H. C.** (2021). Too stressed to help? The effects of stress on noticing partner needs and enacting support. *Personality and Social Psychology Bulletin*, 47(11), 1565-1579. <https://doi.org/10.1177/0146167220974490>
- Williamson, H. C.** (2020). Early effects of the COVID-19 pandemic on relationship satisfaction and attributions. *Psychological Science*, 31(12), 1479-1487. <https://doi.org/10.1177/0956797620972688>

- Williamson, H. C., & Lavner, J. A.** (2020). Trajectories of marital satisfaction in diverse newlywed couples. *Social Psychological and Personality Science*, 11(5), 597-604. <https://doi.org/10.1177/1948550619865056>
- Nguyen, T. T. T., Neff, L. A., & **Williamson, H. C.** (2020). The role of stress mindset in support provision. *Personal Relationships*, 27(1), 138–155. <https://doi.org/10.1111/pere.12302>
- Williamson, H. C.,** Nguyen, T. T. T., Rothman, K., & Doss, B. D. (2020). A comparison of low-income vs. higher-income individuals seeking an online relationship intervention. *Family Process*, 59(4), 1434-1446. <https://doi.org/10.1111/famp.12503>
- Lavner, J. A., **Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2020). Premarital parenthood and newlyweds' marital trajectories. *Journal of Family Psychology*, 34(3), 279–290. <https://doi.org/10.1037/fam0000596>
- Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2019). Barriers and facilitators of relationship help-seeking among low-income couples. *Journal of Family Psychology*, 33(2), 234–239. <https://doi.org/10.1037/fam0000485>
- Williamson, H. C.,** Hammett, J. F., Ross, J. M., Karney, B. R., & Bradbury, T. N. (2018). Premarital education and later relationship help-seeking. *Journal of Family Psychology*, 32(2), 276–281. <https://doi.org/10.1037/fam0000383>
- Lavner, J. A., Karney, B. R., **Williamson, H. C.,** & Bradbury, T. N. (2017). Bidirectional associations between newlyweds' marital satisfaction and marital problems over time. *Family Process*, 56(4), 869–882. <https://doi.org/10.1111/famp.12264>
- Nguyen, T. P., **Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2017). Communication moderates effects of residential mobility on relationship quality among ethnically diverse couples. *Journal of Family Psychology*, 31(6), 753–764. <https://doi.org/10.1037/fam0000324>
- Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2017). Education and job-based interventions for unmarried couples living with low incomes: Benefit or burden? *Journal of Consulting and Clinical Psychology*, 85(1), 5–12. <https://doi.org/10.1037/ccp0000156>
- Williamson, H. C.,** Altman, N., Hsueh, J., & Bradbury, T. N. (2016). Effects of relationship education on couple communication and satisfaction: A randomized controlled trial with low-income couples. *Journal of Consulting and Clinical Psychology*, 84(2), 156–166. <https://doi.org/10.1037/ccp0000056>
- Jackson, G. L., Trail, T. E., Kennedy, D. P., **Williamson, H. C.,** Bradbury, T. N., & Karney, B. R. (2016). The salience and severity of relationship problems among low-income couples. *Journal of Family Psychology*, 30(1), 2–11. <https://doi.org/10.1037/fam0000158>
- Williamson, H. C.,** Nguyen, T. P., Bradbury, T. N., & Karney, B. R. (2016). Are problems that

contribute to divorce present at the start of marriage, or do they emerge over time?

Journal of Social and Personal Relationships, 33(8), 1120–1134.

<https://doi.org/10.1177/0265407515617705>

*Named one of the top downloaded articles from JSPR among papers published in 2016

Williamson, H. C., Rogge, R. D., Cobb, R. J., Johnson, M. D., Lawrence, E., & Bradbury, T. N. (2015). Risk moderates the outcome of relationship education: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 83(3), 617–629. <https://doi.org/10.1037/a0038621>

Williamson, H. C., Trail, T. E., Bradbury, T. N., & Karney, B. R. (2014). Does premarital education decrease or increase couples' later help-seeking? *Journal of Family Psychology*, 28(1), 112–117. <https://doi.org/10.1037/a0034984>

Williamson, H. C., Hanna, M. A., Lavner, J. A., Bradbury, T. N., & Karney, B. R. (2013). Discussion topic and observed behavior in couples' problem-solving conversations: Do problem severity and topic choice matter? *Journal of Family Psychology*, 27(2), 330–335. <https://doi.org/10.1037/a0031534>

Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2013). Financial strain and stressful events predict newlyweds' negative communication independent of relationship satisfaction. *Journal of Family Psychology*, 27(1), 65–75. <https://doi.org/10.1037/a0031104>

Williamson, H. C., Ju, X., Bradbury, T. N., Karney, B. R., Fang, X., & Liu, X. (2012). Communication behavior and relationship satisfaction among American and Chinese newlywed couples. *Journal of Family Psychology*, 26(3), 308–315. <https://doi.org/10.1037/a0027752>

Williamson, H. C., Bradbury, T. N., Trail, T. E., & Karney, B. R. (2011). Factor analysis of the Iowa Family Interaction Rating Scales. *Journal of Family Psychology*, 25(6), 993–999. <https://doi.org/10.1037/a0025903>

TECHNICAL REPORTS

Williamson, H. C., & Chen, P.-H. (2025). *Impact evaluation of the Empowering Families Project in Fort Worth, TX*. Report prepared for the Office of Family Assistance, Administration for Children and Families, U.S. Department of Health and Human Services.

Williamson, H. C. (2025). *Descriptive evaluation of The Parenting Center Empowering Students Project in Tarrant County, TX*. Report prepared for the Office of Family Assistance, Administration for Children and Families, U.S. Department of Health and Human Services.

OTHER WRITING AND PUBLICATIONS

Williamson, H. C. (June 2026). [I'm a UT psychology prof. Here's how anti-DEI laws affect my students.](#) Op-ed published in *Houston Chronicle*.

Neff, L. A., & **Williamson, H. C.** (2025). Stress and couple relationships: Is couples' relationship functioning a protective resource or a mechanism of decline? In Overall, N. C., Simpson, J. A., & Lavner, J. A. (Eds.), *Research Handbook on Couple and Family Relationships*. Edward Elgar Publishing Ltd. <https://doi.org/10.4337/9781035309269>

Williamson, H. C. (2023). Socioeconomic status and marriage. In J. Hartenstein (Ed.) *Marriage and divorce in America: Issues, trends, and controversies*. ABC-CLIO.

Neff, L.A., & **Williamson, H.C.** (Feb, 2021) Two ways stress makes it hard to be a supportive partner. *Character & Context*. <https://www.spsp.org/news-center/blog/neff-williamson-relationship-stressors>

Williamson, H. C., Zheng, Y., & Neff, L. A. (2021). Blame the pandemic: Stress spillover in the recovery from the COVID-19 pandemic. *NCFR Report: Family Focus, FF88, F6-F7*.

Williamson, H.C. (Nov, 2020). Blaming the pandemic might help your relationship. Op-ed published in *Dallas Morning News, San Antonio Express News, Austin American-Statesman, Lubbock Avalanche-Journal*.

Williamson, H. C. (2019). Promoting marriage in unmarried parents through education and job-based interventions: A cautionary tale. *NCFR Report: Family Focus, FF79, F1-F3*.

Nguyen, T. P., **Williamson, H. C.**, & Bradbury, T. N. (2017). Redefining Communication in Couple Relationships. In J. Fitzgerald (Ed.), *Foundations for Couples' Therapy* (1st ed., pp. 61–70). Routledge. <https://doi.org/10.4324/9781315678610-7>

Williamson, H. C. (2013). Stepping in to the mentor role: Why and how. *Observer*, 26, 42-43.

Williamson, H. C. (2013). Hannah Williamson: Psi Chi/APA Edwin B. Newman Graduate Research Award. *American Psychologist*, 68, 722-724. doi:10.1037/a0034771

HONORS, AWARDS, & FELLOWSHIPS

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| 2024 | National Council on Family Relations Reuben Hill Award,
Presented to the author of the best research article from the prior year which makes a substantial and significant contribution to family research and theory |
| 2023 | Association for Behavioral and Cognitive Therapies, Couples Research & Treatment Special Interest Group - Early Career Contributions to Couple Relationships Award |

- 2023 Fulbright Scholar Award (Spain), *Toward a Global Science of Close Relationships*
- 2022 Association for Psychological Science “Rising Star”
- 2019 *Journal of Family Psychology* Consulting Editor of the Year
- 2017 UCLA Michael J. Goldstein Distinguished Dissertation Award
- 2016 APA Division 12 (Society of Clinical Psychology) Distinguished Student Research in Clinical Psychology Award
- 2015-2016 UCLA Dissertation Year Fellowship (\$35,500)
- 2012-2015 National Science Foundation Graduate Research Fellowship (\$132,000)
- 2015 Society for a Science of Clinical Psychology - Outstanding SSCP Student Researcher Award
- 2014 APA Anne Anastasi General Psychology Graduate Student Research Award – Finalist
- 2014 UCLA Dept. of Psychology Senior Clinician-Scientist Award
- 2013 Psi Chi/APA Edwin B. Newman Graduate Research Award
- 2012 UCLA Graduate Summer Research Mentorship (\$6,500)
- 2012 IARR Conference Student Travel Award (\$500)
- 2011 UCLA Graduate Summer Research Mentorship (\$6,500)
- 2010-2011 UCLA University Fellowship (\$35,000)
- 2008 University of Rochester Dept. of Psychology Zimmer Award for Outstanding Undergraduate Research
- 2007 University of Rochester Barth-Crapsey Undergraduate Research Award (\$600)

INVITED TALKS

- 2023 Universidad de Granada Dept. of Social Psychology, “Understanding and Addressing the Challenges Faced by Low-Income Couples in the United States”

- 2023 IARR Mini-Conference: Innovative Methods Pre-Conference Workshop, University of Alabama, “Innovative Strategies for Improving Sample Diversity in Relationship Science”
- 2021 Toronto Relationships Interest Group, University of Toronto and York University, “Understanding and Addressing the Challenges Faced by Low-Income Couples”
- 2021 SPSP Close Relationships Preconference, “Meta-Research on Relationship Science: A Focus on Diversity and Inclusion”
- 2020 UT Austin Dept. of Psychology, “Effects of Major Stressors on Couple Relationships: Evidence from Hurricane Harvey and COVID-19”
- 2019 UT Austin Dean’s Scholars, “Research on Relationship Development”
- 2019 UT Austin School of Human Ecology Advisory Council, “Understanding the Marriage Gap”
- 2018 UCLA Dept. of Psychology, “Poverty and Family Instability”

CONFERENCE PRESENTATIONS

† = mentored student

Williamson, H.C., †Thomas, C.R., †Chen, P-H., Urganci, B., Alonso-Ferres, M., & Valor-Segura, I. (2026, July). *Relationship Attributions are Not Universal: Cultural Variation in Levels and Links with Satisfaction*. Paper presented at the bi-annual conference of the International Association for Relationship Research (IARR), Glasgow, Scotland.

†Branch, J.M. & **Williamson, H.C.** (2026, July). *Perceived Financial Support as a Buffer Against Financial Strain: A Dyadic Investigation of Relationship Satisfaction in Couples*. Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Glasgow, Scotland.

Lavner, J.A., †Chen, P-H., & **Williamson, H.C.** (2026, July). *Strengthening Couple Functioning to Enhance Child Outcomes in Low-Income Families: A Randomized Controlled Trial*. Paper presented at the bi-annual conference of the International Association for Relationship Research (IARR), Glasgow, Scotland.

Hendershot, Q., **Williamson, H.C.**, Aizaga, K. & Johnson, M.D. (2025, Nov). *Psychometric Properties of the Spanish Version of the Couples Satisfaction Index (CSI-4)*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Azizi, Z., Falconier, M., Yumiseva-L., M., & **Williamson, H.C.** (2025, July). *Juntos en Pareja (Together as a Couple), a Relationship and Financial Education Program for Latine/x*

Couples: Program Development and Effectiveness. Paper presented at the annual conference of the National Alliance for Relationship and Marriage Education (NARME), Washington, DC.

†Chen, P-H., & **Williamson, H.C.** (2025, Feb). *Characterizing Heterogeneous Treatment Effects of Couple Relationship Education: A Machine Learning Approach*. Paper presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Denver, CO.

Williamson, H. C. (2024, Nov). *Extending Our Reach: Utilizing Clinical and Research Approaches to Bolster Community Engagement and Social Advocacy Among Underrepresented and Harder-to-reach Couples*. Panel Discussion at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

Williamson, H. C. (2024, July). *Methodological Issues in Relationship Science*. Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Boston, MA.

†Chen, P-H., Gleason, M., Han, S-H., & **Williamson, H. C.** (2024, July). *Examining the Role of Supportive Equity in Marital Relationships in Later Life*. Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Boston, MA.

†Urganci, B., **Williamson, H. C.**, DeHart, T. & Burrow, A. (2024, July). *Household Income Moderates Effects of Financial Strain on Relationship Quality Among African American Couples*. Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Boston, MA.

Valor-Segura, I., Alonso-Ferres, M., & **Williamson, H. C.** (2024, July). *Can positive couple relationship functioning buffer against the effects of socioeconomic status on health and well-being?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Boston, MA.

†Chen, P-H. & †Urganci, B., **Williamson, H. C.** (2023, Nov). *Dissatisfied couples do not benefit from couple and relationship education: An analysis of the PACT program*. Paper presented at the annual conference of the National Council on Family Relations (NCFR), Orlando, FL.

†Urganci, B., †Chen, P-H. & **Williamson, H. C.** (2023, Nov). *Dissatisfied couples do not benefit from couple and relationship education: An analysis of the PACT program*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

Mitchell, E. A., Gordon, K. C., Daire, A. P., Tseng, C.-F., Whitton, S. W., & **Williamson, H. C.** (2023, Sept). *Including couples from underrepresented backgrounds in intervention*

research: Recruitment and retention considerations. Paper presented at the Intervention Research in Systemic Family Therapy Annual Conference, Provo, UT.

Williamson, H. C. (2022, Nov). *Couple functioning in the face of internal and external relationship threats.* Discussant of symposium presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

†Chen, P-H. & **Williamson, H. C.** (2022, July). *Does socioeconomic status moderate the link between marital quality and health?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), virtual conference.

Kanter, J. B. & **Williamson, H. C.** (2020, Nov). *Effects of relationship education on couples' abilities to discuss severe relational issues and incorporate communication strategies during a problem-solving conversation.* Paper presented at the annual conference of the National Council on Family Relations (NCFR), virtual conference.

Williamson, H. C. (2019, November). *The development of communication behavior over the newlywed years.* Paper presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.

Lavner, J. A., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2019, March). *The transition to marriage among couples with children.* Paper presented at the International Convention of Psychological Science (ICPS), Paris, France.

Williamson, H. C., Nguyen, T. T., Rothman, K. B., & Doss, B. D. (2019, March). *A comparison of low-income vs. higher-income individuals seeking a relationship intervention.* Paper presented at the annual conference of the Texas Council on Family Relations (TxCFR), Austin, TX.

Williamson, H. C., Lavner, J. A., Bradbury, T. N., & Karney, B. R. (2018, July). *Do first-time newlyweds who start marriage with a child have different marital trajectories than newlywed couples without children?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Fort Collins, CO.

Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2016, Oct). *Does premarital education initiate earlier or later entry into couples therapy?* Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2016, July). *How does financial strain affect communication in married couples?* Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Toronto, ON.

Williamson, H. C., Altman, N., Hsueh, J., & Bradbury, T. N. (2016, May). *Effects of relationship education on couples communication and satisfaction: A randomized controlled trial with low-income couples from the Supporting Healthy Marriage study.*

Paper presented at the annual conference of the Society for Prevention Research (SPR), San Francisco, CA.

Nguyen, T. P., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2016, Jan). *Effect of neighborhood disadvantage on marital communication and relationship satisfaction*. Paper presented at the annual conference of the Society for Personality and Social Psychology (SPSP), San Diego, CA.

Williamson, H. C. & Bradbury, T. N. (2015, Nov). *Effects of marriage promotion on unmarried new parents: A dismantling study of the Building Strong Families project*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Williamson, H. C., Altman, N., Hsueh, J., & Bradbury, T. N. (2014, Nov). *Does relationship education improve outcomes in low-income couples? A randomized controlled trial*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

Williamson, H. C., Cobb, R. J., Johnson, M. D., Lawrence, E. Rogge, R. D., & Bradbury, T. N. (2013, Nov). *Does risk moderate the outcome of premarital education?* Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2012, July). *Financial strain and stressful events predict newlyweds' negative communication independent of relationship satisfaction*. Paper presented at the bi-annual conference of the International Association for Relationships Research (IARR), Chicago, IL.

CONFERENCE POSTERS

† = mentored student/trainee

Williamson, H.C., †Thomas, C.R., †Chen, P-H., Urganci, B., Alonso-Ferres, M., & Valor-Segura, I. (2026, May). *Relationship Attributions are Not Universal: Cultural Variation in Levels and Links with Satisfaction*. Poster presented at the annual conference of the Association for Psychological Science (APS), Barcelona, Spain.

†Lugo-Martinez, V., †Figueroa, J., †Cantu, D.E., †Branch, J., †Thomas, C., **Williamson, H.C.** (2025, April) *How Does the Lack of Diversity in Social Science Research Affect Undergraduate Students?* Poster presented at the annual Diversifying Scholarship Research Conference hosted by the University of Virginia, Virtual.

†Chen, P-H., & **Williamson, H.C.** (2024, Nov). *Characterizing Heterogeneous Treatment Effects of Couple Relationship Education: A Machine Learning Approach*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

- †Zheng, Y., **Williamson, H.C.**, & Neff, L. A. (2023, May). *“We” are in this together: Problem severity and the benefits of we-talk among lower and higher SES couples*. Poster presented at the International Association for Relationship Research (IARR) Mini-Conference, Phoenix, AZ.
- †Chen, P-H., Chittam, P., & **Williamson, H. C.**, (2023, Feb). *Cross-cultural differences in the transformation of motivation process in close relationships*. Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.
- †Chen, P-H., **Williamson, H. C.**, & Lavner, J. A. (2022, Nov). *Enhancing fathers’ parenting through strengthening couple functioning: A randomized controlled trial of low-income couples*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- †Chen, P-H., Chittam, P., & **Williamson, H. C.** (2022, May). *Cross-cultural differences in the transformation of motivation process in close relationships*. Poster presented at the EASP-IARR Joint Symposium “What’s Love Got to Do with It: Diversity in Close/Romantic Relationships,” virtual conference.
- †Chen, P-H. & **Williamson, H. C.** (2022, Feb). *Does culture influence the extent to which individuals engage in transformation of motivation? A comparison of White and Asian Americans*. Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), San Francisco, CA.
- †Nguyen, T. T., Neff, L. A., & **Williamson, H. C.** (2020, Feb). *The role of stress mindset in support provision*. Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- †Schouweiler, M. T., & **Williamson, H. C.** (2019, Nov). *Can quantity and quality of time spent together explain the income disparity in divorce rates?* Poster presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.
- †Nguyen, T. T., **Williamson, H. C.**, Rothman, K. B., & Doss, B. D. (2019, Nov). *A comparison of low-income vs. higher-income individuals seeking a relationship intervention*. Poster presented at the annual conference of the National Council on Family Relations (NCFR), Fort Worth, TX.
- Lavner, J. A., **Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2019, March). *Do communication deficits explain negative marital outcomes among newlyweds with children?* Poster presented at the bi-annual International Convention of Psychological Science (ICPS), Paris, France.
- Williamson, H. C.**, Karney, B. R., & Bradbury, T. N. (2018, Nov). *Barriers to seeking couple therapy among low-income couples*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

- Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2016, June). *Educational interventions for low-income couples: Benefit or burden?* Poster presented at the Family Strengthening Scholars showcase of the bi-annual Research and Evaluation Conference on Self-Sufficiency (RECS), Washington, DC.
- Nguyen, T. P., **Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2015, Nov). *Effect of neighborhood disadvantage on marital communication and relationship satisfaction.* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Williamson, H. C.,** Jackson, G. L., Trail, T. E., Kennedy, D. P., Bradbury, T. N., & Karney, B. R. (2015, Feb). *The salience and severity of relationship problems among low-income couples.* Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.
- Williamson, H. C.,** Karney, B. R., & Bradbury, T. N. (2012, Nov). *Do the couples most in need of help receive couples therapy?* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
- †Hickman, K. E., **Williamson, H. C.,** Bradbury, T. N., & Karney, B. R. (2012, July). *Neighborhood disadvantage is associated with negative communication behavior in newlyweds.* Poster presented at the bi-annual conference of the International Association for Relationships Research (IARR), Chicago, IL.
- Williamson, H. C.,** & Bradbury, T. N. (2011, Nov). *Influences on communication behavior in low-income Hispanic newlyweds.* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, ON.
- †Hanna, M. A., **Williamson, H. C.,** & Bradbury, T. N. (2011, Nov). *The influence of problem topic on communication in low-income, Hispanic, African American, and Caucasian newlyweds.* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, ON.
- †Hanna, M. A., **Williamson, H. C.,** & Bradbury, T. N. (2011, May). *The influence of problem topic on communication in low-income, Hispanic, African American, and Caucasian newlyweds.* Poster presented at the annual UCLA Psychology Undergraduate Research Conference (PURC), Los Angeles, CA.
- Williamson, H. C.,** Rodrigues, A. E., & Rogge, R. D. (2008, May). *Deception and the rocky road to relationship deterioration.* Poster presented at the annual conference of the Association for Psychological Science (APS), Chicago, IL.
- Williamson, H. C.,** Rodrigues, A. E., & Rogge, R. D. (2008, April). *Deception and the rocky road to relationship deterioration.* Poster presented at the National Conference on Undergraduate Research (NCUR), Salisbury, MD.

SERVICE AND PROFESSIONAL ACTIVITIES

Expert Consultation

- Expert working group for *Core Components of Relationship Education (C-CORE)* led by Child Trends, funded by the U.S. DHHS Administration for Children and Families (March 2024-Dec 2025)

Grant Reviewer

- European Research Council; 2025
- US-Israel Binational Science Foundation; 2025
- U.S. Dept. of Health and Human Services, Administration for Children and Families; 2015, 2025
- Psychological Science Accelerator; 2024
- Swiss National Science Foundation; 2018, 2020, 2023
- National Science Foundation; 2020, 2022
- Israel Science Foundation; 2021
- United States Army Medical Research and Development Command; 2021

Journal Editing

- Associate Editor, *Journal of Family Psychology* (Jan 2023-present)
- Co-Editor, Special Issue of *Personal Relationships* “Improving the Validity of Interpersonal Relationship Assessments” (August 2024-Dec 2026)

Editorial Board Member

- *Journal of Family Psychology* (2019-2022)
- *Journal of Social and Personal Relationships* (2022-present)
- *Couple and Family Psychology: Research and Practice* (2023-present)
- *Personal Relationships* (2024-present)
- *Journal of Marriage and Family* (2025-present)

Ad Hoc Reviewer

- Books
 - Cambridge University Press
- Journals
 - American Psychologist, Asian Journal of Social Psychology, Assessment, Atlantic Journal of Communication, Basic and Applied Social Psychology, Behavior Research Methods, Clinical Psychology & Psychotherapy, Clinical Psychology Review, Cognition and Emotion, Cross Cultural Research, Emerging Adulthood, Family Process, International Journal of Culture and Mental Health, International Journal of Women’s Health, Journal of Consulting and Clinical Psychology, Journal of Couple and Relationship Therapy, Journal of Cross-Cultural Psychology, Journal of Family Issues, Journal of Family Psychology, Journal of Family Studies, Journal of Family Theory & Review, Journal of Health Psychology, Journal of Marriage and Family, Journal of Personality Disorders, Journal of Personality and Social Psychology,

Journal of Social and Personal Relationships, Personal Relationships, Personality and Social Psychology Bulletin, Prevention Science, Psychological Bulletin, SAGE Open, Social and Personality Psychology Compass, Social Psychological and Personality Science, The Spanish Journal of Psychology

Service to the Field

- The Love Consortium Field Ambassadors Committee (June 2026-present)
- Mentor for *Journal of Family Psychology* Editorial Fellow program (Jan 2024-Dec 2025)
- IARR Mentoring Committee; Mentor to an international scholar (Sept 2024-August 2025)
- Co-President, Association for Behavioral and Cognitive Therapies, Couples Research and Treatment Special Interest Group (2020-2022)

Service to the University of Texas at Austin

- Committee Member, University Fulbright Selection Committee, Fall 2024
- Committee Member, HDFS Space Committee, Fall 2024-present
- Committee Chair, HDFS Departmental Seminar Committee, 2018-2023
- Committee Member, College of Natural Sciences Research Distinction Award for graduating students, Spring 2022, Spring 2023
- Organizer, HDFS Researchers of Adolescent and Adult Relationships (RAAR) weekly research interest group and professional development series, Spring 2018-Spring 2019, Spring 2022-Spring 2023

Memberships and Affiliations

- Association for Behavioral and Cognitive Therapies
 - Couples Research and Treatment Special Interest Group
- Association for Psychological Science
- International Association for Relationship Research
- National Council on Family Relations
- Society of Personality and Social Psychology

STUDENT ADVISING

Graduate Students

- Dissertation Committee Chair: Po-Heng Chen, Summer 2025
- Dissertation Committee Member: Oyku Ciftci, Summer 2025
- Dissertation Committee Member: Joaquín Alcañiz Colomer, University of Granada
Programa de Doctorado en Psicología: Fall 2023
- Dissertation Committee Member: Krystan Farnish, Spring 2021
- Dissertation Committee Member: Jerica Bornstein, Summer 2020
- Dissertation Committee Member: Courtney Walsh, Spring 2019
- Dissertation Committee Member: Meng Huo, Spring 2019
- Master's Thesis Committee Member: Rachel Blickman, Spring 2023
- Master's Thesis Co-Chair: Yunzhi Zheng, Summer 2022

- Master's Thesis Chair: Po-Heng Chen, Spring 2022
- Master's Thesis Co-Chair: Thao Nguyen, Spring 2020
- Master's Thesis Chair: Megan Schouweiler, Spring 2020
- Master's Thesis Committee Member: Jerica Bornstein, Spring 2018

Undergraduate Students

- Honors Thesis Advisor: Isabella Jasso Kaun, Spring 2025
- Honors Thesis Advisor: Katie Hale, Spring 2023
- Honors Thesis Advisor: Maria Mohamed, Spring 2020
- Honors Thesis Second Reader: Darley Guzman, Spring 2020
- Honors Thesis Second Reader: Maheen Shakil, Spring 2019
- Honors Thesis Advisor: Danielle Salinas, Fall 2019
- Honors Thesis Second Reader: Jaimee Liem, Spring 2018

CLINICAL EXPERIENCE

VA West Los Angeles Medical Center

- Pre-Doctoral Intern (August 2016-July 2017)
 - Domiciliary Residential Rehabilitation and Treatment Program
 - Health Psychology
 - Primary Care-Mental Health Integration
 - Health Promotion/Disease Prevention
 - Women's Health
 - Rehabilitation Psychology
 - Geropsychology
 - Couple Therapy

VA Sepulveda Ambulatory Care Center

- Extern (September 2012-April 2014)
 - Couple Therapy
 - Health Psychology
 - Primary Care-Mental Health Integration
 - Substance Use Disorders
 - Sleep Disorders

University of California, Los Angeles, Department of Psychology Clinic

- January 2011-July 2016
 - Therapy Supervisor
 - Intake Team Supervisor
 - Therapist (Individual, Group, and Couple Therapy)
 - Psychological Assessor

SELECTED MEDIA COVERAGE

Print Media

- PsyPost (June 2025). [Love and money both matter for health, but they don't replace each other](#)
- Grist (Oct 2025). [How disasters change our love lives – for better and for worse](#)
- The New York Times (Aug 2025). [They put off relationships until they earned enough money](#)
- The Texas Scientist (Summer 2021). [Alone Together.](#)
- i newspaper (March 2021). [Love in the time of Covid: How our intimate relationships fared during the pandemic.](#)
- Alcalde (March 2021). [UT Students and Faculty Find New Ways to Feel Connected During the Pandemic](#)
- The Guardian (Feb 2021). [Caught in a Covid romance: how the pandemic has rewritten relationships.](#)
- Forbes (Jan 2021). [Has Romance Survived The Pandemic? A New Report Offers A Scientific Answer.](#)

News Coverage

- KXAN (Nov 2020). [Intimate relationships have changed little under pandemic, UT scientists say.](#)

On-air Appearances

- Accuweather Prime (Dec 2021). [Study finds that natural disasters may help bring couples closer together.](#)
- KXAN (November 2021). [Love in a hurricane.](#)