

Suicide Safe Care PDSA Worksheet

PLAN – Determine the objective of the small test and plan for it.

WHY – The purpose of this change is to improve _____ by _____.

WHAT – We are planning to _____

HOW – How will we know if we are making progress toward our objective? What information will we collect?

WHEN – When will we start the plan? (date)

WHO – Who will initiate and monitor the plan?

DO – Carry out the plan and collect information about it.

End Date?

Was the test done as planned? No Yes

Problems encountered?

What changed? _____

STUDY – Analyze the information and summarize what was learned.

What feedback did we get and from whom? At what levels of the organization? What data do we have?

What lessons have we learned?

ACT/ADJUST – Reflect on what was learned and act accordingly.

What is our next step?

Do another cycle (e.g., adjust, expand) Fully embed the change Discontinue (try something new)

What adjustments will we make for the next cycle?

